



St Mary's School
Waverley
Founded 1888

02 OCTOBER 2015

• SENIOR SCHOOL NEWS •



Jocelyn Otto placed third in the Star Design-an-Ad competition and, among other prizes, won R5 000 for the school

From the head's desk

Dear parents

The Form Vs have a few days left in the classroom before their final examinations. As they consider life after school, perhaps this advice will be meaningful and worthwhile.

Sindiwe Magona writes to her younger self. Sindiwe is a writer, poet, dramatist, storyteller, actress and motivational speaker. In 2008, her novel *Beauty's Gift* was published and in the following year it was shortlisted for the Commonwealth Writer's Prize.

My dear Sindiwe

I wish I could take all the pain away - present and what still is in store. But pain is the other side of the coin called life; opposite of the one we know as joy. And the two go together. Happily, nothing

lasts forever and change is the only thing on which one can bank. Remember that; remember it especially when you're going through tough times, are unhappy or sad. Tell yourself: this too shall come to pass.

So what if you're not tall? Not pretty? Not the best dresser? That too shall come to pass. There are things with which you're blessed - be grateful and focus on them. There's no point in crying over milk the cow never gave. A wise and holy man gave to the world these words: God, grant me the serenity to accept the things that I cannot change, the courage to change the things I can; the wisdom to know the difference. The accidental arrangement of bones determines your looks, and if they are less than what you would have wanted, you are like most people. Few are absolutely ecstatic about their

Dates to Diarise

Fri 2	06h00	St Anne's/Hilton tennis tournament
	14h30	Basketball
	15h00	Gauteng Schools' squash league friendly
Sat 3		Drama weekend begins
	19h00	Foundation dinner
	07h00	Wilderness School 2 ends
Sun 4		Rowing regatta at Rooedeplaatl
		St Anne's/Hilton tennis tournament
	09h00	Old Girls' Day
Mon 5	19h00	St Anne's/Hilton tennis tournament returns
	11h30	FV IEB final Afrikaans oral moderation
	18h00	Junior and Senior Afrikaans public speaking
Tues 6	18h30	Equestrian dinner
	07h15	MUSE morning
	09h00	ABRSM practical examinations
Wed 7	09h30	FV IEB Sesotho oral moderation
	10h00	FV IEB final French oral moderation
	15h00	Tennis (away)
Thurs 8	09h00	ABRSM practical examinations
	14h45	Junior inter-house squash
	15h00	Water polo
Fri 9	15h00	Basketball (away)
	07h30	FV IEB final English oral moderation
	15h15	Athletics (away)
Sat 10	18h00	e4 presentation for FI parents
		PTA golf day - Parkview Golf Course
	14h30	U14 water polo triangular at St Mary's Gauteng schools' squash league friendly
Sun 11		FIII and FIV Accounting sessions: Pastel training
		Basketball away
		Wemmer Junior Sprints
Mon 12		Wemmer Junior Sprints
	08h00	FV IEB final Dramatic Arts practical examination
	16h00	FV parents' evening
Tues 13	13h00	DELTA A1 Alliance
		Française examination
	14h45	Tennis at home and away
Wed 14	18h00	FI and FII best speaker competition
	18h00	Matric Art exhibition
	13h35	FV final assembly
Thurs 15	14h30	Music theory examination
	14h45	Water polo at home
	17h00	Matric valedictory service
	19h00	Matric valedictory dinner
	13h00	DELTA B1 Alliance
		Française examination
	14h30	Athletics (away)
	18h00	Tour de Maths Leg 7 at Redhill

appearance. Accept your looks, your height, your skin colour, and the texture of your hair. These are the givens. There is little you can do about them and you shouldn't have to. This is not to say the world won't try and tell you you're wrong. Be firm in the belief, "I am made by God."

God comes in many names: Allah, Jaweh, God, Nkulunkulu, and many, many more - too many to list here. But all the people of the world are agreed in this one thing about the deity: God does not err.

Therefore, if you accept that you are God-made, you must know you are perfect. God wanted you just as you are. Rejoice in your perfection - perfect as all nature is - and no better or worse than any other human being, plant or animal.

The world can be cruel. Many will try to make you feel imperfect. Hold steadfast the belief you would not be in this world were you not absolutely necessary - nay, essential. You are unique and essential. Also, as a young person, you have guardians, people who will hold your hand and help you become wholly human, for we are only human to the extent others around us are human, and those older than us teach us the ways of humanity.

Listen to what all these wonderful people tell you. They are acting out of love. Stay the obedient child I know. Ask, whenever in doubt.

Question unfairness as you have done with me. Apologise when you see (or are made to see) you have made a mistake. And learn the lessons that come your way through the mistakes you make so you will not repeat them. Do this at school, with friends, and at home.

Behave in a manner that is polite but robust. Timidity is not a virtue; behave in a manner that is loving and loyal - but spirited. Never do anything you wouldn't want to come and tell mama about - whether you think she will eventually (or never) know about it or not. This is another way of saying; do nothing you can't be proud of; nothing you can't talk about openly or boast about should you so wish. Secretive actions are almost always cancer to one's integrity.

My darling, may you prosper as the blessings that come your way grow in ways you never even dreamed.

Love, Sindiwe

From Me to Me, edited by Samantha Page, 2012.

Yours sincerely

Deanne King

Headmistress

From the chaplain

In a recent weekly reflection from the Jesuit Institute Fr Russell Pollitt, SJ wrote: "Any leader worth their salt will display one absolute key quality: the ability to listen to their constituents. People who feel that they are not heard, it seems to me, will resort to attention-seeking behaviours. We know how children do this when they feel unnoticed, unheard, or not affirmed. Adults do the same; they find ways of getting the attention of those in power so that their voices are heard. I wonder how much suffering could be avoided if we took time out to listen to the joys and struggles of others? Listening costs nothing, except time, but it will be time well spent.

"If only parents, teachers, religious leaders and politicians would listen more deeply to the struggles and aspirations of those under their care, I am convinced this empathy would go a long way to improving things. It would help leaders to be in 'touch' with where their people are ...

How can we all listen better this week? It's a rare gift we are invited to cultivate."

Perhaps we could all learn to listen more to God and one another.

Prayer

Lord God

Give me a listening heart

Free from the noise within and the noise I create.

Help me to create spaces to listen to others, deeply and authentically.

May my careful listening change my heart.

Amen

Revd Canon Gill Lee

Chaplain

MUSE MORNING:

All parents are welcome to join us for our next discussion

Date: Tuesday 6 October

Time: : 07h15 for 07h30 to 08h30. Coffee is served inside SMOGS cottage

Venue: SMOGS cottage

Topic: "Discipline, the foundations and the power battles"

Speaker: Lloyd Ripley-Evans, educational psychologist

RSVP: Sharon.san@stmary.co.za

Meet the departments



Admin department: Sherinne Kench (PA to business manager), Maryanne Lansdown (business manager), Pritha Chetty (debtors' controller), Karen Bucher (credit controller), Pat Govender (creditors' controller), Claire Lord (human resources)

St Andrew's art competition

On Saturday 19 September, Jessica Taylor, Georgina Baker, Kayla Armstrong and Isabel Wygers took part in the St Andrew's art competition. The theme was environmental awareness and the effect pollution has on endangered species. The participants were required to make an artwork using only rubbish, glue and board. St Mary's created an endangered turtle using objects such as chicken wire, newspaper, plastic bags, etc. These Form III girls enjoyed taking part in this competition, and we congratulate them on their outstanding artwork.

Alexis Harrison
Art teacher



Kayla Armstrong, Isabel Wygers, Georgina Baker and Jessica Taylor with their endangered turtle artwork

St Peter's pavement art competition day

On Friday 25 September, three teams comprising Form III Art students departed from St Mary's to take part in the much-awaited pavement art competition at St Peter's College. The theme was the "power of education".

We all had brainstormed plans and, in true St Mary's fashion, we were hopeful to place in the top three. We were welcomed and then the three hours began. My team consisted of Lauren Tsafandakis, Jessica Taylor and myself.

We worked very well as a team and when we encountered problems, we worked efficiently and overcame them. Kim Huysamer and Megan Rumpelt worked well together to produce an artwork involving a brain and books, which represented knowledge. St Mary's other team, consisting of Amy Chewins, Coral Holden and Camryn Viljoen, produced an artwork depicting an owl wearing a graduation hat. All the teams did St Mary's proud.

After seeing the exceptional standard of work that all the teams produced, my team was extremely surprised and happy to be awarded third place. We each received a canvas for our hard work. We thoroughly enjoyed the day and we are grateful to Mrs Harrison, Mrs Heydenrych, Ms King and Ms Swanepoel. (St Peter's Art teacher) for the opportunity to participate in such an exciting day.

Jordyn Dreyer

Form III



The team that placed third - Lauren Tsafandakis, Jordyn Dreyer, Jessica Taylor



Camryn Viljoen, Coral Holden, Amy Chewins



Kim Huysamer, Megan Rumpelt

Form III Geography outing to Hartbeespoort Dam



Megan Rumpelt, Margaret Tucker and Caitlin Wheeler enjoy the view of the dam from the top of the aerial cableway



Completing the worksheet from the top of cableway

The Form III Geography girls visited the site of the Harties Metsi A Me programme, where they learned about the sustainable use of water and the distinct possibility of watershedding in our country. They were encouraged to make a “donation” to the yellow water recycling project, introduced to Australian red wriggles at the vermiculture site and shown how tyres are used to prevent mass wasting on slopes. The girls had an opportunity to see the sluice gates of the dam and walk across the dam wall.

The trip on the aerial cableway to the top of the Magaliesberg was a

highlight. They completed a worksheet, which included a sketch of the terrain and the identification of various landforms that they are currently studying in the geomorphology section.

On their return to Johannesburg, they passed Diepsloot and Steyn City.

Cindy Len

Geography teacher

Debating

The Junior Debating Team won the SACEE preliminary rounds held at King David Linksfield in May. They were selected to participate in the Gauteng Provincial Championships, which took place on 19 and 20 September at the University of the Witwatersrand. Although the team did not go through to the quarter-finals, they were able to hold their own against the more experienced schools. Congratulations to Tarya Pillay, Rethabile Mmonegi, Anthea Poklewski-Koziell and Keara Martino for the commendable way in which they represented St Mary's.

Mumsy Malinga

Debating co-ordinator



Anthea Poklewski-Koziell, Tarya Pillay, Keara Martino

Dance crew

The St Mary's dance crew created two diverse dance pieces for the Inter-High Dance Competition, held at St Peter's College on 17 September. This year boasted a record nine schools, as opposed to the six in previous years.

Taryn Adams choreographed our themed piece, which was a challenging dance showcasing a range of techniques and performance ability. The second dance was an exciting and dynamic piece choreographed by Katherine Pannell and Megan Jackson. This certainly showcased the musicality of the dancers in the crew. Although we did not make it through to the final this year, I was proud of the girls' performances and their amazing support of one another.

Congratulations to Simone Batchelor and Taryn for being nominated for most promising dancer, and to Samantha Mason-Gordon for her nomination for best dancer.

Claire van Niekerk



Back row: Khanyisile Maseko, Meg Lendrum, Katherine Pannell, Ntsimedi Gwangwa, Andindedwa Lebona, Claire Tsumane, Dominique Rowe, Nandi Shezi, Candice Shepstone, Simone Batchelor, Megan Jackson, Katlego Mahlo, Katleho Matumane, Samantha Mason-Gordon

Front row: Ziyanda Dhlamini, Shannon Leitch, Taryn Adams, Michela Passoni, Erin Mclvor, Nozipho Ntsebeza, Karabo Makgamathe, Rorisang Matlhare

Trinity drama examinations

The Trinity drama examinations were held in the AV room on Tuesday 15 September. Two solo performances and four groups with 14 participants were entered. The performances were well prepared and rehearsed, utilising the expertise of well-known actor and physical theatre performer Craig Morris.

We extend our congratulations to Craig and the girls as Peter Thompson, the Trinity examiner, complimented them all on the outstanding quality of work presented. Thompson was so impressed that he asked for permission to film the pieces, to take back to the UK to use as training material for Trinity. We had a showcase on Tuesday 22 September, and invited friends and family to watch the outstanding work.

Well done to all our dance and drama girls.

Claire van Niekerk



World Challenge expedition to Vietnam, 8-22 August

A World Challenge expedition is not like an ordinary school overseas tour. We were given a budget to manage and with this we had to book our own transport, accommodation and buy food, and we could do all of this only once we were in Vietnam. We were given US\$8 000 at the Ho Chi Minh Airport and our first task was to exchange money and find transport to our first night's accommodation.

We completed a four-day trek in the Dalat region, which took us through pine and coffee plantations. We completed a three-day community service project at the Dieugiac orphanage in Ho Chi Minh City, where we cleaned, scraped and repainted metal fixtures and, with the extra money we had raised, we bought supplies that the orphanage needed, such as toiletries, clothes and cleaning materials.

During the rest and relaxation phase, we went to the Mekong Delta and we visited the Cu Chi tunnels, which were dug and used by soldiers during the Vietnam War. We also had the opportunity to

connect with the Wilderness Foundation's rhino ambassadors, and network about how to raise awareness of the plight of rhinos in both of our countries.

This trip taught the girls about working for the greater good, and working as a team to spend their budget and find food. They also had to talk to people they did not know and who could not always speak English in order to get information, and book transport and accommodation. It was an excellent experience that was tough, but truly rewarding. I want to thank our girls for being so incredible on this trip; I am so proud to be a teacher at St Mary's. I am also indebted to Miss Carol Shutte, who was the perfect person to accompany me on this tour.

Melanie Blair

HoD Physical and Natural Sciences



Doing community service at the orphanage



Girls with some children at the Dieugiac orphanage



In the Dalat region, completing the four-day walk

From One Girl to Another plaque unveiling



Caption

Friday 18 September marked an occasion to celebrate and recognise the contribution the Grade 7 class of 2014 made to girls' education at St Mary's.

Education is the one thing in life that will never be taken away from you. Education is something that will form the foundation for the rest of your life. Your education will determine whether you are successful in life, and that success will be determined by how you embraced your education.

Gilbert Chesterton, an English writer and journalist of the 19th century, said: "Education is simply the soul of a society as it passes from one generation to another."

By creating this legacy, the Grade 7s of 2014 are providing access to education for those who have great academic ability, but who are

not able to access a top-class education for reasons beyond their control.

The From One Girl to Another campaign signifies a tremendous gesture of generosity and kindness. The 2014 Grade 7 class proved to be an example to others in supporting its school in its endeavours to educate young women from different backgrounds, to be leaders in their respective communities. The From One Girl to Another campaign funds will be invested, and girls may wish to continue to add to these funds as they progress through school and become St Mary's Old Girls.

We are hopeful that future Grade 7 classes will follow this example in supporting education for young women at St Mary's, by adding to the From One Girl to Another campaign. As this fund grows from the investment and from future contributions, the

money will be used at the school's discretion to fund deserving girls.

There are seven girls in the Senior School who are recipients of bursaries from the St Mary's Foundation. Some of these girls began their journey here in the Junior School, and it is through the generosity of donors that they are embracing an education at St Mary's. All of these girls realise the opportunities being afforded to them, and are excelling in various aspects of school life.

The St Mary's Foundation extends an overwhelming thank-you to all the pupils and parents of the Grade 7 Class of 2014. You are proudly St Mary's girls and we are equally proud of you for beginning this legacy.

Gillian O'Shaughnessy
Foundation manager

Roxanne's new light technologies essay wins merit prize nationally

As part of their portfolio work, the matric Physical Sciences pupils write a research essay every year. We have had several essay topics in the past and this year we again decided to assign two, which were in line with an essay competition run annually by the Royal Society of South Africa. Three pupils' essays on how new light technologies could aid development in South Africa or on whether research being done at the European Organisation for Nuclear Research (CERN) would benefit mankind, were entered from St Mary's. Roxanne Lowe's excellent light essay was awarded a merit prize. This is an excellent achievement, as essays from all over the country were considered.

Kendra Hendry

Physical Sciences teacher



Roxanne Lowe

From the Music department



Congratulations to the following girls who passed their Rockschooll practical music examinations in July:

Mutsa Danha	Vocals	Grade 4	Distinction
Megan Rumpelt	Vocals	Grade 4	Merit
Gessica Petrarolo	Vocals	Grade 3	Merit
Veneka Paradza	Vocals	Grade 3	Merit
Rakgadi Makgatho	Vocals	Grade 1	Merit
Isobel Renshaw-Calisse	Piano	Grade 5	Pass
Ancke Rörich	Vocals	Grade 4	Pass
Amy Codrington	Vocals	Grade 4	Pass
Jessica Hugo	Vocals	Grade 3	Pass

Dudley Trollope

Director of Music

From the Sports department



Equestrian - Gauteng finals at Eaton Farm



Jessica Eekhout on Calvaro

On 8, 9 and 10 August, the equestrian team competed in the Gauteng finals at Eaton Farm. Once again, the team had a successful show and represented Gauteng Jo'burg Metro proudly. Well done to all the riders who competed. The results were as follows: Nicola Berlin, Andrea Douglas, Lia Wheeler and India Wagg all placed 3rd in their respective classes. Congratulations to Lia for placing 2nd in her Elementary Dressage class, and Andrea for placing 2nd in her Intermediate Equitation. Congratulations to Caitlin Wheeler for winning her 90cm Show Jumping class. Well done to Katie Traill, Andrea, Nicola, Caitlin, Kiara Fitzhenry and Lia for placing in their respective classes. A special thank-you is extended to Ms King and Ms Fouche for supporting the equestrian team.

Kate Traill
Form IV



Some of the St Mary's riders at the Jo'burg Metro Awards evening - as some of the girls attended the hockey dinner, they were not present to receive their awards

Equestrian - International British Show Pony Summer Championships



During the August holidays Caitlin Wheeler participated in the International British Show Pony Summer Championships, where South Africa competed against riders from all over the UK and New Zealand.

Equestrian - 2015 Pony Rider National Equestrian Championships

Caitlin and Lia Wheeler competed individually and for various Gauteng teams at the 2015 Pony Rider National Equestrian Championships of South Africa. The event was held over half-term in July in Pietermaritzburg. Unfortunately, one of Caitlin's ponies, Sergeant Pepper, came up lame just before departure but Caitlin was fortunate to be offered a last-minute substitute ride - Waterside True Sovereign - for some of the individual classes.

Some of the results are as follows:

Caitlin was placed 5th in the Open Working Hunter (Lady Franchesca) and 3rd in the Open Show Riding on True Sovereign. Lia won the Open Show Hunter Pony, Open Show Riding Pony and was Reserve Champion Open Show Riding Pony on Magic Flute. She also won the Open Working Hunter, was the Champion Working Hunter Pony and the SA

Open Working Pony Champion 2015 on Blue Speed. Lia was awarded Top Ranked Pony Rider 2015 by the Showing Association of South Africa.

Lia placed 2nd in the Intermediate Equitation and Team Championship (Speedy), while Caitlin also did well, finishing joint 3rd (Lady Fran).

Caitlin placed 4th in Elementary 4 Dressage (True Sovereign). Lia came 3rd in the Elementary - Medium 4 Dressage, and 8th in the FEI Individual Competition and 2015 SA Dressage Championship (Flute).

In the show jumping section, Lia managed to obtain 8th and 9th places in the 90cm classes. Caitlin obtained 7th place in three of the 1m jumping classes and went on to finish 2nd in the 1m championship (and team championships).



Lia Wheeler with her Top Ranked Pony Rider Trophy 2015, as well as receiving the trophy for SA Open Working Pony Champion 2015

Hockey

We are proud to announce that St Mary's has won the Gray's hockey league this year. This is now a total of 27 league wins in 29 years, which is an outstanding achievement for the school. Below are the final standings of the Gray's league. The 1st, 2nd, U16 A and U14 A teams won their age groups and the U15 A team placed 2nd. With consistent effort and dedication from all the players and coaches, we can be proud of our performances, sportsmanship and, ultimately, the results. Congratulations to all the teams for a successful season.

	1 st	2 nd	U16 A	U15 A	U14 A	TOTAL POINTS
St Mary's	18	16	18	12	18	82
St Stithians	12	10	10	18	13	63
St Andrew's	15	9	8	12	9	53
Helpmekaar	7	12	13	6	6	44
Roedean School	6	2	5	7	10	30
Kingsmead College	4	8	5	3	6	26
Parktown Girls'	0	2	0	1	0	3

Julia Fleming is currently representing St Mary's as our hockey exchange student at Framlingham College in the UK. Framlingham's 1st hockey team won the prestigious Birley's Tournament at Repton School, where Julia was announced Player of the Tournament. This is a remarkable achievement.

Roxy Coetzee-Turner
Head of hockey

EAST ANGLIAN DAILY TIMES | Friday, September 11, 2015

Framlingham College girls lift title at the prestigious Birley's Tournament



■ The Framlingham College squad which won the Birley's Tournament at Repton School; Right, Framlingham Player of the Tournament Jules Fleming (left) and Captain Freya Pelling (right) with the Birley's Trophy

HOCKEY

Framlingham College girls' hockey squad won the prestigious Birley's Tournament at Repton School.

The squad began and finished the day with victories over Oundle School, while also beating Repton and Queenswood on the way to their triumph.

There were impressive showings too from the second team, who also beat Queenswood, and the U15As, who won by a staggering 21-0.

The U14As were also victorious in their first game in Sky Blue.



Some girls from the Grade 7 class of 2014

Tennis

The summer tennis league is in full swing on the courts. All the teams have played either one or two matches. Congratulations to the 1st team, which beat Northcliff High School in a convincing manner, and well done to the 2nd team, which beat Helpmekaar AB on the St Mary's courts last week. The 3rd team posted a good win over a combined St Peter's/Beaulieu AB team. The 4th team lost in a close match to Jeppe AB.

I encourage all the players to continue to work hard on improving their games. Thank you once again to all those players who are reserves for the matches, and who are so

willing to play at very short notice.

Good luck to the St Mary's team competing in the St Anne's/Hilton doubles and mixed doubles invitational tournament from 1 to 4 October.

Tennis results

15 September

St Mary's A beat Northcliff A 47-16

St Mary's B beat Northcliff B 53-10

St Mary's C lost to Linden A 18-46

St Mary's D beat Linden B 26-37

St Mary's E beat St Mary's G 41-22

St Mary's F beat St Mary's 37-26

22 September

St Mary's A Bye

St Mary's B Bye

St Mary's C lost to Helpmekaar A 32-31

St Mary's D beat Helpmekaar B 48-15

St Mary's E lost to St Peter's Beaulieu

A/B 38-25

St Mary's F beat St Peter's/Beaulieu A/B 37-26

St Mary's G lost to Jeppe A 30-33

St Mary's H lost to Jeppe B 30-33

René Plant

Tennis coach

St Mary's Clothes Cupboard - important notice

The Clothes Cupboard sells all-new sports kit, as well as second-hand school uniforms and blazers.

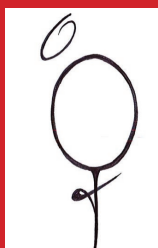
We always need dresses, blazers and skirts of all sizes, as well as tracksuits and sports kit. These can be brought to the shop or dropped off at reception. If you want a credit for your items, please ensure the bag is clearly marked with your child's name and surname. We have a credit file in the shop, in which we will put the credit note for any items we buy to resell.

Any items that we cannot resell will be given to a charity in the Eastern Cape. Please do not give St Mary's-branded clothes to people or a charity in the Johannesburg area.

Thank you.

Rose Hallendorff

Clothes Cupboard co-ordinator



UPSTANDER

Informed is empowered

Help keep us informed.

Report bullying.

At St Mary's we encourage our girls to be upstanders.

Contact cybercell: 074 402 3905

Or approach your house tutor or mentor

Reminder

If you have a child and wish to apply for St Mary's Senior or Junior School in 2017, we urge you to complete an application form urgently to avoid disappointment. If you have any questions, please contact Leigh-Anne Hinton on 011 531 1904 or leigh-anne.hinton@stmary.co.za.

Book online now



2015

St Mary's Golf Day

Friday 9 October at the Parkview Golf Club

Enter your four ball and enjoy an afternoon of good golf, great prizes and a festive evening with dinner!

Sponsorships for holes, prizes and auction items are very welcome.

We would love to see you there!

Contact:
Gloria Mamba at gtmamba@gmail.com
for more details.

Please click [here](#) to accept the invitation and proceed to the payment page.