



**St Mary's School**  
Waverley  
Founded 1888

5 JUNE 2015

# JUST JUNIOR



Our Patronal Festival was once again a beautiful service, celebrating the birthday of the school

## From the Senior Primary department

Dear parents

The girls in the Senior Primary have had a very busy start to the term. Our Grade 7 girls participated in the IEB Primary School MATCH assessment, and the Grade 6 and 7 girls are currently writing their mid-year formal assessments.

The Grade 7s are writing in the Media Centre and the Grade 6s in the Senior Primary hall. This is a learning experience for the girls as they write in a formal assessment venue under strict procedures. The girls have been told that they need to continue to meet their co-curricular obligations.

I would like to thank Linda Maishman and the teachers who participated in the Grade 5 shared learning day with

HA Jack. It was a lovely day and all the children benefited from the interaction and activities.

Thank you to Ms Phakathi and the Grade 5 P girls for a wonderful assembly based on memories.

The Grade 4 tour was a success and the girls had a great deal of fun while learning. Thank you to Teena Lowndes, Trish Bonorchis, Jenny Mabin and Georgina Harris, who accompanied the girls. Des and I spent time with the girls on the Thursday, and we were amazed by their adventurous streaks and endless energy. No wonder they looked so tired when they arrived at school on the Friday.

### Dates to diarise

<b>JUNE</b>		
Sat 6	07h30	Ballet exams - Edge Grade 3 netball tournament at Holy Rosary
Mon 8	16h00	Chess at home
Tue 9	07h45	Emma Sadleir talk - Senior Primary hall
	11h00	Grade 1, 2 and 3 matinee play performance - Edge
	14h00	Squash at home
Wed 10	14h30	Music exams
	18h00	Grade 1, 2 and 3 play performance - Edge
Thu 11		Grade 6 and 7 formal assessments
	14h00	Netball at home and away
	14h00	Chess at home
	18h00	Grade 1, 2 and 3 play performance - Edge
Fri 12	14h00	Hockey at home and away
Sat 13	14h00	Reggio workshop
Mon 15		Normal school day
Tue 16		Youth day
Wed 17	07h30	Senior Primary Fathers' Day Eucharist
	09h00	Music exams
	10h18	Grade 4 and 7 buddy picnic
	17h30	Hockey vs APPS
Thu 18	10h18	Grade 7 tea with headmistress
	14h00	Netball at home and away
Fri 19	07h30	Junior Primary Fathers' Day service
	08h30	Pre-Primary Fathers' Day service
	14h00	Hockey at home and away
Sat 20		Equestrian qualifier 4 at Eaton Farm
	07h30	Grade 6 and 7 B and C hockey festival at St Mary's
Sun 21		Fathers' Day

The girls have been busy with sports matches and netball festivals on Saturday mornings. The hockey festivals start soon.

Our Patronal Festival was once again a beautiful service, celebrating the birthday of the school. The choirs sang beautifully and it is always a privilege to be part of this special day.

Thank you to the Grade 7 girls who helped at Little Saints sports day and the JP fun day. It was lovely to see so many Senior Primary girls supporting the event. The Grade 7 fundraiser with the Standard Bank

survey initiative was also a great success, and I would like to thank everyone who participated.

Have a wonderful weekend.

Yours sincerely

**Robynne Dunkley**

Deputy headmistress: Junior School

## From the chaplain

A prayer by William Barclay to pray or reflect on at the beginning of the day:

*O God, our Father, help us all through this day so to live that we may bring help to others, credit to ourselves and to the name we bear, and joy to those who love us, and to you.*

*Help us to be,*

*Cheerful when things go wrong;*

*Persevering when things are difficult;*

*Serene when things are irritating.*

*Enable us to be,*

*Helpful to those in difficulties;*

*Kind to those in need;*

*Sympathetic to those whose hearts are sore and sad.*

*Grant that,*

*Nothing may make us lose our tempers;*

*Nothing may take away our joy;*

*Nothing may ruffle our peace;*

*Nothing may make us bitter towards any person.*

*So grant us that through this day all with whom we work, and all those whom we meet, may see in us the reflection of the Master, whose we are, and whom we seek to serve. This we ask for your love's sake.*

*Amen*

**Revd Canon Gill Lee**

Chaplain

## Meet the Music department



Carol Shutte - Junior School head of Music, Daniel Hutchinson - Junior Primary Music teacher

## Save the date - Studium Apertum

So far, 24 speakers have been confirmed for Studium Apertum on Saturday 11 July. Among these are Professor Jackie Naude of The Human Capital Engine, Dr Ian Weinberg, a neurosurgeon whose work deals with psychoneuroimmunology, Supreme Court of Appeal Judge Nigel Willis, celebrity author and blogger Khaya Dlanga, CNBC anchor, presenter and writer David Williams and, talking on female circumcision, Chris Hani Baragwanath Hospital's head of Gynaecology, Dr Yasmin Adam.

The talks and presentations should stimulate much food for thought and debate in our community, which is, after all, what Studium Apertum is all about.



STUDIUM APERTUM



## St Mary's Foundation wine auction

for girls

Thank you to members of the St Mary's community and guests for your very generous contribution to the success of the recent St Mary's Foundation wine auction evening. Derek Ramsden, Cape Wine Master, steered the spirit of giving that was evident in the bid prices paid by the bidders, as well as the donations made.

The success of the evening was because of the generosity of the wine estates that donated all the wine for the evening. Thank you

to Paul Reynolds for his tremendous effort and assistance in securing the wines, and Georgina MacRobert for designing and creating the brochure. An amount of R180 000 was raised for the St Mary's Foundation bursary programme.

**Gillian OShaughnessy**

Foundation manager

## Grade 4 Kloofwaters fun!

On our tour we did so many activities. We had to go on what felt like a 10km hike to the bumslides. It was tiring and we were really hot, but it was worth it to cool off and relax at the bumslides afterwards. It was so much fun! We got to learn about vultures and how they are being poisoned, and a few lucky girls got to hold a vulture on their arm. We went climbing up a tall tree, and only two girls made it to the top! They were really brave. We got to play a fun game call Cops and Robbers. The goal was to guide a girl who was blindfolded to

splash the other team. Everyone got cold and wet on a hot day. No one could stop laughing. The best part was that we made new friends and learned how to work together.

The tour was incredibly awesome and everyone had a great time!

**Paige Milligan**

Grade 4



Our condolences are extended to Lesego Mapaya (Grade 00) on the loss of her father, Mathumo. Our thoughts and prayers go to Modiane and the rest of the Mapaya family





## From the Music department

### Patronal Festival

This year's Patronal Festival was a particularly special event. The diversity of our school was showcased through many musical items from Grades 2 and 3 in the Singing Angels, the Senior Primary choir, the Senior School choir and orchestra, as well as the marimba bands, the Traditional choir and solo items by some of the subject music girls.

St Mary's is a wonderful, safe place where the girls are allowed to celebrate their individuality and where differences are highlighted and celebrated. This was poignantly evident throughout the service where items in Latin, English and Zulu proclaimed the Christian ethos of the school through the magical medium of music. A particularly reflective attitude was achieved through the prayers, which were in English, Afrikaans, Zulu, Xhosa, Pedi, Portuguese, French and German.

A special thank-you is extended to Dudley Trollope, Barry Strydom, Jarred Parenzee and the technical crew, as well as the ground staff and cleaners. Without their hard work and support, the festival would not flow as seamlessly as it does.

The festival showcased a special item based on the school hymn, *Dear Lord and Father of Mankind*. The ending of each verse leaves us with words of profound meaning:  
*In deeper reverence praise,  
 Rise up and follow thee,  
 The beauty of thy peace,  
 O still small voice of calm.*

**Carol Shutte**

Head of Music: Junior School





## From the PTA The Red Country Fair

The Red County Fair, held on Saturday 23 May, was a huge success with many children and parents attending this carnival-type event. It was lovely to see all the moms and dads involved, either by helping at their class stall, cooking the food and serving it or encouraging the kids at their stalls.

The PTA is extremely grateful to all who assisted on the day. The sub-committees were a wonderful asset and I would like to thank Sarah Quiding for arranging the drinks stall, Amanda Johnson for the food stall, Gloria Mamba and Melissa Rowston for the fabulous prizes, Justine Piccolo for the gorgeous decor, Julie Herold for making sure we had kids' packets to sell, Dianne Jenkins for co-ordinating the ticket sales, and Marelise Neuhooff and Zelda Coutts for the amazing tea garden.

The day would not have been so fantastic if it were not for our willing and enthusiastic class moms, who arranged their class stalls and got parents to help them on the day. Thank you also to our dads for all

your help at the food and drinks stalls. The cakes that were sent into the tea garden were delicious and quickly devoured.

The St Mary's Little Saints and Junior Primary community really showed a togetherness and I hope that the day was enjoyed by all. The PTA would also like to thank I Love Stuff for their donation of the raffle prizes, and Wild Childs for sponsoring the jumping castle and rides. Thank you again to everyone who made it happen!

Please continue to swipe your My School card, as every cent goes towards assisting with items that are needed to ensure the smooth running of our great school.

Looking forward to seeing everyone again at our next Red County Fair!

**Yvette Bowden**

PTA chairperson





## Parent Corner

### Don't distance yourself from your child's education

There are always extremes when it comes to parenting. I have written extensively about the helicopter parent, but there has been a sharp increase in parents who are distancing themselves from their children's education and leaving it all up to schools alone.

I highlight the two most common reasons for this below:

1. Because I'm paying for it! Many parents are paying a lot for their children's education today and assume this means that the school can do it all. Strangely enough, as schools improve and increase their resources, parents seem to reduce their support and presence, which actually diminishes the positive impact of these resources.

2. Because I'm too busy! The majority of parents today are in the workforce and are parenting on very limited hours each day (by my calculation many children see their parents for 2-3 hours of awake time each day, which is characterised by a lot of rushing to get things done before leaving for school and work in the morning or going to bed at night). Quality time together is a scarce resource.

Understandably, many parents are under huge time and financial pressure, which keeps them away from their children and limits their involvement in their educational journey. However, we need to consciously bear in mind studies that prove that children whose parents show an interest in their child's development and get involved with school life do better at school academically, stay in the school system for longer and are less likely to do drugs, abuse alcohol or fall into bad company. Involvement means helping out at school events, being on committees, attending the school play or sports fixtures (not necessarily all, but enough to be memorable), and having time to chat about school, homework, projects, etc.

The absence of parents is likely to have some long-term consequences because the "parental effect" is very difficult for schools to reproduce. In addition to the formal school curriculum, parents play an essential role in the cognitive, social and emotional development of their children, especially in the foundation phase between birth and age nine. Children glean so much from their parents - in fact, 85% of what children really need to know for success in life is ascribed to their parents - we are, in fact, the hidden curriculum.

What busy parents can do to connect more with their children:

- Ditch the cellphone when dropping off or collecting your child from school: connect face-to-face - these snapshot parenting moments are key to linking and connecting with your child, both now and in the future
- Don't use DVDs or electronic devices to "mute" your child in the car; rather use it as a connection opportunity - talk, sing and play games together, observe the world beyond the car window and learn together, eg. count the trees, read the traffic signs, identify the makes of vehicles, etc.
- When children are learning at home or doing homework, use technology to reinforce real, hands-on learning rather than replacing it, especially in the formative years of your child's life; from birth until they turn nine. Keep it real and 3D as much as possible!
- Remember that play is the language of childhood. Make time to play together - often!
- Re-look at your values, your expectations and priorities, your working hours and employment options. Can one parent be more flexible to afford your child quality time? Childhood comes around but once and cannot be done over again
- Consider joining or creating a forum for working parents in your company, where these issues can be raised and tackled. After all, you are bringing up the next generation of talent your company (or another) will, hopefully, one day employ or outsource to. Surely, then, they need for you to do the best parenting job you possibly can

Despite your busyness, try and make a conscious effort to find ways to be as interested and involved in your child's education and development as you can. No matter how many people you co-opt or pay to fill the gaps for you, such as many loving grandparents who step into the breach, nannies, child-minders, au pairs, coaches, drivers and aftercare teachers, to name a few, you cannot buy in the parental effect. You have to be it!

#### Nikki Bush

Creative parenting expert, inspirational speaker and co-author of *Tech-savvy Parenting* (Bookstorm, 2014), *Future-proof Your Child* (Penguin, 2008), and *Easy Answers to Awkward Questions* (Metz Press, 2009)

nikki@nikkibush.com

www.nikkibush.com



# From the Sports department

## JUNIOR SCHOOL SPORTS WEEK AHEAD: 8-14 AND 15-21 JUNE 2015 (WEEK 6 AND WEEK 7)

Date	Sport	Teams	Venue	Time	Transport	Teacher
Tuesday 9 June	Squash	A team - Bye B team - Bye D team vs C team	St Mary's	14h00		Mrs Fox
Thursday 11 June	Netball	Grade 3 A-D Grade 4 A-D Grade 5 A-D Grade 6 A-D Grade 7 A-D	St Mary's St Mary's Redhill Redhill St Mary's	14h00	Bus Bus	Mrs Mshengu
Friday 12 June	Hockey	Grade 4 A-D Grade 5 A and B Grade 6 A and B Grade 7 A and B	Holy Rosary Holy Rosary St Mary's St Mary's	14h00	Bus Bus	Miss Roos Mrs CT Ms Quix Mrs Samson
Wednesday 17 June	Hockey	Grade 6 A and B vs APPS Grade 7 A and B vs APPS	St Mary's St Mary's	17h30		Ms Quix Mrs Samson
Thursday 18 June	Netball	Grade 4 A-D Grade 5 A-D Grade 6 A-D Grade 7 A-D	Heron Bridge St Mary's St Mary's St Mary's DSG	14h00	Bus	Mrs Mshengu
Friday 19 June	Hockey	Grade 4 A and B Grade 5 A and B	St Mary's St Mary's	14h00	Bus Bus	Miss Roos Mrs CT
Saturday 20 June	Hockey	Grade 6 and 7 B and C Festival	St Mary's	07h30	Parents	Mrs Samson
Saturday and Sunday 20/21 June	Equestrian Qualifier 4	Equestrian team	Eaton Farm		Parents	Miss Wood

## Netball

### Jan Celliers Netball Tournament

Netball teams from Grade 3-7 participated in the Jan Celliers Netball Tournament on Saturday 16 May. The girls were keen and excited, and ready to play. It was a very pleasant day, with the weather being warm and the girls on the courts, ready to play. Schools participating were Jan Celliers, St Mary's, Waterstone, St Martins and Buccleuch.

The competition was tough, and all schools played their best and enjoyed the hard play.

At the end of the tournament, medals were given to the best player from each and every team.

Well done to all the girls who received medals, and to all the girls who participated. A fun morning of netball was had by all. Netball players who received medals for being the best player of their team on the day:

U9 A - Tayla Gibbs  
U9 B - McKenzie Coakley-Eager

U10 A - Alexia Bakos  
U10 B - Tarryn Stead  
U11 A - Josie Apps  
U11 B - Samantha Pearson  
U12 A - Tasmin Meadows  
U12 B - Hannah Newman  
Open B - Mphoentle Litha

**Tracey Wood**

Head of department: Junior Primary Sport



**Netball results**

On 14 May St Mary's netball teams played against Grayston Preparatory School, and the results were as follows:

U10 A won 4-3  
 U10 B lost 3-4  
 U10 C won 6-1  
 U10 C won 20-0  
 U11 A won 12-4  
 U11 B won 7-0  
 U11 C won 12-6  
 U11 D won 11-1  
 U12 A won 14-11  
 U12 B won 27-7  
 U12 C drew 5-5  
 U12 D won 16-11  
 U13 A lost 11-17  
 U13 B lost 3-5  
 U13 C won 12-5  
 U13 D won 10-4

**Netball results against St Stithians on 21 May were as follows:**

U10 A lost 6-7  
 U10 B won 8-5

U10 C won 10-1  
 U10 D lost 2-5  
 U10 E drew 2-2  
 U11 A won 3-2  
 U11 B lost 9-10  
 U11 C won 5-0  
 U11 D won 6-1  
 U11 E lost 1-4  
 U12 A won 14-9  
 U12 B won 9-2  
 U12 C lost 7-15  
 U12 C won 7-4  
 U12 D drew 5-5  
 U13 A lost 5-15  
 U13 B lost 2-8  
 U13 C won 8-5  
 U13 D won 4-3

**Netball results against St Andrew's on 26 May were as follows:**

Pink team lost 0-7  
 U9 Purple team lost 1-4  
 U10 A lost 5-10  
 U10 B drew 7-7  
 U11 A won 8-5

U11 B lost 3-11  
 U12 A won 11-9  
 U12 B lost 10-12  
 U12 C lost 5-9  
 U12 D won 6-0  
 U13 A won 13-15  
 U13 B lost 9-13  
 U13 C drew 7-7  
 U13 D won 6-3

**St Mary's played against the King's School on 28 May and the results were as follows:**

U9 Orange team lost 0-9  
 U9 Grey team lost 0-3  
 U10 A won 7-4  
 U10 B won 10-0  
 U11 A won 10-3  
 U11 B won 14-0  
 U12 A won 15-0  
 U12 B won 13-0  
 U13 A won 11-5  
 U13 B won 14-1

*Antoinette Mshengu*  
 Netball coach



U10 against Grayston A-D



## Squash



St Mary's D team

### Results from squash matches on 12 May:

St Mary's A lost 6-9 to Roedean A  
St Mary's B won 11-6 against Reddam House C  
St Mary's C lost 4-12 to Cliffview B

Being the first match of the term the girls played exceptionally well, displayed good court manners and were so excited about playing a match. Players of the day were Megan Hayes, Ynez Mayet, Romy Len and Ghita Economakis.

### Results from Tuesday 19 May:

St Mary's A lost 1-14 to St John's B  
St Mary's B lost 2-14 to St John's C  
St Mary's C won 12-3 against Reddam House C  
St Mary's D lost 0-14 to St Stithians D

Players of the day were Zanele Msimang, Lelo Dumeko and Ghita Economakis excelled once again having an exceptionally hard match for the first game, which she won 21-19.

### Results from Tuesday 26 May:

St Mary's A lost 3-11 to St Peter's Boys B  
St Mary's B lost 0-14 to St Peter's Boys C  
St Mary's C - Bye  
St Mary's D lost 4-11 to Reddam House B

Player of the day would have to go to Zanele Msimang and Sarah Ellis-Clarke.

All the team girls know that there is training on Thursday morning being taken by Mrs Ingersent. Let us use this wonderful opportunity of an extra session to learn to serve well.

Everyone gave of their best, but practice is essential.

**Jennifer Fox**

Squash coach

## Hockey

St Mary's started the season with matches against Kingsmead, and it was a good afternoon of mixed results. Well done to all the players, especially the Grade 4s, who with very little practice gave of their best.

### St Mary's vs Kingsmead Friday 22 May:

Grade 4 A lost 0-1

Grade 4 B won 1-0  
Grade 4 C drew 3-3  
Grade 4 D lost 0-2  
Grade 5 A won 2-0  
Grade 5 B drew 0-0  
Grade 6 A won 3-0  
Grade 6 B lost 0-1  
Grade 7 A won 5-0

Grade 7 B drew 0-0  
Grade 7/6 C drew 0-0

**Jane Samson**

HoD: Junior School sport

## Rhythmic gymnastics

### St Mary's Invitational on 2 May



Hannah Jacobs, in Grade 6, with some of the Grade 3 gymnasts



Level 1s at the St Mary's Invitational



Level 2s at the St Mary's Invitational

## Congratulations

On Saturday 30 May, the following six girls qualified to represent Central Gauteng level 1-3 at the Rhythmic Gymnastics Novice Inter-Provincial at the end of June.

Zeinab Kone	Gr 2	3 <sup>rd</sup> on free dance, 3 <sup>rd</sup> on rope and 3 <sup>rd</sup> overall
Sophia Babaya	Gr 3	6 <sup>th</sup> on ball, 6 <sup>th</sup> on hoop
Reece Williams	Gr 5	
Amy Levick	Gr 4	6 <sup>th</sup> on clubs, 6 <sup>th</sup> on ribbon and 5 <sup>th</sup> overall
Zalika Methula	Gr 3	3 <sup>rd</sup> on clubs, 1 <sup>st</sup> on ribbon and 1 <sup>st</sup> overall
Venus Chow	Gr 3	5 <sup>th</sup> on ribbon

The achievements of Zalika and Zeinab were outstanding, as there were many competitors.

*Linda Giuricich*