



The first annual Maxeke-Mgqwetho lecture took place on Thursday 23 May. It was an interesting and informative event and one that we hope will continue for years to come

FROM THE HEAD'S DESK

This week saw the culmination of our IQAA evaluation, which presented us with the opportunity to assess how our school is doing. The effectiveness of such an evaluation is that it is not a comparative exercise but rather requires an internal assessment and contemplation of whether or not we are meeting our own standards and expectations.

The broad expectations of our community is that this place of learning and this place of women will use its resources to provide an education that will best serve each girl as she chooses her field of interest, study and her future work; an education that will provide awareness, develop self-confidence and empower her for her chosen future.

More than this, we have an expectation that our girls will succeed in a society where everything is subject to comparison: a standard that we strive to uphold, nevertheless, balanced by the desire to find a best self. Over the past fortnight I have watched the St Mary's girls participate in classroom activities, at sporting fixtures, perform on stage and support one another at these activities. I have also hosted Old Girls from across the generations at functions in the Cape. Observing all these

individuals, I was struck by how different and yet how similar St Mary's girls are. Individual success is one of the common aspects but, where St Mary's girls really make an impression, is in character. Aristotle linked excellence to character, "We are what we repeatedly do. Excellence, then, is not an act, but a habit" and includes the positive mark that one leaves on other people. My impression is that St Mary's girls honour, respect those around them, and place great value on growing in character, which is an endeavour in excellence. As the significant adults in the lives of the St Mary's girls, our responsibility as parents and teachers is to guide our girls on their paths to developing in character.

The Statement on the Educational Philosophy of St Mary's, reminds us:

"Our reason for being is that when girls leave St Mary's, -
They will seek opportunities to fulfil their God-given potential".

DEANNE KING
HEAD OF SCHOOL

NOTICE BOARD – PLEASE SEE PAGE 6 AND 7 FOR ALL OUR
IMPORTANT NOTICES

FROM THE CHAPLAIN

"This is my commandment, that you love one another as I have loved you. No one has greater love than this, to lay down one's life for one's friends. You are my friends if you do what I command you. I do not call you servants any longer, because the servant does not know what the master is doing; but I have called you friends, because I have made known to you everything that I have heard from my Father. You did not choose me but I chose you. And I appointed you to go and bear fruit, fruit that will last, so that the Father will give you whatever you ask him in my name. I am giving you these commands so that you may love one another.

- John 15:12-17 (NRSV)

In this Easter season – the 50 days following Easter Sunday through to Pentecost – we continue to celebrate that Christ is indeed risen, and following Lent, Christ's death on the cross on Good Friday, we too rise with Christ to new life. For each day to be a conscious continuation of this new life, we are to remind ourselves of what it means to live a new life with Christ, and what better way to do so than to remind ourselves of Christ's greatest commandment. I invite you to spend time listening to Christ speaking the words of John 15:12-17 to your heart and mind, today.

REVD CLAUDIA COUSTAS
CHAPLAIN

HONOURS BLAZERS

The following girls were awarded Honours blazers at final assembly last term:



Deminkha (Service Honours), Anqi (Service Honours and Victrix Honorum) and Nivia (Cultural Honours)

PERFORMING ARTS



Recently, Demi competed at the Gauteng semi-finals and the national finals of the South African Championships of Performing Arts (SACOPA). The South African Championships had approximately 15 000 semi-finalists audition and only 3 000 contestants qualified for the National Championships of Performing Arts 2019.

Demi participated in acting, dancing and modelling. She qualified for Team South Africa 2019 which allows her to compete in the World Championships of Performing Arts held in Los Angeles later this year.

Demi was also selected for the SACOPA modelling TV segment as well as modelling and group dance in the final showcase.

Congratulations, Demi, this is a superb achievement!

5678 Productions

For more info:
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DANCE

Our St Mary's dance crew performed at the 108 Movement Dance Festival on Saturday 11 May.



CLAIRE VAN NIEKERK
WWW.5678PRODUCTIONS.CO.ZA

FORM I



Our Form I "head girls" for the day: Lwazi, Grace and Tyla, smiling and shining in our present head girls' blazers after winning the Form I quiz based on St Mary's

FROM THE SPORTS DEPARTMENT



SQUASH



Rachel, Tayla, Jemma (captain) and Emma

Boys' league

St Mary's lost to Northcliff High 3-14

St Mary's beat St Stithians 14-0

St Mary's lost to Parktown Boys' 3-14

The girls are up against tough competition in the boys' league and are gaining valuable experience playing in this league. Keep up the good work.

JENNIFER FOX
HEAD OF SQUASH

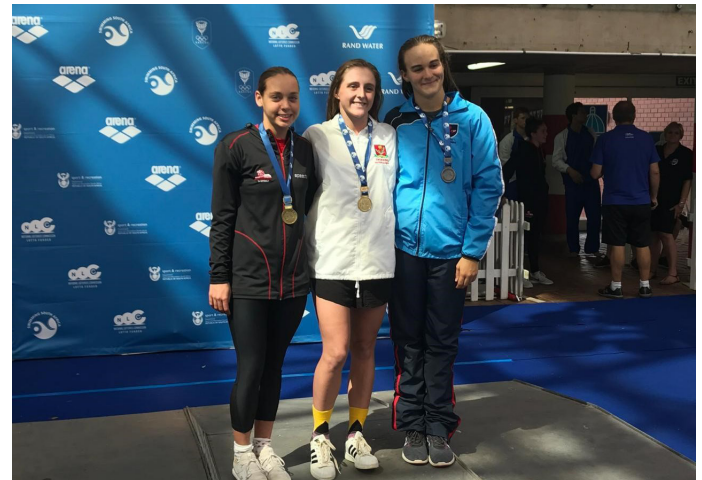
OLD GIRLS' NEWS



Daniela in action

St Mary's Old Girl, Daniela (class of 2016) is playing for Cal State East Bay University. Dani was selected in the NCAA All Freshman team and in the tournament side of Conference Champs.

SWIMMING



Hannah (left) on the podium

Sincere congratulations are extended to Hannah who won a bronze medal in the 50m butterfly, with a time of 29.55, at the National Championships in Durban in April.

QUIX
DIRECTOR OF SPORT

GOLF



Simply amazing news: Samantha received a letter from the president of Women's Golf SA advising her that she had been selected to represent South Africa in the Ciputra Golfpreneur World Junior Championships which was played in Jakarta, Indonesia, from 20 to 23 May. This is an unbelievable achievement.

She has also been selected as captain of the Gauteng Ladies Golf B team to play in the 72-hole Team Championship inter-provincial tournament (stroke play) at Maccauveli Golf Club from 2 to 5 June.

These achievements do not happen without hard work and the following results are evident of the work that Samantha is putting in.

During the holidays, she travelled to Bloemfontein to play the Free State Ladies' Championship. She made her first hole-in-one in the first round while shooting 72, 73 and 73, to finish +2 and fourth overall. Congratulations on your first hole-in-one – always the golfer's elusive dream.

Samantha then played in the WGSA South African Amateur Stroke-play and Match-play Championships at Woodhill Country Club in Pretoria. She finished tied 12th in the stroke play and tie ninth in the match play.

Finally, in the beginning of May, she played in the Nomads Gauteng Junior Championships and The Pro Shop Gauteng Open Championship at Johannesburg Country Club, shooting rounds of 73, 69 and 74 to finish fourth in the juniors and fifth in the opens.

QUIX
DIRECTOR OF SPORT

CROSS-COUNTRY



Jenna

Jenna has been running in the weekly cross-country meetings, held at venues in and around Johannesburg. She has run consistently well, always finishing in the top few placings. She has been selected to run for the Northern Districts team at St Stithians this Friday. Sadly, a knee injury may preclude her from participating in this event.

QUIX
DIRECTOR OF SPORT

ROWING



Four St Mary's rowers: Caitlin, Helen, Sarah and Catherinechrome have been selected to represent South Africa at the Junior World Rowing Championship taking place in Tokyo, Japan.

PAIGE CROOKS
ROWING COACH

IMPORTANT NOTICES



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EVERY SWIPE COUNTS



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EVERY SWIPE COUNTS



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St Mary's Foundation



Transforming our schools
Conversations with Bongani Bingwa
A panel discussion with St John's College, Sacred Heart College, Crawford Schools, Jeppe High School for Boys and St Mary's School

SAVE the DATE
Thursday 27 June
18h00
at St Mary's School

The HOPE Committee
Hearing Other People's Experiences
A sub-committee of the PTA to encourage parent conversations around diversity
hope@stmary.co.za



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MUSE MORNING ALL PARENTS WELCOME

Date: Tuesday 28 May

Time: 07h15 to 08h30 Refreshments served from 07h15 for a prompt start at 07h30

Venue: Seminar room

Topic: "Talking to Your Child About Sex – A Developmental Approach"

Speaker: Jessie-Anne Bird – Educational Psychologist

RSVP: Lysay Young Lysay.young@stmary.co.za

Jessie-Anne is an educational psychologist with a history of working in both mental health-care and education. Her practice is based at The Children's Therapy Centre in the Petervale/Bryanston area. She works with children, adolescents, individuals, and families with the aim of improving psychological, emotional, and educational functioning. She is also strongly invested in increasing access to mental health-care in South Africa and does so through work with the Johannesburg Parent

and Child Counselling Centre, and as a member of the executive committee of the Educational Psychology Association of South Africa.

Jessie-Anne believes that the best way to support a child's growth and development is through the involvement of the parents. She therefore works closely with parents and caregivers, and offers sessions dedicated to assisting parents with developing strategies related to discipline, schooling, motivation, emotional support, as well as other concerns.

Jessie-Anne's services are diverse: she offers psycho-educational assessment, individual play therapy for younger children, psychotherapy for older children, parent guidance and counselling, workshops and training. She is often asked to take part in talks on radio and television.

Jessie-Anne acknowledges that talking to your kid about sex can be daunting and her presentation "Talking to Your Child About Sex – A Developmental Approach" will explore how and when the right time is to talk to your child about sex.

