



The head girls elect for 2024: Sophia Babaya (deputy head), Nalenhle Mbatha (head girl), Chloé Mocke (deputy head)

FROM THE HEAD'S DESK

Student leadership is in the news at St Mary's. In the past week, the focus has been on the announcement of the head girl and the deputy head girls of 2024. I extend my congratulations to Nalenhle Mbatha, head girl, and Sophia Babaya and Chloé Mocke, deputy head girls.

Next week, will see the election and appointment of the other leadership positions. Dr Huysamer has written an article in this newsletter that outlines our school's approach to student leadership and the process of leadership development, which culminates in election and/or appointment.

The leadership programme is based on current thinking about leadership, on trends in girls' education and on the ethos and values of our school. It has evolved over time and serves our school well. From Form III, the girls are exposed to aspects of leadership, and they are given the chance to think about what leadership means, together with opportunities to serve their peers and the school in different capacities. The outcome is an awareness of the behaviour and skills associated with leadership.

When reading the applications of all the candidates, these lines from one of the submissions made an impression on me, as they revealed an understanding of student leadership that had been gained on the programme, "Being selected as head girl would allow me to extend my service to the school as an ambassador, a leader and an example for future student leaders. I am confident that my love for the school, my respect and regard for my teachers and peers and the skills instilled in me throughout my years in this loving community will support and encourage me to excel."

I am looking forward to these leaders building on the work of Danika, Mosa and Natalie, and the class of 2023.

FROM THE CHAPLAIN

Taking time out of daily school routines to celebrate Mandela Day is an opportunity to inculcate the values we stand for as a school. This act is to shift focus from the self to the community. While we endeavour to make service to the school, family and community a part of our daily life, setting aside time to participate in acts of service on Mandela Day reminds us to be deliberate in our actions. It is us renewing our commitment to our values of love, community and integrity.



As it is stated in our statement on our Christian identity and ethos: The overall development of each girl will be based on the values and virtues of the school's Christian tradition, summed up in the first two biblical commandments: to love God and to love one's neighbour. These commandments encompass the values of truth, justice, service, duty, respect, trust and forgiveness (Statement on the Christian identity and ethos of St Mary's, #13).

Our school's values remind us that the Christian faith is not an escape from earthly life. Instead, we have a duty to our neighbour and God.

Chief Albert Luthuli beautifully expresses the importance of schools living their Christian faith in his biography *Let my people go*, where he writes:

Adams (College) taught me what Edendale did not, that I had to do something about being a Christian and that this something must identify me with my neighbour, not dissociate me from him. Adams taught me more. It inculcated, by example rather than precept, a specifically Christian mode of going about work in society, and I had frequent reason to be grateful for this later in life (Luthuli 2006).

REV. RAKGADI KHOBO
CHAPLAIN

MEET THE LIFE SCIENCES DEPARTMENTS



Nozuko Hans
HoD: Life Sciences
BSc Hons (Fort Hare), HDE,
ABET Dip (UNISA)



Michael Harvey
BSc, PGCE (Stellenbosch)



Carmen Els
BSc (UP), PGCE (UNISA)

FROM THE LEADERSHIP PROGRAMME

As of the beginning of July, we began the leadership journey for the Form III cohort of students. Each student is invited to participate in the leadership programme, where successful completion will earn them recognition as a leader in their matric year.

The leadership programme runs for a year, from half-term in Form III to half-term in Form IV. Each student is required to complete three cycles of activities which includes participation in both sports and cultural activities. Additionally, they are expected to take on a leadership service portfolio and complete a written task on leadership, curated per cycle.

Upon successfully completing the leadership programme, students are then eligible to put themselves forward for leadership positions in Form IV. Following this, leaders are either elected or selected for each position. Those who are successful in their application will serve as leaders elect during Term III of their Form IV year.

In January on the first day of a Form V students' year, we induct our leaders in a formal ceremony. All matric parents are invited to this ceremony which forms one of the many rights of passage within the final year of school. Once inducted, each student will then serve in their respective leadership positions for the duration of their matric year.

We extend our best wishes to our Form IV students as they embrace their new roles and responsibilities. May they be servant leaders who uphold our values of love, community and integrity.



Handing on the leadership baton from the matrics of 2023 to the matrics of 2024

CAROLYN HUYSAMER
HEAD OF STUDENT LIFE

FROM THE GIRLS COMMITTEE

Tackling period poverty

On Wednesday 19 July, the GIRLS committee organised a fund-raising project to help address period poverty at Dr Knak Primary School in Alexandra. This year, the GIRLS committee worked closely with The Pad Princess charity organisation. The Pad Princess is the flagship charity project of the non-governmental organisation, Kindness like Confetti, which aims to co-ordinate donations, partnerships and educational workshops that address period poverty. Through our connection with The Pad Princess, we have pledged to support Dr Knak Primary School in Alexandra by donating sanitary products to their Grade 6 and Grade 7 students. The mission is to "keep in girls in school".

Every St Mary's girl dressed in civvies and pledged a donation of R20 or more. The theme of the day was to dress in the colours of the South African flag.

The money raised will be used to create dignity menstruation kits which will be donated to the girls at Dr Knak Primary School. Each kit contains two pairs of period panties, three sustainable pads that can be washed and reused, a bottle of detergent and one bar of soap. Along with instructions on how to use the kit, there will also be information about personal hygiene and education around managing menstruation.

The GIRLS committee thought it was important that this fund-raising project coincided with Mandela Day, as it emphasises the importance of making a difference and helping others. As an all-girls school, we all realise how essential it is that every girl, no matter the income bracket of her family, should have access to resources and knowledge relating to menstruation. The issue of period poverty in South Africa is something that is of deep concern and as the GIRLS committee, we are committed to raising awareness and driving change around this issue.



ELLA STIPINOVICH
FORM IV

MANDELA DAY CELEBRATIONS

We extend our gratitude to all members of our community for your contributions towards Mandela Day. We started the day with a beautiful chapel service commemorating the role that Madiba played in our country; thank you Revd Rakgadi.

The matrices ran a bake sale and will donate the money raised to a charity of their choice. To those who helped at the various stations, thank you for all you did to assist in the smooth running of our 67 minutes. We managed to donate more than 50 toiletry packs, uniform and knitted blankets for Kids Haven Children's Home.

The Music department ended the day with a celebratory concert, a beautiful collaboration between the Junior and Senior School.



Scan this QR code to watch this video on the St Mary's Facebook page.



LYNN NORTHMORE
COMMUNITY SERVICE CONVENOR

FROM THE ENGLISH DEPARTMENT

2023 English Olympiad results

Bonze	Silver	Silver +	Gold	Diamond	Placings
Tayla Giles	Juhi Baboolal	Caitlin Kersten	Gabbi Craven	Tessa Dagut	Megan Kench 94 th
Georgina Grot	Emma Dippenaar	Agape Mhlanga	Megan Kench	Hayley Laithwaite	Rachael Mang'ana 91 st
Neha Hurgobin	Ava Economakis	Reitumetse Molapo	Kganya Kodisang	Francesca Lewitton	Catriona Pinnock 61 st
Sally-Louise Ingwe	Kyla Grobbelaar		Rachael Mang'ana	Danika Neuhoff	Anna Shaw 47 th
Maryam Khan	Victoria Kahwa		Catriona Pinnock		Danika Neuhoff 13 th
Mosa Mdlala	Thiya Kalan		Anna Shaw		Hayley Laithwaite 8 th
Milla Morse	Dimona wa Mukenyi				Tessa Dagut 4 th
Tswelelang Pitse					Francesca Lewitton 2 nd
Babalo Sinyangwe					
Kayla Smith					
Kiera-Leigh Yates					

LYNN KNOWLES
TEACHER INCHARGE

DEBATING NEWS



Francesca Lewitton (Form IV) is currently representing South Africa as part of the 2023 SA team at the World Schools' Debating Championships (WSDC) in Vietnam. South Africa ranked 21st in the preliminary rounds and are advancing to the next stage of the tournament. We are immensely proud of Francesca's achievement and wish her all the best in the rounds to come.

SIMON IDEMA TEACHER
IN CHARGE

FROM THE DANCE DEPARTMENT

The St Mary's dance team travelled to KwaZulu-Natal to compete in the SABOD regional qualifier from 21 - 23 July. This was the dancers' first tour and they had a successful action packed experience.



The hip hop group: 1st place



The contemporary group dance:
2nd place



Agape Mhlanga: jazz
and modern solo 3rd
place



Tshogofatso
Modise: show dance
solo 1st place



Khumo Mochela: show
dance solo 1st place,
Modern solo 3rd place



Venus Chow: hip hop
solo 1st place



Yanda Magudumana: hip hop
solo 1st place



Luyanda Mshengu:
jazz solo 2nd place

This was a SABOD event and a national dance festival, for all dance schools and dancers affiliated with SABOD (South African Body of Dance). The contestants competed for prizes and World Trial Circuit points. The girls worked tirelessly for months rehearsing their solos and group dances for this event.

CLAIRE van NIEKERK
TEACHER INCHARGE

FROM THE GEOGRAPHY DEPARTMENT

Making clean, drinkable water accessible to everyone within a 5km radius of St Mary's.

Maryam Khan (Form IV), Debbie Maswanganyi (Form IV) and Rachael Mang'ana (Form IV), represented St Mary's at the Endemic Science Expo on Saturday 21 July. While at the expo, they presented their solution to the problem of eColi and access to undrinkable water for everyone within a 5km radius of St Mary's. Maryam, Debbie and Rachael spent the past two months identifying an issue in their community, designing affordable solutions for this issue, constructing models for their solutions and testing their models. The girls made conclusions based on their experiments and research, and finally presenting these findings to the greater scientific community.

Their research question was: "How could all residences and businesses within a 5km radius of St Mary's Waverley have access to clean drinkable water" and their hypothesis was that; "Clean drinkable is accessible to all residents and businesses through the use of cost-effective filtration systems and education." In order to achieve this, they constructed both a sand, activated charcoal filter and a solar cooker.

The results of their experiments showed that their solar cooker was able to raise the temperature of a pot of water from 17°C to 40°C within six hours in the sun with an average winter temperature of 18°C. This would reduce the cost for residents in Waverley and Alexandra as they would only have to use electricity for the difference of 10°C needed for the optimal growing conditions for eColi to be destroyed, which are between 50°C - 70°C (www.who.int/news-room/fact-sheets/detail/e-coli)

The girls were able to present their results with efficiency, passion and confidence at the expo and are congratulated on their effort and phenomenal dedication to the improvement of the quality of life and living conditions of those in their community. They placed 1st out of 15 teams and were commended for being thorough and scientific throughout their project.



Soil profile models

The Form IV Geography students engaged in experiential learning over the past week, in which they were challenged to design and execute an accurate depiction of the typical soil profile found in sub-tropical climates. The students worked with recyclable materials where possible and were able to showcase the importance of the different soil horizons by creating a visual educational tool. This opportunity allowed them to work with content in a more engaging and active format, while asking them to visualise and represent content in such a way that anyone would understand it and be able to use it in their day-to-day lives.



JULIA PAHL
HEAD OF GEOGRAPHY

Form III Geography pupils play the Jelly Babies Population Game which helps them to understand the factors that affect population structure.



On Wednesday 26 July, The Close was transformed as the Form IIs constructed edible 3D islands from a designated contour map. This group exercise that has become a tradition in Geography, enables this component of the mapwork section to come alive. The islands, that the girls produced, were assessed on shape and interpretation of slopes and landforms, using an online rubric. We were delighted to host staff and pupils from Sizwile School for the Deaf in Soweto who were fascinated by the notion of contour cakes and assisted with the construction of them.



CINDY LEN
GEOGRAPHY TEACHER

FORM I AND II INDIGENOUS GAMES

As part of the cultural programme this year, the Form I and II girls have enjoyed participating in indigenous games. This has given us the opportunity to just "play" which is something we miss in a busy school day. The girls have played: Hopscotch, *Kgati*, *Diketo*, eggie and dodge ball, to mention a few. There is a competitive spirit amongst the girls and it is always fun to pit the skills of the Form Is against the Form IIs. We all, including the teachers, start the day invigorated as it's hard not to join in the fun.



NOKUTHULA MCHUNU
ISIZULU TEACHER

FROM THE MUSIC DEPARTMENT

The Music department presented a Senior School music concert on Monday 17 July for pianists and string players. We were treated to beautiful performances by the individual performers on piano, violin and cello. Additionally, the string ensemble played a lovely rendition of *Gabriel's Oboe* with solo violinist Elena Zlatkova. We look forward to another wonderful performance by our musicians in Term III.



EUGENE JOUBERT
HEAD OF PIANO STUDIES

On Monday 24 July, the Music department hosted a woodwind and brass concert. Senior School students learning the clarinet, flute, saxophone and trumpet played solos of varying degrees of difficulty from beginner through to intermediate and advanced level. The audience was also treated to a rousing klezmer ensemble led by Tessa Dagut, joined by her younger sister Amy on the cello and Rebecca Trickett. The flute and clarinet ensembles also performed beautifully, showcasing work that is rehearsed in the Senior orchestra rehearsals on Tuesday evenings throughout the year. The concert ended with a fun rendition of Herbie Hancock's *Cantaloupe Island* by The Saxpet Ensemble, our saxophone ensemble infused with a few trumpet players.

Well done to all the talented performers and their music teachers on a lovely concert, and thank you to Revd Rakgadi Khobo for allowing us to perform in the atmospheric chapel.



CERI MOELWYN-HUGHES
HEAD OF WOODWIND STUDIES

FROM THE POTTERY CLUB

The pottery girls have had a productive term. They have had fun working through the different processes of wedging, pinching, modelling, bisque firing and glazing to create their final product.

Olivia Smith (Form V) and Catriona Pinnock (Form V) worked together to create this Roman-inspired pot which they made as a gift to the Latin department. They included Latin inscriptions and references to some of the ancient myths. They were relieved that all the stages of pottery making went smoothly and are proud of the final result.



SASHA EHLERS
HEAD OF CULTURALS

FORM II Self-eSTEAM WEEK

Memories through Art: In the South African context

Driving question: How can the creation of art enhance our understanding and preservation of personal and collective memories in the South African context?

- In the "Memories through Art" project students will explore: The powerful intersection between art and memory.
- Ways in which artistic expression helps us understand personal memories and collective memories of communities, cultures, and historical events, focusing on South Africa.
- Actively engaging in creating artwork that captures and communicates memories, fostering a deeper appreciation for the role of art in preserving our shared human experiences.

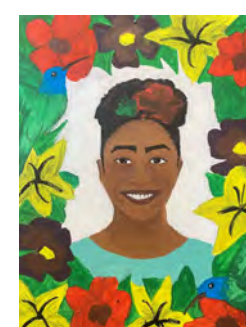
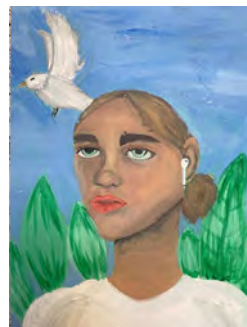
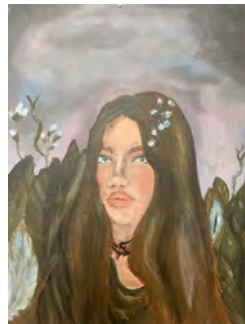


THE Self-eSTEAM team

FROM THE VISUAL ARTS DEPARTMENT

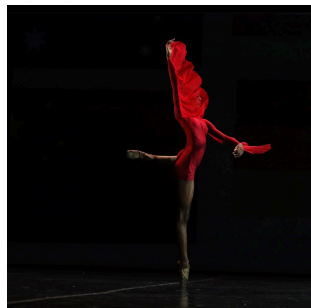
Frida Kahlo self-portraits

For their art practical examination, the Form II Visual Art students used elements of surrealism, symbolism and magic realism to create self portraits in the style of Frida Kahlo. The girls were tasked with paying homage to an artwork by Kahlo and had to make adjustments to the original so that the new self-portrait was meaningful to them as individuals. Through this process, the students learned accurate facial proportions, painting techniques and the history of Frida Kahlo's life as well as her lasting legacy on visual culture today.



DANIELLE MOWATTA AND KAOLIN THOMSON
VISUAL ARTS TEACHERS

BALLET NEWS



Zeinab Kone (Form III) attended the South African International Ballet Competition in Cape Town this week. Zeinab was only one of three South Africans who made it to the finals (the other four were from South Korea) and was awarded a 14 day scholarship to Berlin State Ballet School to attend academic and practical classes.

KATHY MITTENDORF
HEAD OF MARKETING

HOCKEY

The hockey season is winding down with most of our schools' teams finished with their matches for the year. The 1st team and the U16A are competing in the final round of the Howell and Pullen matches tomorrow and then participate in their respective Top Schools' Tournaments. The U14A will travel to Bloemfontein to the Rising Stars Tournament on Thursday 3 August. I would like to wish all three teams the best of luck for these national events.

Over the last few weeks, several touring teams from the United Kingdom have been in South Africa playing against various local schools.

The results from these fixtures are below:

St Mary's 1 st team v Wakefield:	2-2 draw
St Mary's 1 st team v Framlingham:	5-2 win
St Mary's 2 nd team v Framlingham:	3-0 win
St Mary's U16A v Sherborne:	2-0 win



The 1st team v Wakefield Girls' School



2nd team v Framlingham College

One of the most fiercely contested afternoons of hockey, inter-house, took place on Thursday 20 July. The event consists of a senior team, junior team and a social competition. The results from the afternoon are as follows:

Senior team:

- 1) Phelps
- 2) Furse
- 3) Clayton and Karney

Junior team:

- 1) Clayton
- 2) Phelps
- 3) Karney
- 4) Furse

Social hockey:

- 1) Karney
- 2) Furse
- 3) Clayton
- 4) Phelps



Senior team inter-house



Social inter-house

CINDY BROWN
HEAD OF HOCKEY

NETBALL

Netball international friendlies

St Mary's netball had the opportunity of playing two schools from the United Kingdom, Wakefield Girls High School and Sherborne Girls School. On Wednesday 12 July, Wakefield Girls High School visited us with two teams and played against our U17 A and our 1st team. Then on Wednesday 19 July, Sherborne Girls School played against our U15 A team. All matches were competitive; the visiting teams enjoyed our campus and the netball.

The results are as follows:

St Mary's U17 A	vs Wakefield Girls	31 - 19 to Wakefield Girls
St Mary's 1 st team	vs Wakefield Girls	24 - 18 to St Mary's
St Mary's U15 A	vs Sherborne Girls	31 - 18 to St Mary's



**Live
Love
Netball**

Inter-house netball

We had our annual inter-house netball matches on Tuesday 18 July. The girls had a fun-filled afternoon of netball.

SENIORS	Clayton	Elise	Karney	Phelps	Results
Clayton		10-11 0	4-7 0	3-13 0	0
Elise	11-10 3		5-8 0	8-11 0	3
Karney	7-4 3	8-5 3		4-14 0	6
Phelps	13-3 3	11-8 3	14-4 3		9

JUNIORS	Clayton	Elise	Karney	Phelps	Results
Clayton		1-13 0	2-7 0	1-5 0	0
Elise	13-1 3		11-9 3	10-3 3	9
Karney	7-2 3	9-11 0		7-3 3	6
Phelps	5-1 3	3-10 0	3-7 0		3

PALESA MASINGA
HEAD OF NETBALL

EQUESTRIAN

Jenna Blaauw (Form II), representing South Africa in the 2023 FEI vaulting world championships for young vaulters in Sweden. Good luck, Jenna!



Scan this QR code to watch the full video on the St Mary's Instagram page

MELANIE BLAIR
TEACHER IN CHARGE

TENNIS



Congratulations to Moroosi Tuoane (Form III) for her excellent results in the Gauteng Central and KwaZulu-Natal Super Eight Tournaments. Moroosi placed 6th in the U16 singles in the Gauteng Central tournament and 5th in the U16 singles in the KZN tournament. These are excellent results as all the top players in South Africa participate in these events.

RENE PLANT
HEAD OF TENNIS

RHYTHMIC GYMNASTICS

The senior gymnasts took part in the Gold Reef competition on Friday 14 July. Congratulations to one of the top achieving gymnasts, Naledi Diale.



Bontle Kganyago, Naledi Diale and Valentina Giuricich,
*Christine Mihigo in absentia

LINDA GIURICICH
HEAD OF RHYTHMIC GYM

SOCCER



Congratulations to Reese Egberink (Form II), who was invited to attend the Jarrad Ince (Manchester United Academy and JNS Football) clinic. Reese says the clinic was awesome, a brilliant experience and she learnt so much. She won a Manchester United shirt as a prize for scoring the most points in a day tournament!

QUIX
DIRECTOR OF SPORT

ST MARY'S COMEDY SHOW

The St Mary's HOPE committee and Parents' Association would like to invite you to our annual stand up comedy show. Proceeds from this event will be donated to the Ikusasa Lethu Programme.

**STAND UP
ST MARY'S
COMEDY SHOW**

25% Staff discount
Use the code
STMBRY'S

**6 TOP SA comedians
A Night of Hilarity
for Charity!**

Book tickets on:
Quicket
EXPERIENCE AWESOME
www.quicket.co.za

Thursday 21 Sept, 2023

The Edge Theatre, St Mary's Waverley

**Food Market: 17h30
Show Starts: 19h00**

St Mary's School
Waverley

Brought to you by
the HOPE committee and the Parent's Association, raising funds for Ikusasa Lethu **#NO10**

ST MARY'S GOLF DAY



ST MARY'S GOLF DAY

absa

St Mary's School
Waverley
Founded 1888

Date: Thursday 19 October 2023
 Price: R4200 per fourball, includes greenfees, halfway and dinner
 Parkview Golf Course: T-off from 11h30
 Donations of prizes will be most welcome, please email
lisa.grobbelaar@stmary.co.za
 Click [here](#) to book your fourball
 All proceeds to go to the St Mary's Foundation

HEALTH CORNER

Eight DOCTORS OF HEALTH:

- Nutrition: Eat lot of fruits and vegetables, our bodies are made out of cells, which recognise this food
- Exercise: Make sure you walk at least 30 minutes brisk walk as it strengthen your immune system and muscles
- Water: Wash your body once or twice a day to open up pores and promote blood circulation. Drink two - three litres of water. Our bodies consist almost 90 % of water
- Sunshine: Get lot of sunshine, it contains Vitamin D for the bones and growth
- Temperate: Self discipline
- Air: Breath in and out exercises and always open the windows when sleeping
- Rest: Enough rest and sleep are important, especially between 22h00 - 02h00. This allows the body to restore and rebuild itself. The room must be very dark.
- Trust in God: Always trust the divine power, healing comes from Him

ERIN BUYS AND THERESA PHOKONTSI
SCHOOL NURSES

IKUSASA LETHU

Ikusasa Lethu holiday programme

On Saturday 15 July, we started distributing Ikusasa Lethu uniforms to our learners. This marks a significant milestone for the programme as we have solidified our identity under the St Mary's umbrella. All Ikusasa Lethu learners (Grade 8 to 12) will wear a branded golf shirt and hoodie to identify them as part of our community.



ROBYN KNOWLES
HEAD OF IKUSASA LETHU

CLOTHES CUPBOARD

Second-hand clothes:

The Clothes Cupboard welcomes all second-hand school and sport clothes.

If anyone has second-hand school and/or sport clothing that are no longer being used, please drop them off at the door of the Clothes Cupboard. The St Mary's branded kit will be resold IF it is still in good condition. If it is not in good condition, we will send it to a charity in another province. All non-branded items such as socks, white shirts, shoes etc. we give to the St Mary's support staff.

There are three different options when bringing second-hand items to the Clothes Cupboard:

- If your child is still a present student and the clothes are simply a donation, the bags don't need to be marked.
- If your child is still a present student and you want credit in the shop, please mark the bags clearly with your daughter's name. We will then note everything down in our shop credit file. When next your daughter needs any items, you/she can ask for the credit received to be used.
- If your child has left the school or is leaving imminently, please mark the bags with your daughter's name AND your banking details very CLEARLY. We will then note everything down and our admin department will make a direct deposit into your account for the amount owing to you.

ROSE HALLENDORFF
CLOTHES CUPBOARD MANAGER

ED-ADMIN PARENT PORTAL

St Mary's uses a school management information system called Ed-Admin to distribute termly school reports and to provide parents with an opportunity to inspect and amend personal information recorded in our database.

Below, please find details as to how to access the Ed-Admin St Mary's parent portal:

- You will require a Parent ID whenever signing into the parent portal. If you are unsure of your Parent ID, please email portal@stmary.co.za, with both your and your daughter's names and surnames, for assistance.
- To access the St Mary's parent portal, please visit the school website on www.stmarysschool.co.za and click on the portal login on the top right of the page.
- Enter in your Parent ID and choose 'forgot password'. Please ensure that you enter the email address that St Mary's has on record and enter in the CAPTCHA code.
- You will then receive an email. Once received, click on the link in order to setup your password. Choose a secure password. You will then receive another email to confirm your password has been changed. You can now proceed to log into the portal.

If you experience problems logging into the secure portal, please contact portal@stmary.co.za.