



St Mary's School
Waverley
Founded 1888

SENIOR SCHOOL NEWS

1 FEBRUARY 2019



Tel: 011 531 1800 | smsenior@stmary.co.za | www.stmarysschool.co.za



Winners of the 2018 SA Schools' Boat Race and winners of 2019 Summer Splash gala – St Mary's, Waverley

FROM THE HEAD'S DESK

The school has marked the beginning of the school year with a number of services and ceremonies, including the leaders' induction, new girls' service and the matric prayer service. The celebration of these events is particularly special because of the shared commitment of teachers, girls and parents. The Summer Splash is also the first major annual sports event on our campus and it proved to be a festive community event for St Mary's. Tomorrow we shall celebrate the matric dance.

It is my hope that these *beginnings*, with their promise of hope, will encourage the girls to be bold and confident in their studies and in all that they do this year. Each one of our girls is unique and I encourage them to love themselves and to embrace their unique footprints with the joy expressed in this poem.

The Summer Day

Who made the world?

Who made the swan, and the black bear?

Who made the grasshopper?

This grasshopper, I mean –
the one who has flung herself out of the grass,
the one who is eating sugar out of my hand,

who is moving her jaws back and forth instead of up and down –
who is gazing around with her enormous and complicated eyes.

Now she lifts her pale forearms and thoroughly washes her face.

Now she snaps her wings open, and floats away.

I don't know exactly what a prayer is.

I do know how to pay attention, how to fall down

into the grass, how to kneel down in the grass,

how to be idle and blessed, how to stroll through the fields,

which is what I have been doing all day.

Tell me, what else should I have done?

Doesn't everything die at last, and too soon?

Tell me, what is it you plan to do

with your one wild and precious life?

– Mary Oliver

DEANNE KING
HEAD OF SCHOOL

NOTICE BOARD – PLEASE SEE PAGE 14 FOR ALL OUR
IMPORTANT NOTICES

FROM THE CHAPLAIN

The Angelus

As part of our Christian and Anglican ethos here at St Mary's, the chapel bell intones the Angelus daily, immediately after the second break bell rings. The girls observe the Angelus by pausing from what they are doing and spending a moment in prayer and reflection.

The Angelus bell tolls for three sets of three rings, each separated by a pause, and a final pause followed by a final set of nine rings. Its name is derived from Luke 1:30: "and the angel said to [Mary] ...", the opening words to the story of how the angel Gabriel told Mary she was to bear a child, and to name him Jesus. In general, therefore, the devotion that has come to be known as the "Hail Mary" is prayed during the ringing of the Angelus.

The Angelus, therefore, could be said to be a reminder of God Incarnate among us: a reminder to us to pause and give thanks for

the ways in which God has revealed God's self to us as we have gone about our days. As the chapel bell tolls, interrupting the business of our day, God's loving presence among us is reiterated – a God worthy of our pausing in awe.

Over time, however, the tradition that has evolved at St Mary's is that many girls choose to pray the Prayer for Africa, penned by the late Fr Trevor Huddleston during the ringing of the Angelus:

God bless Africa;
Guard her children;
Guide her leaders;
And give her peace, for Jesus Christ's sake.
Amen.

REVD CLAUDIA COUSTAS
CHAPLAIN

PARKING ETIQUETTE

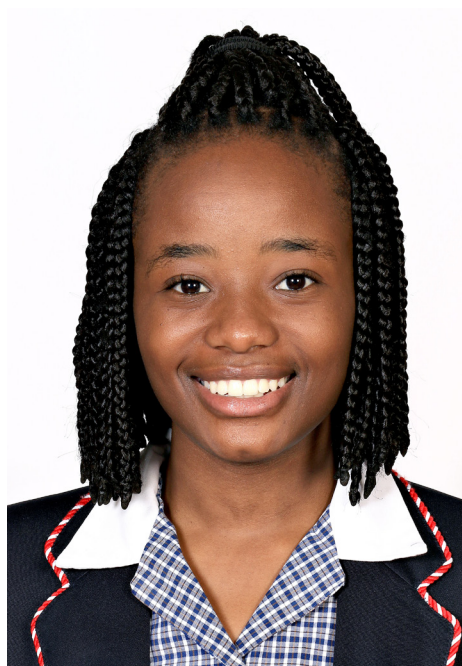
The school is aware of the traffic congestions and problems occurring in the stop-and-drop. Please can you adhere to the following instructions:

- Respect security personnel – they are doing their jobs
- Adhere to the "left-only" turn between 07h00 to 08h15 and 12h30 to 14h30

- Do not park in the allocated staff parking
- If you need to park, park on Waverley Field; otherwise please just "stop and drop/ pick-up"

The safety of your children is priority. The school requests your support and respect for these instructions.

ALLAN GRAY FELLOWSHIP



Katleho

Katleho, class of 2018, has been awarded a prestigious Allan Gray Fellowship. She achieved six distinctions in her final matriculation examinations (English, Afrikaans, Life Orientation, Mathematics, History and Drama). Her overall average was 85%.

The Fellowship covers full tuition, books, residence and a living allowance for an undergraduate degree at a South African university. Katleho is planning to go to the University of Witwatersrand to study Chemical Engineering.

This is the eighth consecutive year in which a pupil from St Mary's has been awarded the Allan Gray Fellowship.

HONOURS BLAZERS

Our congratulations are extended to the following girls on being awarded Honours blazers:

CULTURAL HONOURS BLAZER



Anqi

SPORTS HONOURS BLAZERS



Ruth, Caroline

ACADEMIC HONOURS BLAZERS



Back row: Nina, Ruth, Kiara, Angelique, Lukhanyiso

3rd row: Kate, Kelsey, Tayla, Jaeger, Paula

2nd row: Deminkha, Michaela, Hannah, Ruby, Amy, Hannah, Victoria, Caitlin

Front row: Caryn, Anthea, Emma, Kate, Emma, Lucy, Anqi, Isabelle

BOARDERS' CLOSED WEEKEND



The boarders' closed weekend took place over the weekend of 18 to 21 January. On Friday evening, the boarders had a movie night which ended in a "dance off". Saturday began with boot camp, followed by games and competing for the house cup - which was won by Mitchell House. Sunday commenced with a spiritual Eucharist, followed by a delicious breakfast. All the girls in boarding had a wonderful weekend.

FORM I CAMP



All aboard the zip line express



The tunnel of terror



Teamwork and friendships



Getting down and dirty in the mudstACLE course

Last week, the Form Is concluded their orientation programme with a four-day team-building exercise at Konka Camp. Spirits were high and the girls participated enthusiastically in all the challenges. Highlights included the much-anticipated mudstACLE course and the hotly contested potjie competition. One of the winning groups, the feminist X-Women, used a glug of Coca-Cola as their secret ingredient. Snack time proved to be a treat, with offerings of freshly baked chocolate muffins, trays of tempting biscuit assortments and wedges of cool watermelon. With temperatures soaring to 37 degrees, the monster-sized pool provided welcome relief.

The focus of the activities was on the importance of trust and communication. This enabled disparate groups of girls to become a united Form I cohort. Many thanks go to Mrs Milasinovich, Ms Mohapi, Mrs Wilford and Mrs Rawlings, who accompanied us on camp. The bonding time between each house and tutor was valuable.

BELINDA WILLIAMS AND TESSA
FORM I CO-ORDINATOR AND FORM I STUDENT

INTERNATIONAL INSTITUTIONS VISITING ST MARY'S

Tertiary institutions from around the world are, increasingly, making a point of including St Mary's in their respective recruitment schedules. We are privileged that so many leading institutions make personal visits and we have found that the most opportune time to accommodate these requests is during second breaks, 12h25 to 12h55, in the library.

These school visits provide interested girls with an opportunity to engage directly with the admissions officers to learn about entrance requirements, application processes, courses and student life in a variety of countries. As notice of these prospective visits is received, details will be posted on the St Mary's App: School Notices, Senior School, scroll down to BEYOND MATRIC and then look under International Study:

- Thursday 7 February 12h25 to 12h55: Trinity College, Dublin and Edinburgh university admissions officers

- Tuesday 12 February 12h25 to 12h55: Calgary University, Canada
- Thursday 14 February 12h25 to 12h55: University of British Columbia (UBC), Vancouver, Canada

Admissions officers will be available in our library, and interested girls and parents are welcome to meet them at the above times. Queries: lynn.moony@stmary.co.za

In addition, Edinburgh University will be hosting an information session on Saturday 9 February in Rosebank. More information, including on how to register can be found at <https://edin.ac/2Fnfv80>.

LYNN MOONY
CAREER COUNSELLOR

FROM THE FOUNDATION



We are delighted to announce that Lisa Grobbelaar has been appointed as the St Mary's Foundation manager. Lisa is a professional with more than 25 years' experience. She spent over five years working as a business consultant for Anderson Consulting (now Accenture), primarily in the financial service industry. Following that, she worked in various roles for Rand Merchant Bank for more than 15 years, focusing mostly on transformation programmes. For the past six years, she has focused her efforts on development programmes for various charitable organisations including Third Thursday and Surgeons for Little Lives, as well as working for the Foundation and PTA. Lisa is married with two daughters at St Mary's.

2019 SRC REPS



The Form I SRC reps will be elected after half-term.

HOUSE	FORM	SRC REP	HOUSE	FORM	SRC REP
Clayton	I		Karney	I	
	II	Folosade Adebule		II	Nyakallo Kodisang
	III	Lara Stipinovich		III	Kudzai Chitate
	IV	Helen Moore		IV	Angela Varghese
	V	Catherine Smith		V	Ofentse Ratlhagane
Furse	I		Phelps	I	
	II	Danielle Grobbelaar		II	Mahlatse Chocho
	III	Siphokazi Ndlovu		III	Siphosethu Mnguni
	IV	Isabella Teixeira		IV	Emma Craig
	V	Kara van der Westhuizen		V	Gabriella Sabio

FROM THE MUSIC DEPARTMENT

The piano department ended 2018 on a high note with piano concerts on 1 and 15 November. All the pupils played brilliantly, and enjoyed sharing their joy of music-making with their families and friends. We shall be continuing in this spirit with our first concert later in the term. Any young pianists not taking lessons at school are

welcome to join us for these performances. They may contact me via email to confirm their participation (eugene.joubert@stmary.co.za).

EUGENE JOUBERT
HEAD OF PIANO STUDIES



Samantha



Junior piano students and teachers

FROM THE MUSIC DEPARTMENT

MUSIC NEWS

Congratulations to the following girls who passed their music examinations in Term III of last year:

TRINITY COLLEGE PRACTICAL EXAMINATIONS			
ROCK and POP			
Zion	Vocals	7	Pass
Julia	Vocals	6	Pass
Tannah	Vocals	5	Merit
Caitlin	Vocals	5	Merit
Hailey	Vocals	5	Merit
Samantha	Vocals	4	Distinction
Gabriella	Vocals	3	Distinction
Alexandra	Vocals	2	Distinction
TRINITY COLLEGE PRACTICAL EXAMINATIONS			
Danika	Piano	2	Merit
ABRSM THEORY EXAMINATION			
Emma	Theory	5	Distinction
Samantha	Theory	5	Distinction
Megan	Theory	5	Merit
ABRSM THEORY EXAMINATION			
Pass	60%		
Merit	75%		
Distinction	87%		
ROCKSCHOOL			
0%-59%	Fail		
60%-73%	Pass		
74%-89%	Merit		
90%+	Distinction		

DUDLEY TROLLOPE
DIRECTOR OF MUSIC

KHANYISILE MTHETWA JOINS THE ST MARY'S MUSIC DEPARTMENT

The Music department is extremely excited to welcome South African award-winning flautist and music teacher Khanyisile Mthetwa to our teaching staff this year. Mthetwa hails from Soweto and is one of South Africa's leading new generation of young artists. She has performed at the Royal Festival Hall and Southbank Centre in London, as well as in numerous venues and festivals around South Africa. She regularly performs with the Johannesburg Festival Orchestra and Free State Symphony Orchestra, and is currently co-principal of the

Johannesburg Philharmonic Orchestra. She also teaches flute at St Katharine's and Wits University.

Mthetwa became a fellow of Trinity College of London in 2017. In 2018 she and pianist Peter Cartwright were awarded a coveted Standard Bank Ovation Award for their performances at the National Arts Festival. She has also recently been awarded the prestigious Myrna Brown International Scholarship offered by the National Flute

Association of America (NFA). She will attend the convention in Salt Lake City this August, where she will perform music by South African composers Clare Loveday, Musa Duke Nkuna, Conrad Asman and Hendrik Hofmeyr. "Attending the NFA Convention means a lot for my career," she explains, "as I shall be performing at the premier flute event in the world. I shall also be featured in the Flutist Quarterly magazine about my experience there." Mthetwa is thrilled to be preparing a programme of South African composers at this event: "I hope to make South African music more widely recognised. I also hope to learn all the newest trends in the flute world and share that knowledge not only in South Africa, but with the rest of Africa as well."



Khanyisile Mthetwa

Listen out for Mthetwa, who is frequently heard on Classic FM. If your daughter has been considering taking up the flute, Mthetwa still has some spaces for students, so now is the time to start! Any girls interested may obtain a music lesson application form from Mrs Troy Stead in The Edge. Alternatively email her to request this form at troy.stead@stmary.co.za.

CERI MOELWYN-HUGHES
HEAD OF WOODWIND STUDIES

FROM THE SPORTS DEPARTMENT



ROWING



Boat Race Squad

1st crew moving round bow side corner in the heads race

Getting the chance to participate in the SA Schools' 2018 Boat Race was an absolute privilege. It was an experience that the six of us will treasure.

We trained thoroughly to ensure that we were prepared for the 4km race on the Kowie River. As a squad, along with our second crew, we pushed one other to train at a level that would prepare both boats for anything. With our coach and the support of our club, on 9 December 2018, our crew joined the St Mary's legacy and succeeded in our fifth consecutive win.

BOAT RACE SQUAD

Sarah (stroke), Helen (3), Catherine (2),
Harriet (bow), Caitlin (cox), Emma (reserve)

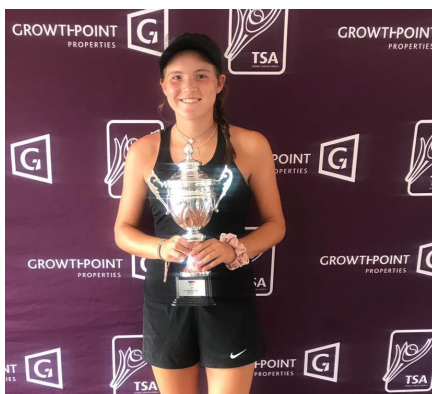


View from the bridge

TENNIS



New Form I players who participated in the Gauteng trials



Sarah



Imaan

The tennis season is in full swing and the practice sessions have been well attended despite the searing heat on the courts. I welcome all the new Form I tennis players. I am pleased that many of the players have entered the senior (Forms III, IV and V) and junior (Forms I and II) school championships.

The first league matches started on 29, January and the season ends with the A and B inter-high on Saturday 2 March.

Many of the St Mary's players participated in the Gauteng U19 and U15 trials over the weekend of 19 and 20 January, and fared exceptionally well. Well done to all the players who participated in these trials.

Our number one player, Tamsin, travelled to Australia, hoping to participate in the qualifying for the junior Australian Open, but missed the cut-off by three places. Instead, Tamsin managed to watch many of the top female and male tennis players participating in the Australian Open.

Our congratulations are extended to Sarah on her outstanding results in the past few weeks. Sarah won the U16 singles title at the Eastern Province Growthpoint Tournament, beating some players ranked in the top 10 in South Africa. Sarah followed this up with another U16 singles title at the Free State mini-series in Bloemfontein, where she also won

the doubles title. We hope this is the beginning of many more singles titles for Sarah! Keep up the good work.

A new Form I pupil, Lilitha, placed fifth in the U14 singles event in the Eastern Province Growthpoint Tournament, and was a runner-up in the doubles.

Well done to Annika, who placed sixth in the U16 singles of the Eastern Province Growthpoint event, and to Nina, who also fared well in the recent tournaments. Keep up the enthusiasm, dedication and hard work.

One of St Mary's past pupils and 2016 captain of the tennis team, Imaan, has been chosen to represent the South African women's tennis team at the Fed Cup, which will be held in Luxembourg from 5 to 9 February. This is a great honour for Imaan, who is currently playing in the number one position for Youngstown State University.

Good luck to all the players. I hope you have a smashing tennis season.

RENÉ PLANT
HEAD OF TENNIS

INDOOR HOCKEY



Kristin and Josephine

Congratulations to Kristin and Josephine, who have been selected for the All Star Africa A and B teams respectively.

They shall tour Germany and The Netherlands in January 2020.

Well done, girls!

QUIX
HEAD OF SPORT

WATER POLO



Courtney



Abigail



Siphosethu



Summer Splash

The St Mary's water polo girls were busy over the December holidays, with more than 25 St Mary's water polo girls competing for their respective Gauteng age group teams at the SA Schools' Water Polo Tournament in East London.

Players Paige Bonatz and Abigail reached the finals in their age group teams and won silver medals. Players Nicola and Hannah won gold with their U16A team.

St Mary's Old Girl Courtney (class of 2018) played in the U18 Gauteng team that won gold for the fifth consecutive year.

Abigail has been selected for the U16 South African water polo team that will compete in the CANA Zone IV Water Polo Tournament, which will be hosted in Namibia from 16 to 20 February.

The St Mary's U16 and U15 teams participated in the St Mary's Summer Splash Water Polo Tournament. The U16 team placed second in their pool and faced Roedean in their semi-final. The match was exciting, with a 2-2 score going into the fourth quarter. Unfortunately, the game ended 4-2 to Roedean. The U16 team made it to the top four, but were unable to play their bronze medal match owing to weather constraints. The U15 team beat both the Pretoria Girls' High School and Parktown Girls' High School U16 teams.

The 1st team will be playing for fifth place at the Old Mutual Prestige Cup finals, taking place on Saturday 16 February.

KELSEY WHITE
HEAD OF WATER POLO

SQUASH

On 19 January, to begin the season, we held a squash camp.

The juniors attended the session from 09h00 to 12h00 and the seniors from 12h00 to 15h00. Devan Hendrikse (SA no. 5 and captain of Gauteng Senior A team) produced a fantastic event, giving the girls much to think about in the game of squash.

We also had St Mary's Old Girl Tayla Diepenbroek (class of 2014 and Gauteng Senior C team) attend, and assist the girls on and off the courts. The girls enjoyed the sessions.

St Mary's squash girls played their first match of the season on Friday 25 January. Well done on achieving excellent wins all round. We congratulate the U14 A/B team, who did exceptionally well on winning their first league match ever. Keep up the fantastic effort.

U14 A/B - St Mary's beat Northcliff High 14-1
U15 A - St Mary's beat Northcliff High 14-0
U16 A - St Mary's beat Northcliff High 14-1
U16 B - St Mary's beat Northcliff High 14-0
U16 C - St Mary's beat KD Linksfield 14-1

SQUASH

U16 A - St Mary's beat Northcliff High 14-1
 U16 B - St Mary's beat Northcliff High 14-0
 U16 C - St Mary's beat KD Linksfild 14-1
 U19 A - St Mary's beat St Andrew's 14-0
 U19 B - St Mary's beat Parktown Girls' 13-5

U19 C - St Mary's C beat Parktown Girls' 14-0
 U19 D - St Mary's beat McAuley House 14-0

JENNIFER FOX
 HEAD OF SQUASH



SWIMMING



Emma

Emma swam two galas during December. At the Central Gauteng Championships she achieved the following:

- 1st 50m backstroke
- 2nd 50m butterfly, 100m backstroke and 50m, 100m and 200m freestyle

She was then selected to swim four events for the Gauteng Schools' team in the South African Schools' gala in December.

Emma achieved:

- Gold in the 100m freestyle
- Silver in the 100m backstroke
- Bronze for the 200m freestyle
- Gold in the 4 x 50m freestyle and the 4 x 50m medley relay teams

Congratulations, Emma.

Many thanks to our awesome swimming coach, Mrs Michelle Zumpt, who made herself available to coach from 3 January and give those girls who were in Johannesburg a head start to the season. Well done to the many girls who were able to attend.

We have begun the term with scorching weather, which has made the water temperature very warm. We welcome all the new Form I girls who have joined us, and hope that you are going to enjoy your season and swim throughout your Senior School careers. The season is already under way, with our hosting the first gala two weeks ago. It was a good start for us as the two St Mary's teams dominated the afternoon. Last week, owing to lightning, the gala at Roedean was cancelled before a single race was swum.



Matrics and Formies at the first early morning session



Nokukhanya



Naimh



Courtney

On Saturday we hosted our annual Sumer Splash gala. It was a wonderful day and we thank our parent committee for the refreshments. The gala was very tight, with the final score eventually going our way. Perhaps more pleasing than the win from our A team was the improvement from our B team. They ended in sixth place, which is their best finish ever. Congratulations to St Stithians for winning the diving and Roedean for winning the water polo. The final results from the gala are as follows:

St Mary's A	311
St Stithians	304.5

St Andrew's	257
Holy Rosary	192
Kingsmead	159.5
St Mary's B	149.5
Brescia	148
St Mary's DSG Pretoria	136
Roedean	132.5
Parktown and APPS	132

QUIX
HEAD OF SPORT

DIVING



Tannah



Kerry-Leigh

St Mary's hosted the annual Summer Splash diving competition over the weekend. The afternoon was enjoyed by everyone, from the spectators to the divers. Summer Splash encompasses good sportsmanship, competition and making new friends. This was evident throughout the competition.

Despite severe thunderstorm warnings the competition was a

success, finishing shortly before the predicted storms. The standard of diving was high, with some of the highest final scores we have seen. St Mary's had A and B teams competing, both of which performed to the best of their abilities.

I congratulate all the girls who participated on their fantastic results.

The final results of the competition are as follows:

1 st – St Stithians	145
2 nd – St Mary's A	134
3 rd – Kingsmead	98
4 th – St Andrew's	93
5 th – St Mary's B	92
6 th – Brescia	86
7 th – Roedean	68
8 th – Pretoria High School for Girls	58

9 th – St Dominic's	26
10 th – Parktown	24

We are also extremely proud of Tannah (Form II) and Kerry-Leigh (Form III), who have qualified for the national youth team competing in Norway, in April. Kerry-Leigh has also qualified to compete in Dresden, Germany. Good luck, girls!

KATE SHEPHERD
HEAD OF DIVING

AISJ BASKETBALL TOURNAMENT



1st basketball team with their coach

Two very excited St Mary's teams participated in the AISJ basketball tournament from 24 to 26 January.

The 1st team played in the very competitive "varsity section". The players adapted well to the demanding conditions by working together as a team and always giving of their best. They beat Waterford Kamhlaba and Crawford Sandton, but lost to a slick AISJ team.

Our tournament team consisted of a mix of players from different age groups, with the idea of providing the girls with an opportunity to play several matches and gain valuable experience at a high level. The

players combined well and worked incredibly hard against top junior teams. Although the results were not always favourable, the players learned many valuable lessons and showed great improvement during the competition.

Basketball is growing steadily at St Mary's. We are impressed with the commitment shown by the girls and we look forward to watching their progress in the future

TARYN DE WINNAAR
HEAD OF BASKETBALL

NOTICES

MUSE MORNING ALL PARENTS WELCOME

Date: Tuesday 19 February

Time: 07h15 to 08h30 – refreshments served from 07h15 for a prompt start at 07h30

Venue: Wantage auditorium

Topic: Conscious parenting

Speaker: Wayne Katz is a clinical psychologist practising at the Child and Family Centre in Parktown and consultant to FNB's Bank City Wellness Clinic

RSVP: lynn.moony@stmary.co.za

MOMS' BIBLE STUDY

"Be strong! Be brave! Be real!"

What does God say about the real struggles and honest questions women ask? What if we feel weak, scared, worn out or defeated? This term we are looking at how personal struggles can shape us to live lives that are strong, brave and real, according to God's design, not our own.

All moms are welcome to join us for Bible study and coffee to unpack scripture, pray together and enjoy supportive friendships.

When: Every Monday morning 07h15 to 08h15

Where: The physio room (under the stairs in the Pitt block)

Phone Rosie Moore for further information on 082 414 1762 or email mooreroosemary534@gmail.com. We would love you to join us!

CONNECTED URBAN DANCE: BY THE GIRLS, FOR THE GIRLS

Join us on Wednesday 20 February at 18h00 in The Edge for an outstanding showcase titled *Connected: By the Girls, for the Girls*. The night will be a display of a myriad of work performed by young women, both in the St Mary's community and outside.

This collaboration relies on dance and the spoken word to express themselves.

A packet of sanitary pads will get you entry to the event. These will be donated to young women who are unable to afford, or have access to, this necessity.

Keep a look out for further information on the St Mary's School App, and remember to stay "connected".

MYSCHOOL CARD



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MySchool MyVillage MyPlanet supporters we need YOU!
Help our school win a share of R10 000 in Loot.co.za vouchers.
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Ts and Cs apply

If you do not yet have a MySchool Card or need a replacement card, please contact Cindy Jackman via cellphone at 082 852 2997. We would so appreciate either the Foundation or St Mary's School being the beneficiary of your MySchool card.