



The winter uniform returns

FROM THE JUNIOR SCHOOL HEAD'S DESK

The Grade 4s have put their first offsite school camp behind them while the Grade 6s prepare to write their first set of formal assessments; Little Saints is gearing up for their sports day while the Junior Primary is confirming final arrangements for our annual PA fun day; all the children and staff are looking forward to celebrating the school's 135th birthday on Patronal Day.

The daily demands of being on campus, remembering which uniform to wear, what kit to pack, where you need to be and for how long are real, and we need to support our children and each other as we get back into familiar routines. Routines that, despite our best laid plans, are disrupted by unpredictable weather, loadshedding and ordinary misunderstandings.

Some reminders, then, from me and the teachers as we settle down to the winter term: first, all the girls from Grades 1 to 7 are required to wear their full school uniform on the days they attend chapel and assembly. While the girls in the Junior Primary, especially the Grade 1s, wrestle with the generous proportions of their garments and unruly ties and collars, the fit of skirts and blazers in the Senior Primary tends towards the opposite: short and snug. Please remember that there is a good selection of second-hand uniforms at the Clothes Cupboard should you need to replace items that your daughter has outgrown in the year.

The girls need to feel comfortable and secure on campus. Your help in getting them to school punctually and fetching them promptly when their day ends is invaluable; confirming the day's schedule and discussing plans with them ahead of time gives them the reassurance they need to communicate confidently with their teachers. Unless the school contacts you, please resist the urge to bring items left at home by your daughter to campus: the staff will take care of the girls and guide them through oversights and mistakes they make as they learn to take responsibility for themselves. Our approach also ensures that girls with working parents or those families who live further away are not at a disadvantage; the girls' different access to resources does not inform our perceptions of them, their organisation, sense of duty or commitment to their school.

Our children need to eat and sleep well. On the whole, our girls bring enough nutritious food to sustain them through the day - supplementing from the tuck shop where they can! - but the outlook is less encouraging when we turn our attention to sleep. I think many of our girls are suffering from sleep deprivation. A few years ago, I listed some of the benefits of sleep researched in Matthew Walker's bestselling book on the topic (*Why We Sleep: The New Science of Sleep and Dreams*): sleep enriches our ability to learn, memorize, and make logical decisions and choices and it recalibrates our emotional brain circuits, allowing us to navigate social and psychological challenges; dreaming mollifies painful memories and gives us a virtual reality space in which the brain melds past and present knowledge, inspiring creativity. Not to mention what it does for our immune system. Then, as now, Walker's research pointed to our shared responsibility, not only to look after our daughters, but ourselves as well by modelling more sensible behaviour and breaking bad, wakeful habits.

There is a lot going on in our lives and in our children's lives; too much of it feels beyond our control. Communicating well with each other, helping where we can, and hearing each other out reminds us that we are in this together - and that this is our school.

SARAH WARNER
JUNIOR SCHOOL HEADMISTRESS

FROM THE CHAPLAIN

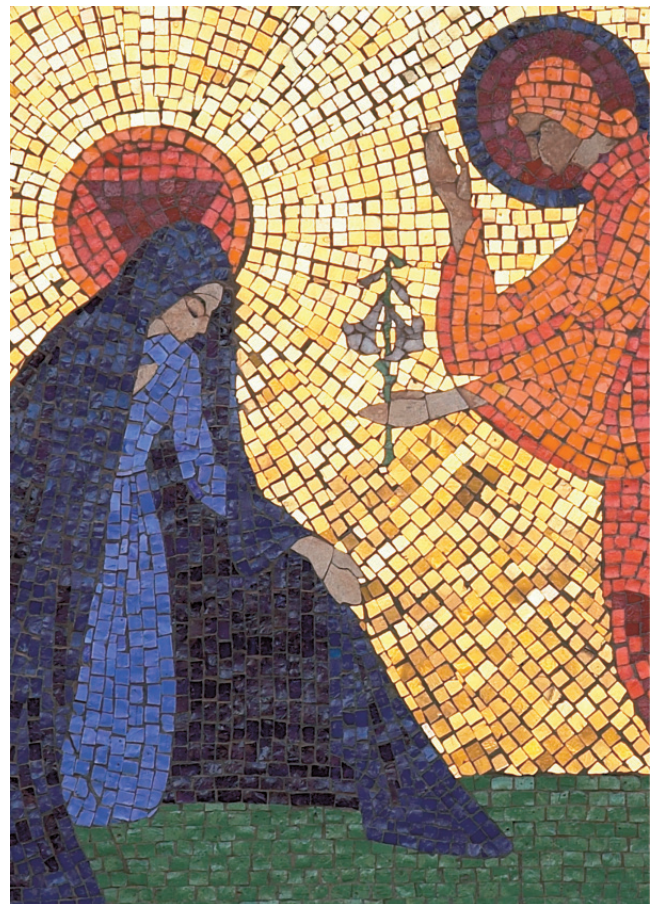
This week, we celebrate the feast of the Ascension, which commemorates the taking up of Jesus into heaven. This day is observed 40 days after Easter day. The Bible tells us what happened on that day in Acts 1:1-11. Growing up, I knew more about Elijah's chariot of fire than the Ascension of Jesus into heaven, but I needed to learn the biblical reference for the story. With this knowledge in hand, accepting the Ascension of Jesus into heaven was easier without asking too many questions. It's not that there were no questions because the story was in the Bible. It was like saying, sure, this is something people in the Bible do.

My learning about Elijah's chariot of fire, was through the Sesotho hymn, *Joko Ya hao*, in the last verse:

*Ho tla ba jwang ha ke siya
Kobo ena e bolang
Ke be jwaloka Elia
Ka koloing e fofang?
Ke tla opa
Ke tla opa ka diatla
Ke tla re Halleluya
Oh, ke tla re Halleluya
Halleluya ho senatla
Se nkenyang ho Jehova*

I later learned that the reference for Elijah's chariot of fire is 2 Kings 2:11. The story of Elijah's ascension into heaven alive and how it's told gives some insight into what happened at the Ascension of Jesus. Even though it does not explain it thoroughly, and maybe that's all we need to know for now.

REV. RAKGADI KHOBO
CHAPLAIN



LITTLE SAINTS NEWS

At Little Saints we have had a happy start to the term in the Atelier, where the children have continued their investigations into mark-making. Our investigations have extended into the ocean and sea creatures, making for exciting artworks.

ADÈLE OLDFIELD-SAMMONS
ATELIERISTA



GRADE 0 NEWS

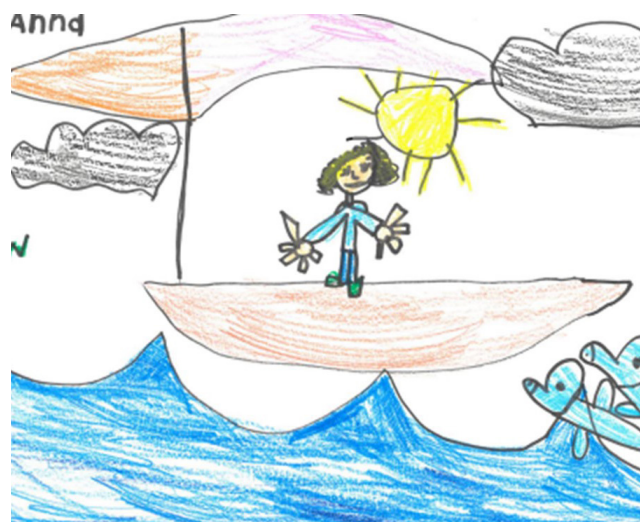
In Dr Warner's assembly, the girls were told of the news about Kirsten Neuschäfer who became the first woman to win the Golden Globe race. The girls were interested to find out how Kirsten travelled around the globe without the use of Google maps and Waze. Here are some of their thoughts.

Madison McKenzie	-	She had a compass on her boat.
Salma Kahn	-	She followed the sun.
Olivia Johnson	-	The wind because the wind directs things.
Kathryn Mavrodaris	-	The stars make constellations in the sky which she can follow.
Alexia Van Altena	-	The waves help her by making a line to lead the way.
Amelia De Villiers	-	The moon and the stars are bright which help her to see.

THE GRADE 0 TEAM



Abigail - I think the stars make arrows and they travel from arrow to arrow to make more arrows, to show her the way.



Anna - She is on the boat, there are dolphins with her. The sun is there too, helping her see which way is East and which way is West. The clouds are also there to help her.



HANNAH



JUNIOR PRIMARY ART NEWS

The Grade 0s have been learning about the artworks of Claude Monet in their Art lessons. They spent time in the Grade 0 garden observing and drawing the bridge, and later painted their artworks using Monet's Impressionist style of painting.



Alice Cilliers



Leru Moshoeshoe



Anna Crawford



Hannah Mackenzie

The Grade 1s began the term looking at the artworks of Henri Matisse and Pablo Picasso. Using these artworks as inspiration, the girls drew contour line drawings of each other. The trick was, they had to avoid lifting their hands to create a continuous line. They were also not allowed to look down at their paper. The result was an array of vibrant artworks and many giggles.

ADÈLE OLDFIELD-SAMMONS
ATELIERISTA



Ava Nana



Nolitha Koti



Shanaaia Siddiqui



Arika Mhlana

GRADE 2 NEWS

Magnificent Maths

M- More than and less than, number concepts are done daily.

A- Addition and subtraction, vertical sums we're learning.

T- Time for 'o clock, quarter past and half past.

H- Happy to learn about number patterns.

E- Every day we practise counting forwards and backwards in 2s, 3s, 4s, 5s and 10s!

M- Mixing operations in problem solving, we've just learnt a few.

A- Always ready to learn about 2D and 3D shapes.

T- Time for bonds to 15.

I- I love calculations, can you think of one?

C- Calculating using different strategies, how will you work out your sum?

S- Suddenly I feel like comparing numbers, see you soon again.

THE GRADE 2 TEAM

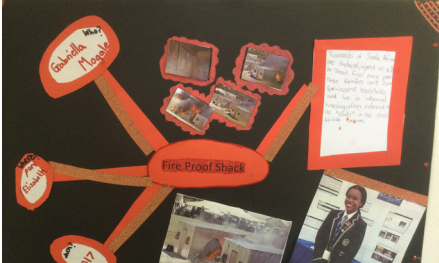


GRADE 3 NEWS

Inventions

The Grade 3s investigated and researched the top ten South African inventions. They created informative posters and shared their findings with their peers.

THE GRADE 3 TEAM



GRADE 4 OPPIBERG CAMP

The bus was filled with electric energy as the Grade 4s made their way to Oppiberg camp. The radio was not required as the girls belted out an array of popular tunes at the top of their lungs. Snacks were in continuous supply, the mixture of sugar and anticipation adding to the atmosphere of liveliness and cheer.

The energy did not waver as we reached the camp site. From the get-go, the Grade 4s embraced each activity with fervour and an upbeat spirit. Not even the somewhat challenging and steep hike could slow them down. The girls participated in numerous team-building activities, including: catching (and releasing) water creatures, creating art using raw materials from nature, and gliding gleefully down rocks. The girls were also treated to delicious food, a magnificent sunrise and they ended off camp on a high note - with a bonfire where they sang songs and shared their high and low points of the trip. The girls had used up all their fuel on camp, so the journey home was quiet - but they returned with happy hearts and full stomachs!



THE GRADE 4 TEAM

GRADE 4 OPPIBERG CAMP CONTINUED



FROM THE MUSIC DEPARTMENT

Choir camp

The Senior Choir camp began on an interesting note: the girls seemed to forget all about the choir part and were ready to jump straight into the camping. At exactly 14h00 on Friday, half the Senior Primary hall was covered in sleeping bags and blankets. By 14h30, all sleeping gear was packed onto the stage and the vocals were hard at work. The girls learnt two new songs (*One World*, *One Communion* and *Gloria*) in an afternoon, and after all that hard work, they still went on to perform spectacularly in the karaoke competition. On Saturday, we were joined by Mam' Nomvula Mehlomakhulu who taught the girls a new song in isiZulu titled, *Skhanda mayeza* and rehashed an old Sesotho favourite, *Skirilek*. All in all, it was a fabulous 22 hours filled with music!

We ended with a concert for the parents and went home feeling content, and a little tired.

The choir camp would not have been possible without the teachers who gave of their time to be there. A heartfelt thank you goes out to Mam' Sithebe, Mrs Richmond and Ms Panyane for assisting throughout the entire camp, we also thank Mrs Mokhutswane for coming to spend some time with us, Juffrou Grobbelaar for paying us a visit on both days and Dr Warner for remaining on call throughout the entire camp. We thank Mam' Mehlomakhulu and Mr Joubert for sharing their musical knowledge with us. We would also like to thank all the catering, cleaning and security staff who looked after us during the camp. And to Mr Potgieter, we say a huge thank you for all the work that he put in to organise the camp.

PALESA PANYANE
DRAMA TEACHER



ABRSM Examination Results

Congratulations to Annika Mehta who has excelled in her ABRSM Grade 3 examination.

Annika Mehta

Alto Saxophone

Grade 3 Merit



GEORGE POTGIETER
HoD: JUNIOR SCHOOL MUSIC

COMMUNITY SERVICE

A huge number of pre-loved books were donated to St Peter Claver School in Soweto. They are renovating and restocking their library and the generous help and support from our St Mary's community is much appreciated.

Our Lent collection of food items for Ikusasa Lethu was a great success. These items were packaged and handed over to the learners just before Easter. Thank you to our St Mary's families for your continuous support.

LINDA MAISHMAN
JUNIOR SCHOOL COMMUNITY SERVICE CO-ORDINATOR



Books donated to St Peter Claver School



Established in 1954

Fundraising No: 011 00330 002 + PBO Exemption No: 930 006 973 * Registration Certificate No: 001/252 NPO

18 April 2023

Ms Linda Maishman,
St. Mary's School,
Linda.maishman@stmary.co.za

Dear Linda,

We write to thank you and your learners for the donation of so many Easter eggs to our Charity, which were collected by Mandy Kibha from the Alexandra Clinic.

She was delighted to receive them and to be able to give them to their attending patients at this special time to celebrate the occasion. The children were so happy to be remembered and their joy was heart felt.

Please pass on our grateful thanks to whoever contributed to this gift for the little folk who are currently attending the Clinic either for treatment or to receive their medication.

We, in turn, were so pleased to be able to see the smiles of these little ones through the support and kindness of you and the St Mary's learners.

With kind regards

Heather Kent
BHCC Hospital & Clinic Outreach.



Chairperson: Cheryl Wagner 082 920 9638 email: bhccsouthafrica@gmail.com website: www.bhcc.org.za
Treasurer: Frankie Donaldson 082 349 9585 Secretary: Barbara Manning 082 901 4900



Ikusasa Lethu Lent collection

RHYTHMIC GYMNASTICS

Our competition season started on 6 May with a friendly competition at Brits Illusions. Level 1, Level 2 and Level 3 gymnasts competed winning five bronze, 18 silver and eight gold medals. Top scorers were Annabelle Benney and Emmy Roman in Level 1, Tisha Zibengwa and Liwalam Mpumlwana in Level 2 and Ava Molyneaux and Jade Landman in Level 3.

The 11th St Mary's Invitational was held on 13 May. The Grade 1s performed a ribbon routine in groups watched by a large crowd of spectators.

Top scorers

Grade 2s

Annabelle Benney, Amani Selamolela, Emmy Roman and Nala Moshoeshoe

Grade 3s

Charlotte Gorman, Mohau Mokhutswane, Liwalam Mpumlwana,

Frantzis Ngoma, Ariella Adiukwu, Zikora Egbunike and Sibusiswe Mulenga

Grade 4s

Lethabo Maponya, Naledi Sekete and Ava Molyneaux

Grade 6s

Emma Home, Kgalalelo Pitje and Laurel Kelly

Grade 7

Caelen Buchanan

Thank you to all the parents who assisted and supported this event. A special thanks to the Junior School rhythmic captain, Caelen Buchanan and her parents for all they did to ensure the success of the Invitational.

The level 1, Level 2 and Level 3s will compete in the Central Gauteng competition on 20 May.

LINDA GIURICICH
HEAD OF RHYTHMIC GYMNASTICS



Level 1 gymnasts at Brits Illusions

St Mary's Rhythmic Gymnastics Invitational 13 May

On Saturday 13 May, St Mary's hosted the 11th annual rhythmic gymnastics invitational with close to 250 girls from seven clubs across Gauteng competing. Our girls had lots of fun and they performed exceptionally well, winning bronze, silver and many gold medals.

Special thanks to Linda Giuricich for organising the whole event, and our coaches Keabetswe Sesing, Samu Dube, Linda Giuricich, Sara Feldman, Reece Williams, Lebone Tshetlo and Koketjo Mboweni for all their support. Thank you to the judges and a big shoutout to all the parents and other volunteers for being there for us and helping on the day.

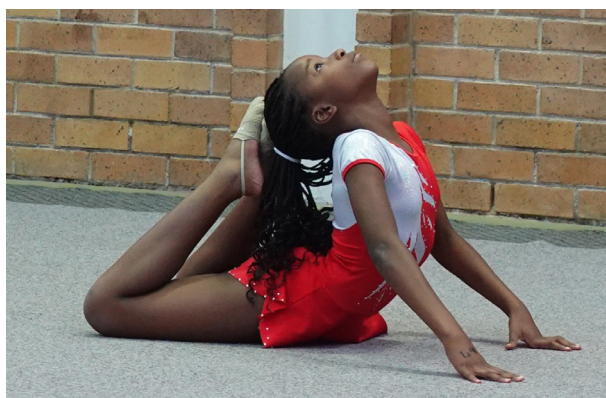
Ropes, ribbons, hoops and balls were expertly twirled and our gymnasts wowed the audience with their free dance moves! What a success! Well done!

CAELEN BUCHANAN
JUNIOR SCHOOL RHYTHMIC GYMNASTICS CAPTAIN

RHYTHMIC GYMNASTICS (CONTINUED)



Caelen Buchanan



Ayabongo Ndwande



Ava Molyneux

NETBALL

On Friday 11 May, the netball teams played against Holy Rosary and the results were as follows:

Grade 4A won 8-4
 Grade 4B won 5-3
 Grade 4C won 7-4
 Grade 4D won 6-2
 Grade 4E won 10-1
 Grade 4F vs Holy Rosary 4E won 12-2
 Grade 5A won 9-5
 Grade 5B won 5-4
 Grade 5C won 9-3
 Grade 5D lost 3-6
 Grade 5E won 5-0
 Grade 5F vs Holy Rosary 5E won 3-1
 Grade 6A won 12-3
 Grade 6B won 3-2
 Grade 6C won 6-0
 Grade 6D won 11-0
 Grade 6E won 5-0

Grade 6F vs Holy Rosary 6D won 5-1
 Grade 6G vs Holy Rosary 6E lost 4-5
 Grade 7A won 25-3
 Grade 7B won 15-2
 Grade 7C won 7-0
 Grade 7D won 6-1
 Grade 7E vs Holy Rosary 7C won 10-2
 Grade 7F vs Holy Rosary 7D won 8-7

On Saturday 12 May, the Grade 7A team participated in the St Andrew's U13 tournament. The girls had a shaky start losing 8-12 to Our Lady of Fatima. After a good team talk, the girls got back into their rhythm and won 21-3 against Reddam Bedfordview, 23-2 against Kingsmead, and 19-3 against St Mary's DSG Pretoria. In the cross-pool match, they played a tight game against Cornwall Hill and, unfortunately, lost by one point. The girls went on to play against Our Lady of Fatima in the finals for 3rd and 4th place and won 10-9. Well done to the team for placing 3rd overall.

ANTOINETTE MSHENGU
 HEAD OF SPORT: JUNIOR SCHOOL



Grade 7A netball team with their coaches

DIVING

In March, Olivia Coetzer and Mia Diana competed at the Central Gauteng Aquatics Championships and qualified to represent Gauteng in the U16 age group, at the South African Youth Games - which was held in Durban during the April holidays.

South African Nationals is a prestigious event that hosts the best divers in the country, including divers who have scholarships overseas and even a two-time Olympic diver. Moreover, it is a qualifier event for many of the South African international teams.

It is impressive that Olivia and Mia qualified for the U16 age group: not only are they both U13, but the U16 age group requires the girls to compete eight dives of varying difficulty.

Both Olivia and Mia competed on the 1m board and placed 6th and 7th in the final respectively.

We would like to congratulate them on this wonderful achievement.

KATE SHEPHERD
 HEAD OF DIVING

SWIMMING

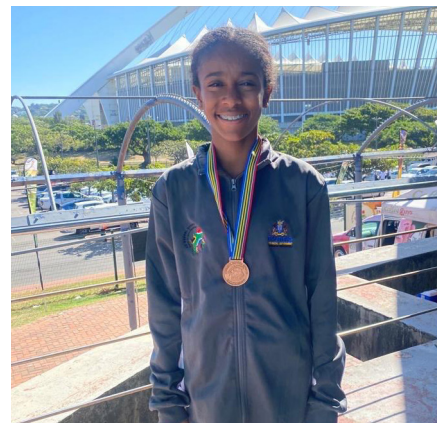
Fabulous swimming results by our captain Maya Mgcina

Maya was invited to participate in two different galas in KwaZulu-Natal in March and April: the South African Junior Nationals from 21 to 25 March and SA Schools from 21 to 23 April. She swam exceedingly well in both galas and we are very proud of her. In the SA Junior Nationals, Maya made the finals for both U12 50m and 100m Butterfly events.

In the SA Schools, Maya qualified for finals in all her races and she received a bronze medal for U13 50m Butterfly as well as a bronze medal for the 4x100 medley relay.

We congratulate Maya on her excellent results; we are very proud of her.

ROSE HALLENDORFF
HEAD OF JUNIOR SCHOOL SWIMMING



TENNIS

St Stithians Tennis Festival 30 March to 1 April

Congratulations to all the St Mary's tennis girls who participated in the St Stithians Tennis Festival held from Thursday 30 March to Saturday 1 April. All teams displayed a high standard of tennis and the festival was a huge success.

KAREN CORBETT
ASSISTANT TENNIS COACH



St Mary's A team



St Mary's B team



St Mary's C team

EQUESTRIAN

St Mary's equestrian team qualifier 2

In the last weekend of April, the St Mary's equestrian team pulled off another super qualifier with amazing results, even in the boiling hot weather! It was another fun day of smiles in the saddle. Congratulations on another successful event - the girls, horses and ponies all enjoyed a great day at Kyalami Park.

Five riders
Eight ponies/horses
27 classes entered
18 placings
Seven first places
Three second places

One third place
Three fourth places

We are excited to see you at the next qualifier which is only two weeks away. We welcome anyone (bring carrots) who would like to come and support the team. Speak to Taylor Prinsloo or Mia-Ann Terblanche for the details of the event. We would love to see you there.

MIA-ANN TERBLANCHE AND TAYLOR PRINSLOO
EQUESTRIAN CAPTAINS

EQUESTRIAN CONTINUED



WESTERN SHOPPE
SANESA Johannesburg Q2
29 - 30 April 2023
Astrid Blair riding Pegasus Agnes



WESTERN SHOPPE
SANESA Johannesburg Q2
29 - 30 April 2023
Taylor Prinsloo riding Tannenhof Bolero



WESTERN SHOPPE
SANESA Johannesburg Q2
29 - 30 April 2023
Mia-Ann Terblanche riding Wakkaberry



Lea Jackson and Franlaren Evonna



WESTERN SHOPPE
SANESA Johannesburg Q2
29 - 30 April 2023
Vivienne Chen riding Destalsmit La Mas Bonita

NOTICES

ST MARY'S LINKEDIN HANDLE



St Mary's School, Waverley

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Account name: St Mary's School, Waverley

The modern generation requires modern innovations. We are pleased to announce that St Mary's recently added to our digital presence. LinkedIn is a platform used by employers and employees, but it extends beyond the world of employment. LinkedIn allows for better connection between members within an organisation. St Mary's has created a LinkedIn profile in order to help notify Old Girls, parents, and prospective students of upcoming events and current achievements. We hope to help present students find job shadowing opportunities, and to help past students with job placements through this digital community. Our profile will allow students from every decade to keep in contact, along with validating the claimed qualities seen on student profiles. The benefits of this platform can be reaped by all members of the St Mary's community.

Connect to our LinkedIn page, and help us to paint the metaverse red.

LUCA BOTES

Form V (and champion of the St Mary's LinkedIn account)

MUSE MORNING

Please join us for our first Muse Morning for Term II:

Date: Tuesday 6 June

Time: 07h15 for a prompt start at 07h30

Venue: Seminar room in The Edge

RSVP: Lynsay.young@stmary.co.za

Topic

Friendship bombs and conflict situations: Advice for the bomb squad (AKA parents)

Speaker

Jo Hamilton - educational psychologist

Jo will share her rich understanding of 'what, why and how' girls handle power dynamics and conflict situations. She will address common trends relevant to all ages and give particular focus to empowering parents with insight and tools on how they can assist their daughters to manage these tricky experiences

Jo has sold over 2800 copies of her book, "The Ultimate Assertiveness Tool Box for Kids" and it will be on sale, at our Muse Morning, for a discounted price of R200.

Jo Hamilton is an experienced educational psychologist has been working with children, adolescents and adults for over 20 years. She is a passionate, warm and caring therapist who thinks deeply, listens carefully and who values the privilege of journeying with clients.

In addition to individual therapy, Jo offers parental guidance sessions and workshops at schools as well as running 'Assertiveness For Kids' groups.

Concurrent to private practice, Jo has worked in a variety of school settings as an employee or consultant. These experiences have given her an in-depth, pragmatic understanding of many of the emotional, social and educational challenges faced by children, parents and teachers.

ED-ADMIN PARENT PORTAL

St Mary's uses a school management information system called Ed-Admin to distribute termly school reports and to provide parents with an opportunity to inspect and amend personal information recorded in our database.

Below, please find details as to how to access this Ed-Admin St Mary's portal:

- You will require a Parent ID whenever signing into the parent portal. If you are unsure of your Parent ID, please email portal@stmary.co.za with both your and your daughter's names and surnames for assistance.
- To access the St Mary's portal, please click on the link below or visit the school website on www.stmarysschool.co.za and click on the portal login on the top right of the page. <https://stmarysw.ed-space.net/pparentportal.cfm>
- Enter in your Parent ID and choose forgot password. Please ensure that you enter the email address that St Mary's has on record and enter in the CAPTCHA code.
- You will then receive an email. Once received, click on the link in order to set up your password. Choose a secure password; you will then receive another email to confirm your password has been changed. You can now proceed to log into the portal.

If you experience problems logging into the secure portal, please contact portal@stmary.co.za.