



Jade Bryan and Clío Patricios, athletics captains, with the inter-high athletics shield (see page 9)

## FROM THE HEAD'S DESK

During the past week, I have experienced such unexpected joy while witnessing the spirit of children at our school. Given the daily news feed, the heatwave and the drought, one could be forgiven for feeling despondent but, in the presence of youthful energy, talent and exuberance, the harshness of daily reality slips away.

The athletics inter-high is a high-energy sports event, which is not given the attention that its physicality and competition deserve. It is a sheer delight to observe the athleticism of the girls and their ability to strive for faster and higher. The St Mary's athletes were superb, with their conditioning, fitness and strength clearly evident. They were encouraged by the Form I girls and the spirit squad with a co-ordinated and resounding set of war cries and their enthusiasm. I was impressed by the image of the spirit squad in their red dresses leading the well-rehearsed Form I girls.

To end the week, I attended the Little Saints Sings concert on Saturday. The study of bees and their importance in our eco-system inspired the concert which was a delight of song, activity and aesthetic display. On the same day, our junior debating team proceeded to the finals of the junior debating tournament, winning the Hemlock Cup with flair.

Although the activities described above are not necessarily high profile, they are a true reflection of the spirit and beauty that the children of all ages bring to our St Mary's School.

DEANNE KING  
HEAD OF SCHOOL

NOTICE BOARD – PLEASE SEE PAGE 11 FOR ALL OUR  
IMPORTANT NOTICES

## FROM THE CHAPLAIN

The Sixth Station: Veronica wipes the face of Jesus



Veronica reaches out from the crowd to wipe the face of Jesus, which is a brave act of love, amidst the hostile crowd. She points to Jesus as a reminder that, when we reach out to others in need, we are reaching out to Him. The cloth becomes transparent as Christ's face is imprinted on it.

"And the king will answer them, 'Truly I tell you, just as you did it to one of the least of these who are members of my family, you did it to me.'"

– Matthew 25:40 (NRSV)

Lord, as Veronica did,  
help me to reach across the invisible divide between "us"  
and "them".  
Show me your face in the "other", anguished.  
May a part of me be forever changed by my interaction  
with you-in-another.  
Amen.

REVD CLAUDIA COUSTAS  
CHAPLAIN

## HEAD OF HOUSES-ELECT 2020

Clayton:



Mosa Selela (deputy), Dikeletso Mutshekwane (head), Rebecca Lee (deputy)

Furse:



Sasha Dikotla (deputy), Mikateko Phaleng (head), Rebecca Duffy (deputy)

Karney:



Tinooga Ngorima (deputy), Christina Cambanis (head), Sedibelo Thloale (deputy)

Phelps:



Ynez Mayet (deputy head), Oke Odiley (head), Hannah Henry (deputy)

# LEADERSHIP POSITIONS ELECT 2020

Diversity committee (matrics of 2020 only)			
Georgia Bailey	Tarumbidzwa Chirume	Deborah Cronje	Shivani Dharmalingam
Tlou Duba	Dikeletso Mutshekwane	Zanele Msimang	Nokuthula Grace Ncube
Thandiswa Nkosi	Tinoonga Ngorima	Oke Odiley	Simone Voigt Elliot Rogers
Environmental Affairs committee (matrics of 2020 only)			
Rebecca Sinner		Hannah Slettevold	
GIRLS committee (matrics of 2020 only)			
Dikeletso Mutshekwane	Tarumbidzwa Chirume	Isabella Teixeira	Mashadi Ramokgopa
Marketing committee (matrics of 2020 only)			
Christina Cambanis	Shivani Dharmalingam	Sasha Dikotla	Rachel Lowick
Itumeleng Mosiah	Dikeletso Mutshekwane	Nokuthula Grace Ncube	Mashadi Ramokgopa
Isabella Teixeira	Jacqueline Trickett	Angela Varghese	Nicola Watt
CHAPEL SERVERS			
Isabella Blumeris	Kaitlyn Why	Rebecca Sinner	Tylor-nique Gewers
SPORT			
Athletics captains			
Jade Bryan		Clio Patricios	
Basketball			
Captain Ynez Mayet		Vice-captain Elliot Rogers	
Diving			
Captain Alexandra Kirstein		Vice-captain Angelia Bollo	
Equestrian			
There are no equestrians in matric in 2020			
Hockey			
Captain Sasha Dikotla		Vice-captain Sarah Roy	
Netball			
Captain Simone Voigt		Vice-captain Tlou Duba	
Rhythmic Gymnastics – Captains			
Romy Len		Jessica Shames	
Rowing			
Captain Helen Moore		Vice-captain Catherine Roberg	
Squash			
Captain Megan Beart		Vice-captains Alexia Basslian, Rebecca Sinner	
Swimming			
Captain Micaela Boule		Vice-captains Kathryn King and Jacqueline Trickett	

Tennis	
Captain Julianne Klingenberg	Vice-captains Sarah Roy and Simone Voigt
Water polo	
Captain Rebecca Duffy	Vice-captain Nicola Watt
<b>SERVICE</b>	
Community affairs	
Head Romy Len	
Environmental service	
Head Rebecca Sinner	
First aid	
Head Sayuri Moodley	Deputies Emma Craig and Jenna Kimber
Marketing	
Head Isabella Teixeira	
Resources	
Heads Sayuri Moodley and Jaide-Maree Pastoll	
<b>PASTORAL CARE</b>	
Diversity	
Head Shivani Dharmalingam	Deputy Tarumbidzwa Chirume
<b>CULTURAL</b>	
Art	
Head Jacqueline Trickett	Deputy Taryn Clouston
Chess	
There are no chess players in matric in 2020	
Choir	
Head Samantha Collins	
Cinematography	
Head Shivani Dharmalingham	
Dance	
Head Tinoonga Ngorima	Deputy Oke Odiley
Debating	
There are no debaters in matric in 2020	
Jazz band	
Head Elliott Rogers	
Marimbas	
Head Shivani Dharmalingam	
Orchestra	
Head Deborah Cronje	

Technical	
Head Tatum Long-Innes	
Technical service	
Head Erin Fraser	
Traditional choir	
Head Dikeletso Mutshekwane	
CHAPEL	
Sacristan Kaitlyn Why	
HOUSE LEADERS	
Clayton House	
Form I Jenna Caldwell-Smith	Form II Romy Len
Form III Hannah Slettevold	Form IV Caitlin Ferraris
Furse House	
Form I Reece van Achter	Form II Sabrina Marussi
Form III Kristen Henry	Form IV Kristen-Leigh Barrow
Karney House	
Form I Christianna Balambanos	Form II Kathryn King
Form III Shannon Oxley	Form IV Tyla-nique Gewers
Phelps House	
Form I Emma Craig	Form II Jessica Shames
Form III Pepukai Mushayabasa	Form IV Roxanne MacRobert
Girls committee	
Head Dikeletso Mutshekwane	
Communication	
Head Nokuthula Grace Ncube	Deputy Erin Fraser
School spirit	
Head Oke Odiley	Deputies Tinoonga Ngorima and Sedibelo Tlhoale
Boarding	
Head Thandiswa Nkosi	Deputy Mikateko Phaleng
Chapel	
Head Isabell Blumeris	
Culturals	
Head Samantha Collins	Deputy Elliott Rogers
Pastoral care (and peer counsellors)	
Head Tarumbidzwa Chirume	Deputies Suyari Moodley and Rebecca Sinner

Service	
Head Nokuthula Grace Ncube	
Sport	
Head Jade Bryan	Deputy Helen Moore

## DEBATING



Junior grey team



Junior teams – Hemlock Cup

This term's debating season ended on a high with both the junior grey and red teams participating in the Hemlock Cup over four weekends. Both teams reached the semi-finals, hosted at St Mary's and, needless to say, the home-ground advantage and support from members of staff, parents and fellow pupils led the grey team to victory in the finals, with a unanimous decision by the panel, to beat the defending champions, KEPS.

Out of 47 speakers, four members St Mary's team were ranked in the top 10 speakers of the competition: Paige Milligan (10<sup>th</sup>), Tyla Promnick (9<sup>th</sup>), Dalila Spinazze (2<sup>nd</sup>) and Danika Neuhoff ranked first.

Thank you to all parents and staff who supported our debaters throughout the competition.

**SEIPATI MOHAPI**  
HEAD OF DEBATING

## CULTURAL AWARDS EVENING



On 4 October, the school celebrated our annual cultural awards evening. The night was filled with beautiful performances which truly showcased the girls' talents in all aspects of the cultural sphere. Many well-deserved awards were presented to pupils for their hard work during the year.

The night's performances included drama performances at which the audience could laugh which contrasted with the haunting slam poetry performances and an elegant solo dance. The jazz band provided the audience with foot-tapping music between awards and the Writers' Circle presented original stop-motion videos, showing that creative writing is not limited to essays.

The girls received a variety of certificates, awards and trophies which reflected their achievements in the cultural sphere in 2019.

SAMANTHA COLLINS  
FORM IV

## FROM THE SPORTS DEPARTMENT



### EQUESTRIAN



Nicola Berlin, Nicola Douglas and Ms Wood at the team dinner



Equestrian team dinner



Nicola Douglas and Nexus at Nationals

Our 2019 SANESA equestrian season has drawn to a close. After a successful season for the St Mary's equestrian team, a few of our team members went on to represent Gauteng at Nationals against horses and riders from across the country. SANESA Nationals was held during September, with core league classes and stadium eventing at Misty Meadows and 3-phase eventing at the Fourways Equestrian Centre. Nationals comprised of a total of 189 senior schools from across South Africa, comprising of 1 408 riders.

Congratulations to Nicola Douglas, Robyn Gush, Nina van Holdt and Sydney Pollock who represented Gauteng at Nationals, the biggest show of the year. Our riders performed at a high standard and are commended on their professional behaviour and commitment. We extend further congratulations

to Nicola Douglas on Nexus for placing first in the three-phase eventing class at Nationals.

A team dinner was enjoyed by all in celebration of our 2019 season. Thank you to our captains, Nicola Berlin and Nicola Douglas, and especially to Ms Wood who headed up the equestrian team at St Mary's. Ms Wood has travelled far to watch and support our team and we are all very grateful for the support and commitment that the school and Ms Wood have given us.

**SHIRLEY DOUGLAS**  
CHEF de QUIPE

### FIRST AID GIRLS



Form I first aiders doing duty at a tennis match last week: Khumo Mokgawa, Nicole Saungweme, Moleboheng Leeto and Dimona Wa Mukenyi

I want to mention these unsung heroes of sport: the girls who do first aid. This group of dedicated girls spend hours on the side of the sports field, sometimes at practices and sometimes at matches, in order to complete the necessary practical hours. They have some quiet afternoons and other times have to deal with scrapes, bruises, strains, sprains, blood and bones. As coaches, we are very grateful for their presence and know that we could not run sport without their support.

We wish the new heads of First Aid, Sayuri Moodley (head) and Emma Craig and Jenna Kimber (deputy heads) as well as all the girls, good luck for the year ahead and thank them for all their effort and support this year.

**QUIX**  
DIRECTOR OF SPORT

# ATHLETICS



On a hot day last Thursday, the athletics season culminated. Inter-high was hosted by Holy Rosary at the Boksburg stadium. For most of the day, St Mary's athletes turned in performances as hot as the day.

Sincere congratulations are extended to Isabelle Barrow who equalled the U14 A 80m hurdles record in a time of 12,56 seconds and to Jade Adams who broke the U16 A 80m hurdles record with a new time of 11,88 seconds. There are 46 events in the programme and St Mary's had 21 first places, 12 second places and eight third places. It is the 12<sup>th</sup> successive year that we have won the inter-high shield. It is not an easy season for a coach as Bush School takes out an entire age-group for two weeks and, for many of the girls, athletics is not a first choice sport, so they do not train as consistently as I should like. I commend all of the athletes for their effort and commitment. They brought their A-game to inter-high.

### Final results

1 <sup>st</sup> St Mary's	593
2 <sup>nd</sup> St Andrew's School	468
3 <sup>rd</sup> Holy Rosary School	440
4 <sup>th</sup> Jeppe School for Girls	407
5 <sup>th</sup> Kingsmead College	386
6 <sup>th</sup> Brescia House School	339
7 <sup>th</sup> Assumption Convent School	292
8 <sup>th</sup> The High School for Girls Potchefstroom	127

I thank the Form IV girls and, especially, Jade Bryan and Clio Patricios (co-captains), for leading the team, and to Danny Lagamang and Jeanette Rambuda, our coaches, for their hard work and positive encouragement to each athlete throughout the season.

**QUIX**  
DIRECTOR OF SPORT

# NETBALL



St Mary's netball players participated in the St Stithians Fast 5 netball night league, which took place every Thursday evening over five weeks. The league began on Thursday 19 September and ended last week, Thursday 17 October. The senior team placed sixth out of 12 teams entered and the junior team ended ninth out of 10 teams entered.

Well done to all the girls who participated in the Fast 5 netball night league.

**PALESA MASINGA**  
HEAD OF NETBALL

# TENNIS



Eunice Tennis Festival

It has been a busy few weeks on the tennis courts for all the St Mary's players.

The St Mary's A/B team beat both Trinity House AB and St Stithians AB in a convincing manner in the league. Congratulations to the St Mary's D team who have beaten both Brescia B and Holy Rosary B in the past two weeks. Well done to the St Mary's EF team for beating Redhill AB and to the St Mary's G team for beating St Stithians C.

St Mary's participated in the annual Pat Uys Tennis Festival which was hosted by Eunice School in Bloemfontein over this past weekend. Despite the extremely hot weather, the team played scintillating tennis throughout the festival. The team, comprising of Sarah Millard, Annika Gertenbach, Hannah Moore, Amukelani Mokone, Lilitha Ndungane, Alexis Banducci and Simone Banducci beat teams from Upington High School, St Stithians College, Rhenish High School, Waterkloof and Eunice to top the log in the round robin format. Congratulations to all the players for their excellent tennis on the court and for showing the true St Mary's spirit and camaraderie off the court. It was a pleasure to tour with these players.

## Results

St Mary's School	69 points
Waterkloof	59 points
Rhenish	39 points
Eunice	36 points
St Stithians	25 points
Upington	9 points



Two Form I girls at the Eunice Festival

Congratulations to Sarah Millard who won the singles title at the Gauteng North Masters event held recently. Sarah beat Kagiso Ledwaba 6-1, 6-2 in the finals to clinch the title. Congratulations to Simone Banducci for winning both the U14 singles and doubles titles in Secunda. Keep up the good work.

## League results

8 October

St Mary's A beat Trinity House A 47-16

St Mary's B beat Trinity House B 46-17

St Mary's C lost to Brescia A 18-45

St Mary's D beat Brescia B 40-23

St Mary's E lost to De La Salle A 19-44

St Mary's F beat De La Salle B 34-29

St Mary's G lost to St Dominic's A 17-46

St Mary's H beat St Dominic's B 39-24

15 October

St Mary's A beat St Stithians A 47-16

St Mary's B beat St Stithians B 38-25

St Mary's C lost to Holy Rosary A 23-40

St Mary's D beat Holy Rosary B 36-27

St Mary's E beat Redhill A 46-17

St Mary's F lost to Redhill B 31-32

St Mary's G beat St Stithians C 37-23

RENÉ PLANT  
HEAD OF TENNIS

## WATER POLO



Georgina Hector and Olivia Haselau



U15 St Mary's Team Cup of Honour

St Mary's water polo players are making waves in the pool.

The U15 St Mary's water polo team placed fifth at the U15 Cup of Honour hosted by Reddam Helderfontein. The team won seven matches and lost two. They scored a total of 108 goals in the tournament. Aimee Rose Houlston was the top goal scorer with 25

goals to her name. Georgina Hector and Olivia Haselau were selected to play in the "All Star" team at the end of the tournament.

The St Mary's 1<sup>st</sup> team played their first two matches of the Roedean Old Mutual Prestige Cup and won both. They beat Randpark 6-5 and beat St Peters 12-9.

**KELSEY WHITE**  
HEAD OF WATER POLO

## NOTICES

### MUSE MORNING - ALL PARENTS WELCOME

Date: 12 November

Time: 07h30 to 08h30

Venue: Seminar room

Topic: Helping your child maximize the opportunities of social media and also navigate the challenges

Speaker: Luke Lamrecht

RSVP: [lynsay.young@stmary.co.za](mailto:lynsay.young@stmary.co.za)



#### Luke Lamrecht Biography

"Working with children is walking on holy ground, be mindful of the footprints that you leave"

Luke Lamrecht is a Child Protection and Development Specialist, with 26 years of experience in the NPO field. He has worked with organisations including Lefika La Phodiso: The Art Therapy Centre, The Teddy Bear Clinic for Abused Children, Johannesburg Child Welfare, Childline, Bigshoes and the Johannesburg Parent and Child Counseling Centre. He is also a director at Fight With Insight: a boxing gym based at the Children's Memorial Institute in Hillbrow, Johannesburg, where he coaches inner-city children.

As a Child Protection and Development Specialist, Luke works with children in conflict with the law, children with autism, and children with behavioural challenges and psychiatric diagnoses. As an expert and consultant, he convenes the Johannesburg Child Advocacy Forum, supervises Women and Men Against Child Abuse's Alexandra Victim Empowerment Programme, consults to the founder of the South African Male Survivors of Sexual Abuse, and advises on child protection issues for the Shaken and Abused Baby Initiative. Lamrecht also compiled a protocol for Child Protection and HIV intervention (for children, adolescents and families) for child protection professionals.

Lamrecht regularly conducts talks and training sessions on social cohesion, servitude leadership, BEING MAN, child protection and development, health, mental health, disability, cyber-development and sexuality under Brain Mechanics. He is currently completing an MSc in Neurodevelopment at Wits and has an Advanced Health Management qualification from FPD and Yale University.