



The Grade 3 girls had fun preparing for their Valentine's Day assembly on 14 February. They were able to tell us many interesting facts about the heart as well as reminding us all of the importance of showing love towards others

FROM THE ACTING HEADMISTRESS' DESK

Dear parents

Core values and life skills are like a navigation system that guides our actions and behaviour. The core values and skills that you instil in your children will affect their decisions and actions going forward.

I mentioned some core values and skills at the "Meet the teachers" evening and I feel that a few additional ones may be useful and thought provoking.

Interdependence: humans are not meant to be social islands. We are constantly in relationships which provide opportunities for us to become well rounded individuals. This interaction with others creates community. Children need to be reminded to relate to others in a healthy and productive manner, both on the playground and within the family structure.

Integrity and trust enable the girls to be committed to the expectations of society and the people around them. They must be taught to fulfil the commitments and promises that they make, to the best of their abilities.

A strong work ethic not only teaches children to be committed to their school work, their sports team, musical group etc. but should also be encouraged by including certain duties around the home. Children should be given responsibilities and duties appropriate to their age.

Resilience: there is no doubt that your children will experience disappointment along the journey of life. It is important, therefore, that we help them to overcome those painful moments in a meaningful manner.

As difficult as it may seem, these moments provide an opportunity for growth and learning through discussion. We need to guide our children at these times, showing understanding and empathy with what they are going through. We need to take these moments as opportunities to discuss positive ways forward.

Respect for self enables girls to say "no" to temptation and pressure from others. The better one's self-image and respect of self, the less likely one is to succumb to peer pressure and actions in which one does not truly believe.

Gratitude is not an automatic response and children need to be taught not to take things for granted. They must be taught to appreciate the things people do for them as well as the things they receive. Children need to be reminded to say, "thank you".

As it is the month of love, I feel the core value of love is a good place to end. You can teach your children to love others by making a genuine and meaningful connection with them yourselves – love them unconditionally and they will realise that they are valued. This enables them to love you and others in return.

I wish you all a restful half-term. Travel safely and enjoy the special family moments spent together.

DI GORDON
ACTING HEADMISTRESS: JUNIOR SCHOOL

FROM THE CHAPLAIN

The first station: Jesus is condemned to death

This station is divided into two parts: on the left, Pilate's world and, on the right, the world of Jesus. Pilate is richly dressed; his garment is in different designs with an element of Africa in the design. The rich purple of the background conveys the opulence of his setting. A dead red bird above his head is a symbol of humanity prior to the liberating sacrifice of Jesus. Pilate contemplates "what is truth?" as he attempts to wash away his guilt. On the right, Jesus humbly awaits judgement. Blue is my expression of his sorrow and sadness. He has been abandoned by all his friends. In the background a young female looks on in shock.

- Joseph Capelle

We are participants in this scene, standing as the young girl does, looking on. In a way, this scene depicts the choices we face each day: Pilate chooses to give into his fear of the crowd shouting for Barabbas to be freed, and so condemns Christ to death (Matthew 27:15-23). As we look upon Christ in each of our complex, daily decisions, what do we choose?

Lord, may we be guided by the light of your presence in each decision you present us with, this week. Grant us the discernment, courage yet gentleness of spirit to speak and act in your love. Amen.

**REVD CLAUDIA COUSTAS
CHAPLAIN**



MEET OUR LEADERS

Grade 7 is a big year for our girls, as they embark on their final journey of Junior School. An exciting aspect of the Grade 7 year is the Making the Most of Me programme in which the girls are encouraged to be the best people they can be, through service to the school and their community, in their classwork and in their co-curricular commitments.

The girls applied for and were given leadership roles for the year. These roles ensure the smooth running of our school and each role is equally important. Each week we will be introducing our leaders and their leadership roles to you.

This week meet the Angelus leaders. They are responsible for ringing our Angelus bell every day at 12h00 when the girls in the Junior School have time to pray to God and ask for his blessing on our continent.

**ROBYN RICHMOND
SENIOR PRIMARY TEACHER**



Back row: Katie Estill, Abigail Rigby and Sarah Hewat
Middle row: Thabi Khumalo, Amy Pringle, Nondi Tshivhase, Nalina Naidoo, Sihle Makwe and Emma Impey
Front row: Siân Henning, Velisa Kahla, Nia Nicolaou, Megan Saunders

FROM THE MUSIC DEPARTMENT

Meet the department: woodwinds

The St Mary's Music department currently offers specialist tuition on several woodwind instruments: recorder (Christine Geldenhuys), flute (Khanyisile Mthetwa and Louise Frahm-Arp), oboe (Peter Jaspan), and clarinet and saxophone (Ceri Moelwyn-Hughes, Danielle McKinnon and Peter Jaspan). Our woodwind teaching staff are versatile, highly professional and accomplished musicians with international experience across a range of styles, and performance fields.

We work weekly in individual lessons to develop our students' musical ability, guiding them in their practicing and solo or accompanied concert performances and encouraging them to join ensembles. We also advise and assist when the decision is made to purchase your daughter's own instrument. The Grade 2 and 3 instrumental programme has been expanded to expose the girls to as many instruments as possible, an experience through which many will discover and choose an instrument

they wish to learn. We are also on hand to demonstrate our instruments to any interested future young musicians of other ages who may be keen to start!

CERI MOELWYN-HUGHES HEAD OF WOODWIND STUDIES



Ceri Moelwyn-Hughes



Christine Geldenhuys



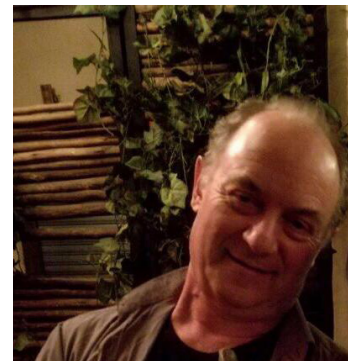
Danielle McKinnon



Khanyisile Mthetwa



Louise Frahm-Arp



Peter Jaspan

Choir camp 2019

This past weekend, the Senior Primary choir girls spent a night at school on choir camp. School is a place that echoes happy giggles in amongst diligent learning and creativity. Well that's almost what happened on choir camp.

Just over 100 girls walked across The Close on Friday afternoon, laden with sleeping bags, pillows and blankets galore to set up a cosy spot to sleep for the night. The girls built forts in the library in amongst the shelves of books and I'm sure they had a few midnight chats while the teachers weren't looking.

We sang lots and lots of songs which has helped us get ready for the upcoming Singing Sistas choir festival, but more importantly the girls had so much fun. We ended off camp with a recap of all the repertoire learnt over the weekend, and parents were encouraged to arrive a little earlier than the collection time to see what we had achieved.

Thank you so much to all the staff behind the scenes for taking photos, helping with crowd control, organising logistics and providing us with delicious food. Until next year, keep singing!

CAROL SHUTTE JUNIOR SCHOOL HEAD OF MUSIC



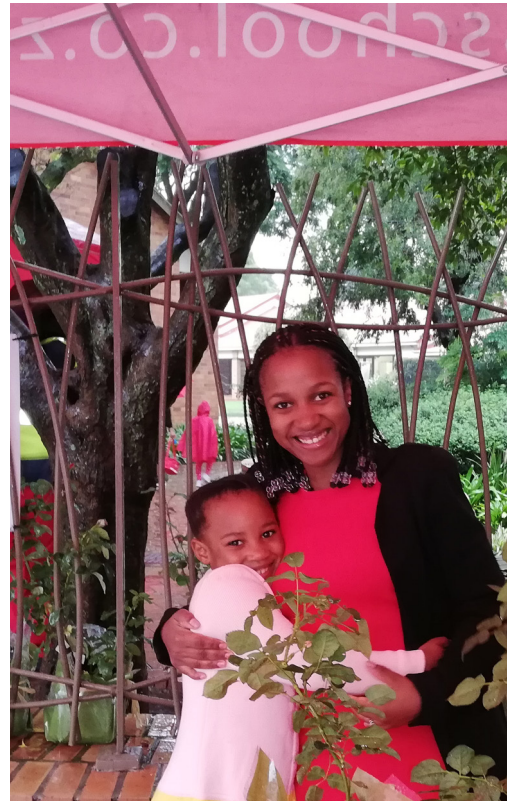
JUNIOR SCHOOL VALENTINE'S CIVVIES DAY



Not even the rain could stop the Little Saints children from celebrating Valentine's Day with a teddy bear picnic. Funds raised will be donated to SPCA Benoni and Teddy Bear Clinic



Junior School civvies Valentine's Day; funds raised will be donated to SPCA Benoni and Teddy Bear Clinic



St Mary's mom and PTA member, Maseabi Marageni, with her daughter, Thikho, selling the St Mary's rose on Valentine's Day. All proceeds from the sale of these roses goes to the PTA

FROM THE SPORTS DEPARTMENT



SWIMMING

The A, B, C and D swimming teams participated in our first galas on Friday 8 February. It was the first time our Grade 3s got a taste of swimming in the big galas together with all the Senior Primary girls. The girls swam really well and we won all three galas. Our results were as follows::

A Team

St Mary's	185
St Stithians	147
Kingsmead	135
Brescia	115
Roedean	92
St Dominic's	75
St Stithians B	59
St Teresa's	56

B Team

St Mary's	222
Assumption	210
Kingsmead	187
Brescia	174
Roedean	163

C and D Team

St Mary's C	1 st
St Stithians	2 nd
Kingsmead	3 rd
Brescia	4 th
St Mary's D	5 th
St Teresa's	6 th

St Stithians night gala

The A swimming team participated in the St Stithians night gala on Wednesday 13 February. We swam against ten schools in the 50m pool. It was wet and rainy but that did not dampen the spirits of our young swimmers. It was most exciting to watch the girls swim their hearts out for their school and their team. St Mary's won the gala, beating St Andrew's who were second, St Peter's third and St Stithians who were fourth. Three of our girls won their 50m individual races: Caitlin Dube in Grade 4 won her breaststroke race, Kiera Cloete (vice-captain) won her breaststroke race and Natasha Jenkins (captain) won her freestyle race. The results were as follows:

1 st	St Mary's	404
2 nd	St Andrew's	359
3 rd	St Peter's Girls	351
4 th	St Stithians GP A	347
5 th	Kingsmead	256.5
6 th	Apps	207
7 th	Brescia	198
8 th	St Katharine's	195.5
9 th	Holy Rosary	171
10 th	Roedean	150

ROSE HALLENDORFF
HEAD OF SENIOR PRIMARY SWIMMING



Caitlin Dube won the Grade 4 50m breaststroke



Kiera Cloete (vice-captain) won her 50m breaststroke



Natasha Jenkins (captain) won her 50m freestyle



The A team at the St Stithians night gala

SWIMMING CONTINUED



A team gala



B team gala

ST MARY'S SENIOR PRIMARY PRESENTS



FABULOUS
RAFFLE
PRIZES



QUIZ NIGHT

FRIDAY 15 MARCH 2019

18h00 - 22h00

**St Mary's dining room
(next to The Edge)**

R500 PER COUPLE / TABLES OF 10 PLAYERS

**DINNER AND DESSERT INCLUDED
CASH BAR AVAILABLE**

Get your tickets at www.quicket.co.za :
<https://www.quicket.co.za/events/67236-grade-7-fundraiser-quiz-night/#/>