



St Mary's School  
Waverley  
Founded 1888

## SENIOR SCHOOL NEWS

10 MARCH 2017

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www.stmaryschool.co.za



Winners of the South African Schools' Rowing Championships (please see page 14 for more information)

## FROM THE HEAD'S DESK

The summer term at St Mary's is filled with sport, oratory activities and preparation for the school play. Basketball, diving, equestrian, rowing, squash, swimming, tennis and water polo make up the sport offering. Public speaking, debating, music and the school play are bolstered with smaller cultural events, including, writer's circle, sewing, photography, philosophy, cropping board and the English Olympiad.

I felt proud watching the St Mary's girls and coaches at the South African Schools' Rowing Championships last weekend. The St Mary's girls are committed, disciplined and they work together not only on the water but while looking after the boats. Their achievements are worthy of celebration but so, too, are their routines.

Schools have a distinct advantage as far as building character through the co-curricular programme. Cultural activities offer a safe space to

develop and grow in creativity, confidence and self-expression and sport offers valuable and lasting life-lessons. Service activities are a space to develop altruism and compassion.

There is a sense of community that builds around supporting these activities and a belief that they contribute towards better health, fulfilment and stability for our young people. It is often in these activities outside of the classroom where our children build resilience and capacity for life.

This is why we encourage these activities and why the girls participate so widely.

DEANNE KING  
HEAD OF SCHOOL

## FROM THE CHAPLAIN

1 Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil. 2 He fasted forty days and forty nights, and afterwards he was famished. 3 The tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." 4 But he answered, "It is written, 'One does not live by bread alone, but by every word that comes from the mouth of God.'"

5 Then the devil took him to the holy city and placed him on the pinnacle of the temple, 6 saying to him, "If you are the Son of God, throw yourself down; for it is written, 'He will command his angels concerning you,' and 'On their hands they will bear you up, so that you will not dash your foot against a stone.'"

7 Jesus said to him, "Again it is written, 'Do not put the Lord your God to the test.'"

8 Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendor; 9 and he said to him, "All these I will give you, if you will fall down and worship me." 10 Jesus said to him, "Away with you, Satan! For it is written, 'Worship the Lord your God, and serve only him.'"

11 Then the devil left him, and suddenly angels came and waited on him.

Just prior to Jesus' going out into the wilderness, he was baptised by John, and heard from heaven: "This is my Son, my Beloved, with whom I am well pleased." (Matthew 3:17) Thus, the temptations the devil put to Jesus are linked to God the Father's affirmation of Jesus as God's Son.

As we continue our Lenten journey, there are similar temptations laid before us, tempting us to doubt God's affirmation of us as God's beloved children. For example, just as we have committed more time

to spend in God's presence or to helping God's people, we discover an additional task we can undertake instead, to gain recognition from employers or teachers or even family.

Let us pray:

Loving God, our Creator and Lord  
Help us to find nothing more beautiful than the awareness of your love for us.

Remind us that you draw close to us even before we choose to draw close to you.

Awaken our senses – still our busyness – so that we notice and rejoice in your presence in our daily lives. Amen

When God's beloved children hurt, within our community, as the Body of Christ we hurt with them. Do let us remember Simone Voigt (Form II), her brother Dylan and their father Greg as they mourn the loss of Carol Dundas, Simone and Dylan's mother, on Sunday 19 February. A memorial service for Carol was held at the Rivonia Catholic Church on Thursday 23 February.

Also, Myendran Moodley, who taught on our Ikusasa Lethu programme, died on Thursday 2 March. Myendran served the Ikusasa Lethu programme faithfully for 20 years. He was remembered at a service at Wendywood High School on Saturday 4 March. Please keep his wife Sylvia and his son Kieran in your prayers.

*Rest eternal grant unto them oh Lord, and let light perpetual shine upon them.*

REVD CLAUDIA COUSTAS  
CHAPLAIN

## LIMPOPO SERVICE TRIP



Jaclyn Paules with two of the pupils at Laerskool Alma



Our St Mary's girls making teaching aids

Over half-term, 17 girls together with Ms Paules, Mrs Bailey and I, set off to Limpopo to teach art and make teaching aids for teachers at Laerskool Alma in Limpopo. Ms Paules, who leaves St Mary's at the end of this term, has worked very hard over the past eight years, arranging the art materials and designing the teaching aids for this most worthy project.

Thank you, Ms Paules.

LINDA GIURICICH  
DIRECTOR OF COMMUNITY AFFAIRS

## FROM THE FOUNDATION

### ST MARY'S FOUNDATION GRADE 7 CLASS OF 2016 PLAQUE UNVEILING



Dr Sarah Warner with Revd Claudia Coustas at the plaque unveiling

On Friday 3 March, I gave the following speech at the Grade 7 class of 2016 plaque unveiling:

"Good morning Dr Warner, Mrs Dunkley, teachers, parents, the Grade 7 class of 2016 and 2017 Grade 7s.

"Do you know that there are young girls in our school who live in a one-roomed house? Some of these girls do not have a mom and a dad. Do you know that these young girls are as clever as you are but their parents earn very little money or are unemployed and cannot afford to pay school fees? Just like you, these talented young girls dream of becoming an engineer, a world number one squash player, a South African hockey player, a famous actor or a doctor one day. With your help and support of the St Mary's Foundation we can help them realise their dreams. We can welcome them into our St Mary's community and offer them an opportunity to receive an education at our special school.

"With access to St Mary's, these girls have achieved great things. A young squash player is now ranked number 53 in the world in the junior ladies' division because she has had access to St Mary's coaching and facilities. A young girl achieved a cultural honours blazer because she took Dramatic Arts and had access to The Edge theatre in which to perform. The Foundation Scholarship programme girls will leave St Mary's having been part of a community built on love, integrity and community. They will have formed lifelong bonds and a network created here at St Mary's. These girls will have shared your experience

and learnt to become achievers, doers, dreamers, leaders, innovators, game changers, believers, visionaries and optimists. They will be brave and tackle life knowing that they can be anything they want to be because you have made that difference in their lives. You will have changed the direction of their lives and their world. So too will they have changed your life by teaching you to embrace and understand the reality of being a South African.

"These young women will become beacons of hope in their communities.

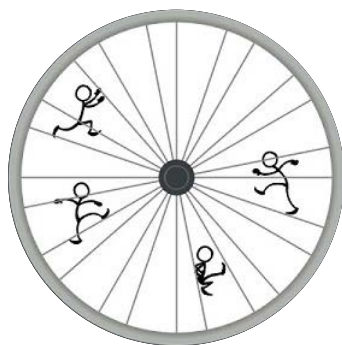
"We hope to grow the From One Girl to Another fund for future classes to contribute towards and for you to continue to give towards. No donation is too big or small. Anyone, anywhere can give and make a difference. You can continue the legacy by making small contributions over time. Perhaps you have some spare pocket money that you can add to this fund or, one day when you are working, we encourage you to give back to pass on this legacy from one generation of St Mary's girls to another.

"Thank you to each one of you, your parents and the teachers for the very generous contribution of R25 000 that the Grade 7 class of 2016 have made to leave a legacy for educating girls in need."

GILLIAN O'SHAUGHNESSY  
FOUNDATION MANAGER

# INNOV@TION HUB

## TECHNOLOGY INTEGRATION AT ST MARY'S



Our vision at St Mary's is the extension of technology throughout the school, not as an end in itself but, more importantly, as a vehicle through which 21<sup>st</sup>-century skills and learning are supported and extended. Critical thinking, collaboration, communication and creativity are central among these skills, and teachers and pupils alike stand to benefit greatly from the extension of technology in our learning spaces.

Technology in the classroom means that girls have a vast amount of educational material available, can access resources that support their learning and share appropriately with others. Technology allows pupils the opportunity to increase their levels of independence and to take responsibility for their learning, which are key traits of 21<sup>st</sup>-century students.

Girls in Forms I to III at St Mary's are required to have their own iPads and to carry them throughout the school day. This allows girls' continuous access to applications and platforms such as iTunesU and Google classroom.

These platforms are not only about digitising content.

They represent so much more than being mere receptacles of

different forms of information such as videos, graphs and PowerPoint presentations.

They allow teachers to design and deliver bespoke content to learners, which can be accessed anytime, anywhere, and which the girls can review as many times as necessary to complete their understanding of skills and content. In so doing, they become flexible and independent students, able to work, view and review content at their own pace in an environment conducive to them as individuals.

The integration of technology, communication and collaboration create seamless learning environments as girls have the opportunity to post comments in academic discussions, or to contribute to documents and projects online without the necessity of being in the same physical location as their classmates. This ensures greater involvement of some of the more reticent girls through creating a perceived safer space for them and enhances creativity.

Furthermore, it offers the added benefit of saving time and reducing stress levels in teachers and students alike. iBooks Author is another platform enabling content curation and creation and offering the benefit of accessibility.

Through this platform, the user creates an interactive, multi-faceted record of her learning or collection of varied resources on a topic. This is achieved by the inclusion of text, photographs, videos, presentations and widgets that link to further resources. In this manner, all learning styles are catered for, interest, engagement and enjoyment are significantly enhanced, and this is a reward in itself for educators.

CLARE SEARLE  
e4

## FORM I SRC REPS

The following girls have been elected as Form I SRC reps:

Clayton: Ghita  
Furse: Tholwana

Karney: Rebecca  
Phelps: Siphosethu

## SENIOR SCHOOL PLAY



Melissa, Form I, hard at work



Getting the stage ready of the 2017 Senior School play

The countdown has begun for the 2017 Senior School play and we are as excited as you are. The tech crew girls have been working hard behind the scenes to get the stage ready. After two days of long hours of painting, building and organising, the stage is ready for rehearsals. The play will run from Tuesday 28 to Thursday 30 March. Watch this space for more information regarding this exciting event.

KAITLIN  
FORM IV

## MUSIC DEPARTMENT



On Wednesday 8 February, the Form I girls, as part of e4, attended a traditional musical instrument demonstration by Mpho Molikeng. Mpho is best described as a multifaceted artist – he is a musician, actor, curator, poet, painter and storyteller who has dedicated the past 20 years to learning how to play more than 300 indigenous Southern African musical instruments. Having trained with a number of virtuoso players of rare instruments toward mastering the traditional methods of playing, he now works to preserve these methods of playing through performances and demonstrations in Africa and Europe. In his view, the



future of African music lies in its indigenous music. The Form I girls were introduced to a wide variety of instruments including mouth bows, umrhubhes, whistles and flutes. The beautiful, haunting call of the kudu horn resonated through the school and many of the girls tried out the ligubu bow with some even creating a strong sound.

MICHAEL WATT  
MUSIC TEACHER

# FROM THE SPORTS DEPARTMENT



## WATER POLO

### OLD MUTUAL ROEDEAN SCHOOL WATER POLO PRESTIGE CUP



Daniela



Georgina



Girls from the HA Jack Development Swimming Programme

The St Mary's 1<sup>st</sup> water polo team participated in the 2016/2017 Old Mutual Roedeans School Water Polo Prestige Cup. They played Crawford Lonehill in the semi-final and beat them 7-4. This put them into the final against number one-ranked St Stithians College. The team found it difficult to find the back of the net until the third quarter of the game, which then opened up the gap for the St Mary's 1<sup>st</sup> team, with Brittany scoring five strong goals in a row. They ended up losing 15-6 to the very strong St Stithians side.

The team placed second and won R15 000 prize money to go towards the school's development swimming programme. Together with the participation money for the Swimathon held on the day, St Mary's water polo team brought home a total of R25 000 to go towards the HA Jack Development Swimming Programme.

Courtney, Daniela and Brittany were selected for the Old Mutual Cup Tournament Team.

## THE U15 AND 1<sup>ST</sup> WATER POLO TEAMS WERE BUSY OVER HALF-TERM

The U15 girls participated in the Shaun Fuchs Crawford Lonehill U15 Water Polo Tournament. This tournament hosts all the best water polo schools from around the country.

The U15 team won all but one of their pool games and ended up second in their pool, putting them through to the quarter-finals against Reddam House Constantia Cape Town.

They lost the game 4-3 but showed passion and determination against a very strong side.

The U15 team then played to make the fifth and sixth playoff game against Clarendon and won 3-2. They placed fifth in the tournament overall.

Nicola and Hannah were selected to the tournament team and Nicola Watt was awarded goalkeeper of the tournament.

The 1<sup>st</sup> team took part in the annual St Peter's Old Petrians Water Polo Tournament. This tournament hosts 24 of the strongest teams in the country. The 1<sup>st</sup> team placed second in their pool game, which put them through to a playoff game versus Collegiate College. The 1<sup>st</sup> team won 4-1 and were through to quarter-finals against Pearson High School.



Nicola was awarded goalkeeper of the tournament at the U15 Shaun Fuchs Water Polo Tournament

They played their best game of the season yet, however, did not come away with the win, with Pearson scoring a winning goal in the last 10 seconds of the game. The 1<sup>st</sup> team placed in the top eight at the tournament.

Brittany was selected to the tournament team.

## REEF CUP WATER POLO TOURNAMENT



Daniela, Brittany and Courtney

The 1<sup>st</sup> water polo team took part in the Reef Cup Water Polo Tournament. This is one of the oldest water polo tournaments in Gauteng. It hosts up to 26 boys' and girls' teams throughout Gauteng.

Our 1<sup>st</sup> team won all three of their pool games scoring a total of 29 goals, only conceding four. This placed them up against Roedeane for the quarter-finals, where they came out strong and won the game 10-1. They played a very close semi-final against Crawford Lonehill and won in the last 40 seconds of the game 5-4. The 1<sup>st</sup> team placed themselves in the final against St Stithians and, unfortunately, lost 7-4. This was the last tournament for some of the matrics in the team and all six of them



Catherine in action

made a huge impact to the success of the team this weekend.

The girls won silver medals. Daniela, Courtney and Brittany were all selected for the Reef Cup Tournament team. Daniela was awarded goalkeeper of the tournament and Brittany was awarded defender of the tournament.

**KELSEY WHITE**  
WATER POLO COACH

## TENNIS



The tennis team that participated in the Somerset College festival: Roxanne, Shannon, Tegan, Ruth and Nina

Unfortunately, the rain has played havoc with our fixtures and practice sessions. We made up a few rained-out matches on 7 March, but some of the rained-out fixtures will not be rescheduled.

The St Mary's tennis team flew to Cape Town on Thursday 16 February to compete in the annual tennis festival, which was hosted by Somerset College this year. St Mary's will host it again in 2018, but thereafter one of the other seven competing schools will become the host every alternate year.

The tennis was of an extremely high standard with all the schools being of a very similar strength. St Cyprians from Cape Town took the place of Northcliff High and this added more depth and strength to the competition.

St Mary's beat The Wykeham Collegiate without losing a match on

Thursday morning. On Thursday afternoon, St Mary's had a very competitive match against St Andrew's, playing to a draw with three matches apiece. On Saturday morning, St Mary's beat St Cyprians in a most convincing manner to end number one in their pool. In a very close and exciting semi-final match, St Mary's lost to St Mary's Kloof by one set. It was a nail-biting encounter and, at one stage, we needed only one point to reach the finals. Unfortunately, St Mary's Kloof took their chances to win both doubles matches and the tie. Well done to Tegan and Ruth who were unbeaten in their singles matches throughout the tournament. Congratulations to Tegan who was the recipient of the sportsmanship award, which was presented at the end of the festival. Well done to Nina, Roxanne and Shannon who always gave of their best on and off the court.

### THE FINAL PLACINGS WERE AS FOLLOWS:

- 1 - Hoërskool Menlo Park
- 2 - St Mary's Kloof
- 3 - St Mary's Waverley
- 4 - St Cyprians

- 5 - Somerset College
- 6 - St Andrew's School
- 7 - The Wykeham Collegiate
- 8 - Pretoria High School for Girls





C inter-high team (fourth position)



Georgina, Tamsyn, Hayley and Shannon

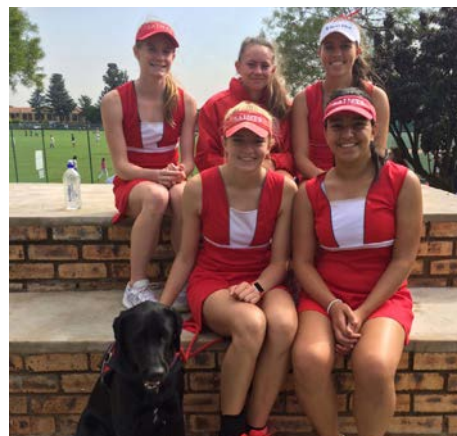


Winning B inter-high team

The annual B inter-high took place on Saturday and 26 schools participated in the event. St Mary's entered both a B and a C team and both teams fared exceptionally well. Both the B and C teams topped their respective pools at St Andrew's and Northcliff. Unfortunately, the two teams played each other in the semi-finals. The B team won the exciting match by one game and went on to win the title by beating a strong Helpmekaar team by the same margin. The C team ended in a very credible fourth position, losing a close match to St Stithians. Well done to the B team, comprised of Ruth Moore, Nina, Shannon and Izabela, on this excellent result. Congratulations to Hayley, Hannah, Georgina and Tamsyn on the C team's placing. It was an enjoyable morning of tennis and I thank Julia Standish-White for all her help and encouragement throughout the day. A big thank you is extended to and all the parents and grandparents who came to support the players. We even had a lucky mascot in a black Labrador called Truper. I am extremely proud of all the players. St Mary's is currently the holder of all three inter-high titles, which is an awesome and rare achievement. I should also like to make a special mention of the matrics who played on Saturday. Thank you for your dedication and commitment over the past five years to tennis at St Mary's. Congratulations to Tamsin and Alexis for being chosen for the Gauteng

Central U19 A team. Tamsin won all her matches at the trials to be selected as the number one player in the team.

Congratulations to Ruth for being chosen for the Gauteng Central U19 B team as the number one player and Sarah (Form I) for being chosen as the number three player in the U15 A team.



B inter-high team

## LEAGUE RESULTS

| 14 FEBRUARY                             | 21 FEBRUARY | 28 FEBRUARY                           |
|---|-------------|---------------------------------------|
| St Mary's AB Bye                        | Rained out  | St Mary's A beat Brescia A 60-9       |
| St Mary's C beat DLSHCC A 46-32         |             | St Mary's B beat Brescia B 50-19      |
| St Mary's D beat DLSHCC B 30-29         |             | St Mary's CD Bye                      |
| St Mary's E beat Fourways A 36-27       |             | St Mary's E beat Randburg A 36-27     |
| St Mary's F beat Fourways B 40-23       |             | St Mary's F beat Randburg B 54-9      |
| St Mary's G lost to St Andrew's C 46-35 |             | St Mary's G lost to Bryanston A 28-41 |
| St Mary's H beat St Andrew's D 45-36    |             | St Mary's H beat Bryanston B 51-18    |

RENÉ PLANT  
HEAD OF TENNIS

# EQUESTRIAN

Congratulations to all the equestrian girls on completing a very successful first qualifier at inter-schools. Qualifier one took place over 11 and 12 February. The competition was very tough in all events but the girls and their horses did a brilliant job and made the St Mary's team proud. It is a great start to the season. A special thank you is extended

to our coach, Miss Wood, for coming out and supporting us, as well as to Mrs Blair and her daughter Astrid, who brought lively support and created a very buoyant atmosphere. The team appreciates this support immensely.



Nicola in Working Riding



Margaret in Handy Hunter



Lia in Working Hunter

## HERE ARE SOME OF THE TOP RESULTS:

| Level 1:   | Level 2:  | Level 3:   | Level 4:                       |
|--|---|--|--------------------------------|
| Working Riding: Robyn (second)                       | Novice Dressage: Nicola (first), Lia (third), India (fifth) | 80cm Working Hunter: Nicola (fifth)                    | 90cm Equitation: India (first) |
| 70cm Show jumping: Robyn (fourth)                    |   | 90cm Show jumping: Lia (fifth)                         |                                |
|  |   | Elem. Dressage: Caitlin (fourth and fourth)            |                                |
| Level 5:   | Level 6:  | Level 7:   |                                |
| 90cm Working Hunter: Lia (fourth)                    | 1m Equitation: Kiara (second)                               | Eventing: Kiara (second)                               |                                |
| Performance Riding: Lia (second)                     |   | Handy Hunter Team: Margaret (first) and Nicola (first) |                                |
| Intermediate Prix Caprilli: India (second and third) |   | Performance Riding: Lia (third) and India (fifth)      |                                |
| Elem. Med Dressage: Lia (third and fifth)            |   | Working Riding: Lia (third) and Nicola (fourth)        |                                |

## PARKRUN

Our congratulations are extended to our very own Life Sciences teacher, Jenny Page, on completing her 100<sup>th</sup> ParkRun on New Year's Day.

Jenny also volunteers nearly every week for ParkRun.

Well done, Jen!



## SQUASH

The girls' league has been running smoothly during the first four weeks and, once again, the girls are commended on their results:

| U19 A   | U19 B   | U19 C  | U19 D   |
|---|---|--|---|
| 8 February: St Mary's beat Northcliff High 8-6      | 10 February: St Mary's beat Mondeor High 14-10    | 10 February: St Mary's beat Northcliff High 14-0 | 10 February: St Mary's beat Bryanston High 13-3 |
| 17 February: St Mary's beat St Andrew's 14-6        | 17 February: St Mary's beat Parktown Girls' 14-10 | 17 February: St Mary's beat Helpmekaar 14-10     | 17 February: St Mary's beat McAuley House 14-0  |
|   |   |  | 2 March: St Mary's beat Randpark High 11-7      |
|   |   |  |   |
| U16 A   | U16 B   | U16 C  | U15 A   |
| 8 February: St Mary's beat Northcliff High 12-3     | 10 February: St Mary's beat Mondeor High 14-0     | 10 February: St Mary's beat Mondeor High 11-3    | 8 February: St Mary's beat Northcliff High 13-3 |
| 17 February: St Mary's beat St Andrew's 14-0        |   |  | 17 February: St Mary's beat St Andrew's 11-3    |
|   |   |  |   |
| U15 B   | U14 A   | U14 B  |   |
| 17 February: St Mary's lost to Parktown Girls' 7-11 | 10 February: St Mary's beat Northcliff High 14-0  | 10 February: St Mary's beat Northcliff High 14-0 |   |
|   | 17 February: St Mary's beat Kingsmead 14-0        | 17 February: St Mary's beat St Andrew's 14-6     |   |

## ST MARY'S DSG SQUASH FESTIVAL

St Mary's participated in the squash festival in Pretoria from 10 to 12 February and achieved exceptional results. St Mary's A and B teams faced each other in the finals. Well done to St Mary's B for taking the honours.



At the St Mary's DSG squash festival



Back row: Alexandra, Renata, Sarah and Josie  
Middle row: Hannah, Rebecca, Georgina, Tannah and Panashe  
Front row: Ruth, Demi Alexia, Megan and Mrs Fox

## DUNLOP BLOEMFONTEIN JUNIOR OPEN – 24 TO 26 FEBRUARY

U19 A – Panashe, second  
U16 A – Jemma, fifth  
U16 B – Hannah, 15<sup>th</sup>

JENNIFER FOX  
SQUASH COACH

## KARATE

Congratulations to Nivia on being selected to represent Gauteng in the KSA National championship 2017 being held in Durban in March. She will be participating in the Junior Female Kata (ages 16/17) and the Junior Female Kumite (16/17) under 53kg.



## BIATHLON

Congratulations to Carly and Isabelle who have been selected for the Gauteng biathlon team.

# SWIMMING

The teams have tried to remain motivated and work hard in the early mornings with not much, bar a weekly gala, to keep their spirits up over the past few weeks but now the season seems to have flown by as inter-high week is upon us. The weather has wreaked havoc with swimming as, owing to heavy rain and lightning, we have not always been able to be in the water.

On 9 February our gala at St Stithians was called off after event 11 owing to lightning. On 16 February we had a super day and completed a gala at Kingsmead. The B team is commended on good swimming.



Tlameo



Rebecca

## RESULTS

|                                 |                                   |                                   |                                 |
|---------------------------------|-----------------------------------|-----------------------------------|---------------------------------|
| 1 <sup>st</sup> St Mary's A 404 | 2 <sup>nd</sup> St Andrew's A 391 | 3 <sup>rd</sup> St Mary's B 290   | 4 <sup>th</sup> Brescia 289     |
| 5 <sup>th</sup> Kingsmead A 286 | 6 <sup>th</sup> Jeppe A 217       | 7 <sup>th</sup> St Andrew's B 165 | 8 <sup>th</sup> Kingsmead B 150 |
| 9 <sup>th</sup> Jeppe B 69      | 10 <sup>th</sup> Brescia B 59     |                                   |                                 |



Nicole

The St Mary's inter-house gala scheduled for Thursday morning 24 February was postponed owing to heavy rain and cold weather and the annual "50m Night gala" on Thursday 2 March was cancelled owing to lightning. Fortunately, the morning of Thursday 2 March was fine and we were able to hold our inter-house gala.



Clayton House wins the 2017 St Mary's inter-house swimming competition

Clayton made history at the aquatics events last week when they won the water polo, the diving, the gala and the spirit prize at the gala.



Senior inter-house gala

QUIX  
HEAD OF SPORT

# ROWING



Cheering from the banks of the Roodeplaat Dam



U14 octuple

The final weekend of the South African Schools' rowing season arrived. The South African Schools' Rowing Championships regatta was held from 3 to 5 March at Roodeplaat Dam in Pretoria. The St Mary's rowers were delighted when all age groups competed in heats, trying to qualify for the A finals.

The St Mary's girls row as a team and, although the girls wanted to win their races, the most important aspect of the weekend was getting as many points as possible in order to win the overall trophy. The girls performed superbly in both categories, winning many races with B boats racing in A finals. The U14 and Open girls showed their strength in both, taking the first four places in single sculls.

St Mary's achieved many medals, however, it is in team spirit where our



Team spirit



Open quad

colours shone the brightest. Juniors, seniors and coaches all worked together to ensure a successful weekend.

The Senior Opens, rowing their last races, could not have performed without the support and enthusiasm of the club. The club could not have performed without the love and support from parents, friends and coaches.

ALEXA  
FORM IV

## NOTICES

### MUSE MORNING:

Tuesday 28 March, 07h15-08h30. All parents are welcome to join us and we look forward to hosting more dads.

### Time:

07h15-08h30

### Venue:

Wantage auditorium

### Topic:

The Power and Beauty of Parenting, presented by Craig Wilkinson, founder of "Father a Nation (FAN)". Craig will address the core drivers of the masculine and feminine psyche, the different roles of fathers and mothers in raising emotionally healthy children, and the messages that society gives to boys and girls and the impact it has on their psyches.

Coffee is served from 07h15 for a prompt start at 07h30. Refreshments will be available at the tennis pavilion, outside the auditorium of the Senior Resource Centre (Wantage).

RSVP: sharon.san@stmary.co.za

LOVE.COMMUNITY.INTEGRITY

10 MARCH 2017