

JUST JUNIOR



First day of school for Grade 000s, Grade 0s and Grade 1s

From the headmistress' desk

Dear parents

Best wishes for 2016 and a warm welcome to everyone.

A special welcome to our new girls and their families as they join the St Mary's community. May you enjoy many happy and fulfilling years at our school. School is a special place when it is filled with children and on Wednesday 13 January, the arrival of the children marked the start of a new school year, with new experiences and learning.

Our welcome assembly focused on the writings of Titus, in which he explored hard work and commitment as attributes for a good life. A new year brings new beginnings, new friendships and new possibilities, and we encourage our children to embrace these opportunities.

I congratulate the matric class of 2015 and their teachers on their outstanding results and I am pleased to mention that the top five candidates were Junior School girls.

Leadership

I congratulate the Grade 7 leaders and wish them well as they embark on learning to lead in various areas across the school. The leadership development programme commenced last term and further lessons and discussions will continue at the Grade 7 camp in early February. We look forward to supporting them and guiding their personal development in the M3 programme.

Events and activities

The co-curricular activities commenced this week and sport is in full swing. The Junior School swimming team will participate in the

Dates to diarise

JANUARY		
Mon 25	18h00	PTA meeting -
T 0/	401.20	boardroom
Tue 26	10h20	Grade 7 tea with headmistress
	14h00	FinCom meeting -
	141100	boardroom
	16h30	Board meeting -
	101150	boardroom
Thu 28	07h30	Old Girls' as present
1110 20		parents' breakfast
		(SMOGS)
	10h18	Grade 7 tea with
		headmistress
	14h00	Tennis at home and
		away
Fri 29	14h00	Gala away
Sat 30	08h00	Grades 4 to 7 tennis
		festival
	09h00	Reggio workshop
		- Junior School
		auditorium and Senior
		Primary hall
FEBRUARY Tue 2	08h00	Crado E tour doparte
Tue z	001100	Grade 5 tour departs to Lapalala
	08h30	Grade 6 tour departs
	001150	to Kloofwaters
	10h18	Grade 7 tea with
		headmistress
Wed 3	12h12	Junior School HoD
		management meeting
Thu 4	07h30	Junior School class
		reps' meeting - Junior
		School auditorium
	14h00	Tennis at home and
		away
Fri 5	12h30	Grade 6 tour returns
	401.00	from Kloofwaters
	13h30	Grade 5 tour returns
	14h00	from Lapalala Galas at home and
	141100	away
Sat 6	10h00	Grade 0 2017
Saco	101100	information morning
	~	(by invitation only)
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annual Summer Splash festival, a combined Junior and Senior School gala, diving and water polo event. We wish our swimmers all the best for tomorrow, Saturday 23 January. The choir auditions for voice placement are under way and all cultural lessons are on schedule. Please ensure your daughters show commitment to the sporting and cultural activities in which they have chosen to participate. Once they have joined, the expectation is that they remain with their selection for the full term.

Staff news

Mrs Shelley Crawford is recovering well and her results are indicating great progress in her health. I thank Mrs Angie Jennett for continuing to teach junior Afrikaans. I welcome Mrs Carrie Firth to our teaching team - Carrie will teach English, Drama and Social Sciences in the Senior Primary. Our new chaplain, Revd Claudia Coustas, met with the girls after her induction service yesterday. Claudia is a past St Mary's pupil and we look forward to her guiding our spiritual journey. Mrs Kerry Gibbons has returned from maternity leave and we congratulate Revd Jenny Mabin Krige and Mr Paul Krige on their marriage in December.

Thank you for attending our Evensong and Meet the Teachers event on Tuesday, where detail on your daughters' daily programme and valuable class information was shared. I remind parents that open communication is essential for the well-being of your daughters and for the success of the school. Please do not hesitate to contact the relevant teacher, deputy head or myself if you have any concerns. I wish you all a pleasant Easter Term.

Yours sincerely

Des Hugo Headmistress: Junior School

From the chaplain

Many recently-married couples experience that on the day of the wedding, everything goes by in such a blur that they do not even taste the food - if they managed to eat anything at all - such was the anxiety of the day! I can only imagine how the bridegroom must have felt, at the wedding Jesus, his disciples and family attended in Canaan (John 2:1-12)... and then, horror of horrors, they ran out of wine! Imagine the bridegroom's relief when Jesus converted water into the best wine the head steward had ever tasted. According to John's Gospel, this was Jesus' first miracle, thus the bridegroom would not have been aware of exactly who Jesus was: God's only Son - no ordinary guest!

A new year is a time of celebrating new beginnings, just as the bridegroom was celebrating marrying his beloved, and yet these beginnings may come with attendant anxieties. As we enter into the busyness this year, perhaps we find ourselves feeling overwhelmed with all that needs to be done, and wonder whether we have enough time, energy, skill to do it all. Let us not forget that in amongst all the busyness, Jesus sits with us as he sat at that wedding banquet - and he can convert what appears to be only water (our seeming inadequacies, insufficient time, and so forth) into something beautiful in our lives.

Revd Claudia Coustas Chaplain



Meet the chaplain

Revd Claudia Coustas has taken up the post of chaplain at St Mary's from January 2016. St Mary's is a familiar context for her - she attended St Mary's from Grade 1 and matriculated in 1998. Prior to being ordained, she qualified as an industrial psychologist and worked for a small consulting firm for five years. She began studying theology, and over time, God guided her in a different direction: she felt called to full-time ministry within the church. She worked for St Michael and All Angels Anglican Church, Weltevreden Park, as a youth pastor for just over a year, before attending the College of the Transfiguration, the Anglican seminary in Grahamstown, for a year. She was ordained deacon in January 2013, and priested a year later. She returns to St Mary's, having just completed a threeyear curacy at St Stephen's Anglican Church in Sunninghill. Claudia's hobbies include attending boot camp or gym, walking and hiking, and generally being outdoors and, in particular, reading and spending time with friends and family.



Grade 6 community service

A group of Grade 6 girls from St Mary's and Iphuteng Primary in Alexandra were invited to take part in the WorldChefs global initiative in partnership with Nestle Professional. The girls became chefs for a the day and chef Luxolo Tabata and his team from SA Chefs taught the girls about the seven colours of healthy food. Through interactive demonstrations using fresh ingredients, they learnt how to create simple, nutritious dishes.

Linda Maishman

Senior Primary teacher, Junior School community service co-ordinator



PTA Club 100 winners for Term I 2016

100%: Samara Mayet - Grade 5: R27 450 20%: Julia Bell - Form V: R7 600 10%: Lalage Nuttall - Form V: R3 800

All parents of Grades 4 to 7 girls are welcome to complete Admission to Communion application forms, available from the Junior School reception. Admission to Communion will take place during the Eucharist service on Wednesday 16 March, and classes will take place on Fridays, 07h30 - 08h00 on 5 February, 12 February, 26 February and 4 March in the chapel. Please hand completed forms back to reception by Monday 1 February. Please contact Revd Claudia for more information: claudia.coustas@stmary.co.za.

Physiotherapy is now available at the school during the term, from 13h00 to 16h00, on Mondays in the Health Centre. This service is provided by Leigh Johnston of Leigh Johnston Physiotherapy, based at 100 Athol Street, Waverley. The practice itself is open Monday to Saturday, by appointment only. Leigh's clinical interests include back and neck pain, headaches and sports injuries. Appointments can be booked with Leigh directly by text on 082 379 2428, by phone at 011 440 1044 or by email at johnston.leigh@gmail.com.



For more info: call 083 226 2871



The On the Edge Programme Dance and Drama project offers Royal Academy of Dance ballet, Dance Mouse (modern styles) and drama to the Junior School.

Jessica Moss teaches Dance Mouse to Grade 000 and Grade 00, and Leanne Vermaak teaches Dance Mouse to Grades 0 to 5. Michelle Emslie teaches RAD ballet. Kyle de Boere is continuing with Junior drama and Claire van Niekerk with Grade 6 and 7 dance.

Registration details and other important information regarding these cocurricular activities can be found on the website www.5678productions. co.za.

Ballet girls will be able to do their exam work through Michelle.

All Junior dance from Grade 0 to Grade 5 will be instructed in the Dance

Mouse syllabus, allowing the girls to experience a diverse programme and exposing them to many different forms of dance through a fun and ageappropriate syllabus. There will be an assessment in October for medals and certificates.

Grade 6 and 7 dance and all drama grades will perform in a showcase in October.

Drama encourages learners to represent human experiences, explore relationships between people in real or imagined situations and to understand the world.

Claire van Niekerk 5678 Productions



From the Sports department



JUNIOR SCHOOL SPORTS WEEK AHEAD: 25 TO 31 JANUARY (WEEK 3)								
Date	Sport	Teams	Venue	Time	Transport	Teacher		
Thursday 28 January	Tennis	A and B teams vs APPS A and B C and D teams vs Roedean C and D	St Mary's Roedean	14h00	Bus	Mrs Plant Mrs Lowndes		
Friday 29 January	Swimming	A team B team C and D teams	St Benedict's St David's St Stithians Boys	13h30	Bus Bus Bus	Mrs Samson Mrs Hallendorff Ms Wood		
Saturday 30 January	Tennis	Grade 7 festival Grade 6 festival Grade 5 festival Grade 4 festival	Roedean St Andrew's St Stithians St Teresa's	07h30	Parents Parents Parents Parents	Mrs Plant Miss Turner Miss Wood Mrs Lowndes		