

SENIOR SCHOOL NEWS



St Mary's girls have excelled both in the cultural as well as sporting spheres. We won best play at FEDA and five of our rowers were chosen to represent South Africa at the World Rowing Junior Championships

From the head's desk

Dear parents

St Mary's girls have achieved significant successes in the past weeks. Five of our rowers have been selected to represent South Africa at the World Rowing Junior Championships, and one of our entries in the FEDA drama festival won best play. A number of other categories at FEDA were also won by our girls. The debating teams are doing well, and the hockey and netball teams are enjoying success. I talk often about the benefits of the co-curricular programme, and its influence on character development and growth. Both winning and losing contribute to our development as human beings, and this is important to remember. Although we strive to achieve success at St Mary's, we also value the lessons that come with losing and failing. The most important lesson we teach the girls is to give themselves a chance to win through commitment and hard work.

Theo Garrun, who edits the School Sport supplement in the Saturday Star, wrote the following on this topic: "The lessons are about not despairing, about the virtues and eventual rewards of hard work, about building achievement, one small step at a time, and about not allowing yourself to be written off. And, above all, it's about not being arrogant while you are on the top of the pile, because you are definitely not going to be there forever."

The Form III girls, Mrs Leigh-Anne Verster, Mrs Cindy Len and Mrs Marli Oosthuizen, are congratulated on staging an elegant and impressive fashion show, highlighting the girls' talents. This is a valuable learning experience involving planning, teamwork, and dealing with difficulties and frustrations.

At St Mary's we celebrate endeavour and hard work as much as achievement, because it is through endeavour that success becomes possible. It is also with this understanding that we remain humble in knowing that each day offers renewed challenge.

Deanne King Head of school

Dates to diarise

Мау		
Fri 27	07h30 15h00	Peer counsellors' assembly U19 A squash vs Noordheuwel at home
Sat 28	07h30 08h00 09h00 13h00 Sun 29	Netball tournament at Brescia Hockey (away) FIII Accounting: Pastel training FIV Accounting: Pastel training SACEE debating (off-campus)
Mon 30 Tues 31	10h00	Chess (away) Patronal Festival Eucharist and
	15h00	picnic Hockey (away)
June		
Wed 1 Thurs 2	18h00 14h15 18h00	Foundation cocktail evening FV Art prac FII parent information evening: subject choice and Wilderness School
Fri 3 Sat 4	15h00 08h00	Squash at home Hockey and netball (home and away) Central Gauteng Top Schools' squash at St John's College
Sun 5		Central Gauteng Top Schools' squash at St John's College
Mon 6 Tues 7	07h15 09h00	FIV examinations begin Muse morning IEB FV Dramatic Arts ESIT B
Wed 8	09h00 09h00 09h00	FIII examinations begin IEB FV Life Orientation CAT B ABRSM theory and practical examination
Thurs 9	12h30 11h10	IEB FV English CAT B FV green Consumer Studies PAT session 1
Fri 10	14h15 07h30	FV Art prac St Mary's Grade 7s of 2015 plaque unveiling
	10h30	FV pink Consumer Studies PAT session 1
	12h00	ISSF - St Stithians

From the chaplain

The Feast of the Visitation of the Blessed Virgin Mary is on 31 May and, therefore, also our Patronal Festival (the day on which we give thanks for our school community, named after our patron saint, Mary Mother of Jesus). Our Patronal Festival is an occasion to consider the identity of Mary, and of the community of St Mary's.

Contemplating the identity of Mary gives us occasion to consider Christ through the eyes of his mother. For many, Mary, who treasured in her heart all she heard spoken to her about her son as the Messiah and son of God (Luke 2:19,51), draws us to Christ just as she as mother is drawn to her child. Mary is chosen by God to be Mother of our Lord. In the same way, with the chapel symbolically at its centre, the identity of the St Mary's community is centred in God and draws us to God. Perhaps indicative of the male-dominated zeitgeist of the time in which the Bible was penned, few of Mary's words are reported to us. Firstly, we know of her prayerful and courageous obedience to God: "Let it be to me as you have said" (Luke 1:38) – words of a very young woman, betrothed and not yet married, yet pregnant in a culture that condemned to death women for falling pregnant outside marriage.

Secondly, we know that Mary ached for those who were downtrodden: she rejoiced that the child in her womb would grow to be the hope for the lowly and the hungry (Luke 1:46-55). St Mary's School has sought to be true to the prayerful and courageous obedience of its patron saint, being one of the first schools to welcome teachers and pupils of diverse cultures, during the apartheid regime. Today, we continue to strive for the diversity that characterises us as South Africans, and seek to give the educational opportunity St Mary's offers, to those who would not otherwise be able to afford it.

Finally, as Maureen Orth states in her article in the *National Geographic* ("The Virgin Mary", December 2015), "clues about [Mary's] life are elusive" (p37). There is much about her identity that is unknown. In a sense, space is left within her identity for the expression of our own, here at St Mary's. This is a community in which our girls and staff are encouraged to go beyond the norm, outside of what has always been done, to define our own identities as individuals and as community within society.

In sum, Mary Mother of God: who draws us to prayerful, courageous obedience to Christ who is at our centre, who has a heart for those on the lowly and downtrodden, and whose identity leaves room for the expression of our uniqueness as individuals and as a community.

Revd Claudia Coustas Chaplain

From the head girl

As we settle into the second term and the girls prepare for examinations, cellphones prove to be more of a devilish distraction than a useful tool of communication.

I generally like to keep on top of my schoolwork but there are times when I have been a culprit, eagerly laying out my homework and putting together a study timetable, only to sit down at my desk and scroll through Instagram, Twitter and WhatsApp, while the work which needs to be done collects dust until the last minute. I also remember regretting my decision the night before an examination ... but not enough to change my habits. Now, four-anda-half years, and many examinations and late nights later, I have come across an app called *Flipd*, which allows you to hide all your downloaded apps for a selected period of time. When enabled, one can only make and receive calls, and listen to music. Access to all games and social media is blocked. On days when I find it particularly difficult to focus and turning my phone onto silent is not enough, this app has forced me to settle down and get my work done, and I definitely feel better afterwards. I strongly encourage the girls to download *Flipd* - I wish I had had it a while ago.

Shayna Head girl

Blazers

The following girls were awarded honours blazers at final assembly last term:



Cultural blazers Inge, Bronwyn, Michela



Service blazer



Sports blazers Andrea, Lace

FEDA



The Festival of Excellence in Dramatic Arts (FEDA) is a prestigious high school one-act play festival that takes place annually. FEDA recognises young theatre practitioners and encourages them to create original, inspired and cutting-edge plays to be performed on a professional stage.

This year, St Mary's entered an astounding five plays, one an original work written by Siphosihle titled *#Hashtag*, and four published works: *The Most Massive Woman Wins, For colored girls who have considered suicide, Hang* and *Eclipsed*.

The plays were provocative and brought about an awareness of social consciousness, moral outrage and, most importantly, the fierce courage of these young theatre practitioners to give a voice to the voiceless, reflecting a world we would rather forget and bringing societal injustices to our attention. The standard of the work at FEDA this year was exceptional, and the performances were riveting.

The first St Mary's play to perform, *#Hashtag*, about the Fees Must Fall movement, was cutting-edge theatre at its best, with the audience being part of the demonstration outside the theatre and then moving inside. This play was chosen as one of the top five best original works. *#Hashtag* won awards for Best Special Effects and Best Sound. It was also nominated for Most Inspirational Production, Best Director, Best Original Script, Most Cutting Edge Production, Best Choral Work and Best Ensemble.

Next to perform was The Most Massive Woman Wins. This play received nominations for Best Ensemble and Best Lighting.



The third St Mary's play to take to the stage was *For colored girls who have considered suicide*. Lwazi was nominated as Best Actress for her role, and the play was also nominated for Best Sound, Best Ensemble and Best Chorus Work. *For colored girls who have considered suicide* won the Best Lighting award.

Our fourth play was *Eclipsed*, directed by Victoria. *Eclipsed* is about human rights abuses during civil war in Liberia. *Eclipsed* saw three cast members nominated for the Best Supporting Actress role, with Sandile taking top honours. It was also nominated for Best Lighting, Best Sound, Best Ensemble and Most Cutting Edge Production. *Eclipsed* won the Best Actress (Thidziambi) award, Best Director (Victoria), Best Set and was named Best Production of the entire event.

The last St Mary's play was *Hang*, a powerful production about crime, revenge and capital punishment. *Hang* received nominations for Best Set, Best Lighting and Best Actress.

A special mention goes to Victoria, and her unbelievably talented cast, for winning FEDA with their production of Danai Gurira's *Eclipsed*, a riveting and gut-wrenching story of five women brought together by the Liberian civil war in a powerful tale of hope, helplessness, resilience and survival.

Judge Ismail Mohammed (director of the National Arts Festival in Grahamstown) stated after the FEDA finals, "The four productions chosen by Sylvaine Strike and Nat Ramabulana for the finals of the Festival of Excellence in Dramatic Arts (FEDA) celebrated and honoured the power that theatre holds when it is the



architecture of our consciousness."

More than just celebrating excellence in dramatic art, FEDA offers us hope. It raises the profile that young people who are exposed to the arts have a better chance of becoming socially conscious and socially responsible citizens.

Hats off to Janet Baylis, Phillipa Sandilands and the 52 teachers whose work testifies that, when political leadership fails, it is theatre that can offer young people a moral and political compass.

It offers them a voice for their moral outrage. It gives them the insight to re-envision our society. In the face of profound failures by political leadership, theatre gives young people the bold courage to step right in front and to challenge us. It gives them the power to take ownership of how society can be shaped.

At the National Arts Festival this year, catch the 2016 winning FEDA play, *Eclipsed*. If there is going to be one Fringe production that offers you a universal statement about the impact of war on young women, and which is performed by five young women with astonishing conviction and remarkable acting skill, then I have no doubt that it will be the St Mary's production of Gurira's play.

We congratulate all the casts, directors and teachers involved in the St Mary's productions.

Emiliana Adriano

Drama intern

Oxbridge Academic Programs Spring Seminar 2016 - Oxford University



A typical cobbled street in Oxford



Oxford University Museum of Natural



Our rooms were on staircase 10 in this beautiful building



Phateka, Jenny, Khanyisile, our lecturer - Ken, Atlehang and Nandi Shezi



"The crew" outside Blenheim Palace

On 20 March, four Form IV Life Sciences girls, Khanyisile, Atlehang, Nandi and I, accompanied by Life Sciences teacher Mrs Jenny Page, arrived in Oxford. We were given rooms in the beautiful buildings of Pembroke College, which was founded in the 1600s.

Full of excitement and anticipation, we could not wait to dive into our schedule. The major we elected to study was genetic engineering. We studied DNA in detail, learned how to determine the likely cause of a genetic disorder and finally studied the various techniques of extracting a desired gene from one being and placing it into another, including using the cutting-edge CRISPR technique. After analysing many different combinations of adenine, thymine, cytosine and guanine, there is no doubt we were ready for the laboratory and also well prepared to study this section in Form V. We interacted with other students in the programme, who came from a variety of other places such as Puerto Rico, Ireland, the US, Spain and Canada. Lessons in the major occurred every day, and on Tuesday and Thursday we participated in our various individually selected minors, which included world affairs and medicine.

The programme was jam-packed for the rest of each day. On offer was a plethora of seminars and outings, including tours to the Bodleian Library that houses some of the most valuable manuscripts in Great Britain, and the awe-inspiring Blenheim Palace. Some highlights were watching a football match between Oxford United and an opposing university (and we were disappointed to find that there was not a single vuvuzela), a tour of the Globe Theatre and watching the play *Billy Elliot* in the West End. These experiences would not have been the same without our newly acquired international friends. We had many heated debates about the correct pronunciation of words, comparisons of whose country had greater political problems, and discussions about our different cultural customs. With the help of social media, we shall certainly stay in contact with our crew.

Our incredible journey from South Africa to the United Kingdom was truly one for the books and we thank our parents, Mrs Page, Ms King and Ms Nathanson for the opportunity that will be forever one of our happiest memories. We highly recommend this programme for anyone.

Phateka Form IV

Dance crew



Contemporary dancers in Michela's dance



Hip hop dancers who performed in Andindedwa's dance

The dance crew created two new pieces to perform at the St Mary's Investec Hockey Festival.

This was a great choreographic opportunity for Andindedwa Lebona and Michela Passoni, and the dance numbers were well rehearsed and very well received by the audience.

The afternoon dance classes also had the opportunity to perform at the St Mary's Investec Hockey Festival, with three jazz classes performing

the same work choreographed by myself, the hip hop class performing a piece by Courtnae' Paul and the Latin dancers a dance by Megan Walker. Bronwyn Craddock also performed a solo contemporary piece.

Claire van Niekerk



Derby Day - Art



One of the panels

The final product

On Saturday 14 May, a group of St Mary's and Durban Girls' College girls participated in the first St Mary's Derby Day Art session. We undertook the ambitious task of painting a huge mural depicting rolling hills, trees and a sky filled with clouds. Each panel was painted by different girls and reflected their individual styles but, when assembled, formed one cohesive picture, symbolic of our two schools coming together. When assembled, kites made by Durban Girls' College pupils, depicting inspirational women, were placed on the mural to encompass our theme of "Girls Flying High". Although we were all happy with the end result, the best part was definitely getting to know some new faces and bonding with some old ones in a creative space.

Jordyn Form IV

Derby Day

Cultural activities and opportunities are so varied at St Mary's that it seemed only appropriate to showcase these at Derby Day. Our offerings ranged from sewing to slam poetry. From the kitchen to the Constitutional Court, there was something for everyone. The weather certainly played its part, as the girls gravitated to the warmth of the theatre to watch the plays that were in their final stages of preparation for the Festival of Excellence in Dramatic Arts. The Durban Girls' College girls arrived ready to play, experience and contribute to the workshops on offer. The St Mary's staff are commended on their willingness to participate, as well as their resilience when faced with the challenges that a day such as this brings. Thank you to all, especially the kitchen staff, who kept us fed and watered throughout the day.

Jane McMurray

Head of culturals

Phelps' Lent collection



Sue Heydenrych, Phelps head of house, with the girls and their donations



Outside the Lighthouse Baby Shelter and Children's Home



The donations of baby products



At the baby shelter

On 6 April, Mrs Heydenrych, Ms Paules and a group of girls had the privilege of going on a joy-filled visit to the Lighthouse Baby Shelter and Children's Home. It was a privilege to be able to give to a community in need. The children were so excited to see us, and so were we. We spent almost two hours playing together and getting to know the children.

Emma

Phelps' annual Lent collection demonstrated the willingness and support by all girls in the house. The Lighthouse Baby Shelter and Children's Home, located in Sundowner, Johannesburg, takes care of children from birth to the age of six years. They solely rely on the generosity of the public for finances. Phelps contributed by collecting Pampers, Nan formula, ProNutro and baby cereal.

We extend our gratitude to parents, staff and girls who made this contribution possible. The effort put into the extraordinary contributions and experience did not go unnoticed, and is much appreciated.

Frances Phelps head of SAMS

Rakgadi Phelps deputy head of house

From the Sports department



Rowing



The five St Mary's girls who will compete in the woman's eight team: Megan, Jessica, Alexandra, Caitlin and Constandina

The South African junior national team will be making history at this year's World Rowing Junior Championships, as the girls will be competing in an eight. This is the first time a woman's eight will compete at an international regatta, and there will be five St Mary's girls in this boat.

Rowing open day

If you would like to try something new, come to our joint open day with St John's College. Date: 24 July Time: 09h00 Venue: Victoria Lake Club

Caitlin Dace Head of rowing

Squash

Boys' league

St Mary's U19 A participate in the boys' league on Friday afternoons and, to date, have an excellent winning record.

St Mary's U19 A beat Northcliff High 11-7 St Mary's U19 A beat Jeppe Boys' High School 14-0 St Mary's U19 A beat Hoërskool Florida 11-3



Jeppe Boys' High School with St Mary's

Derby Day

St Mary's entered A and B teams in the Derby Day. The girls played exceptionally well, winning every match and not dropping one game.







Having a bit of fun after the match against Durban Girls' College

St Mary's B

St Mary's A with Durban Girls' College



At prizegiving at Central Gauteng Junior Squash Closed

Closed Tournament, and the following girls have been chosen to represent their province at the Squash Inter-Provincial Tournaments during June.

Central Gauteng

Junior Squash Closed

This past weekend, many of our St Mary's girls

played in the Central Gauteng Junior Squash

Panashe - won the U19 section and has been selected for the IPT squad Jemma - won the U16 age group and has been selected for the IPT squad Georgina - placed 3rd in the U16 age group and has been selected for the IPT squad Amy - placed 6th in the U16 age group and has been selected for the IPT squad Megan - placed 5th in the U14 age group and has been selected for the IPT squad, and also claimed the title of "Best Newcomer" in Junior Squash Zanele - placed 6th in the U14 age group and has been selected for the IPT squad Alexia - placed 8th in the U14 age group and has been selected for the IPT squad Demi - placed 9th in the U14 age group and has been selected for the IPT squad

Well done, girls!

Jennifer Fox Squash coach

Hockey

The hockey girls participate in two leagues. The Grays league features the A and B teams, while the Malik league features the C team battling it out against many schools' A and B teams. Additionally, the teams engage in friendlies against tougher opposition teams from near and far.

One of the most exciting friendlies of late was our Derby Day against Durban Girls' College, and our trek to the Vaal to play against Transvalia. This year, we had home turf advantage against Durban Girls' College.

However, the wet and rainy weather may have evened out that playing field, by making the conditions tough for both teams. Despite the weather, both teams played with passion and pride. We managed to secure four wins, one draw and one loss.

This past weekend we met at 06h15, hopped on the bus and with the music pumping the girls soon forgot about their early start. On arrival, we were treated to hot drinks, a rusk and boerewors by Transvalia. The hockey matched the festivities and proved to be challenging. St Mary's achieved two wins, one loss and two draws.

Overall match results

	Wins	Losses	Draws
Grays league			
Kingsmead College	8	0	0
Fourways	8	0	0
Mailk league			
Jeppe	1	1	2
Holy Rosary	2	2	0
Friendlies			
Waterkloof	4	5	2
Witteberg	3	1	1
Voortrekker	1	0	0
Durban Girls' College	4	1	1
Transvalia	2	1	2



Karabo against Transvalia

Well done to Sarah, who made the U14 Gauteng team, a side selected from Southern, Northern and Eastern Gauteng players. Congratulations to the following players who will be representing Southern Gauteng in their respective age groups. All the best for the coming training and tournaments:

U14 A Emma Hannah	U14 B Nicola Zanele	U14 C Roxanne
U16 A Kiara Georgina	U16 B Rachel	U16 D Sarah Dominique Reabetswe Emma
U18 A Hannah Liezl Julia B Julia Fl Megan Francesca	U18 B Roxanne	U18 C Claire Carly

Roxy Coetzee-Turner

Hockey coach

Equestrian



Gessica riding Swazi-Lizkhar Savannah

The equestrian team competed at the third qualifier of the inter-schools' league on 14 May. Unfortunately, the second day of the competition was cancelled owing to poor weather conditions and the show jumpers and equitation riders were unable to compete. We extend our thanks to all riders, parents and spectators for joining us in such miserable weather.

Although Saturday was cold and rainy, the team was able to achieve some excellent results. The following riders were placed in the top third of their classes, winning maximum points for St Mary's: Caitlin placed 1st, 2nd and 4th in various Dressage classes, 3rd in Performance Riding and Working Riding and 4th in Working Hunter; Lia placed 1st in Working Riding, and 1st and 2nd in Working Hunter; India placed 2nd in Working Hunter, and 6th and 7th in Dressage; Nicola placed 3rd in Working Riding, 4th in Performance riding and 8th in Dressage; Margaret placed 3rd and 6th in Dressage; Kate placed 4th in Performance riding; Babette placed 2nd in Working Hunter; and Jessica placed 5th in Dressage.

SANESA Eventing was held on the weekend of 21 and 22 May at Northern Farms, and Andrea won the Level 5 class on her sister's horse, El Encanto Conchita. Nicola had had an unfortunate fall during the week, breaking her collarbone, so will be unable to compete for the rest of the season.

Pony Rider and Junior Derby was held in April and we congratulate Caitlin, who won the SA Junior Dressage Derby 2016, Lia, who won the 2016 SA Pony Rider Working Hunter Derby, and Itumeleng on winning the Children's 1m Micro Derby. Andrea and Nicola, Coral, Margaret and India also competed, and were well placed in their respective disciplines.

Andrea was selected as a team member for the South African Pony Club U19 Tri-Nations Competition. The South African team won the Show Jumping and placed 2nd in the Dressage

Gessica Form IV



Michelle riding Sunlands Strictly Straight



Andrea - SA Pony Club Tri-Nations

Netball

We started this term with a bang and have played a number of matches already. I am very proud of the netball girls. They have worked hard at training sessions and have shown great determination during their matches.

We played a friendly against Witteberg, a touring team from Bethlehem in the Free State, on Friday 6 May. All our teams lost except for the U15 C and D teams. They were very tough matches and our girls learned a great deal from them. Congratulations to the U15 C and D team girls for winning their games.

We also played Durban Girls' College at our annual derby day. This was quite taxing for everyone involved, owing to the rain that did not let up the entire day. We played all our matches in the gym on a smaller court using "indoor netball" rules. This was great fun for everyone but quite difficult to play "seven-man" netball on a smaller court. All our teams, except for the 1st team, won their matches.

The results from our league fixtures are as follows:

The results from our league fixtures are as follows:

Tuesday 17 May, against St Dunstan's: U14 A won 17-15 U14 B drew 5-5 U14 C lost 6-11 U15 A lost 6-29 U15 B lost 9-14 U16 A drew 16-16 U16 B won 21-6 2nd team won 26-19 1st team won 18-17

Our 1st team need a special mention as they staged a great comeback in the second half of the game, when they were down 15-10. They never gave up but fought back to win the game 18-17. It was exciting to watch.

Wednesday 18 May against HeronBridge U14 A won 9-4 U14 B won 11-1 U14 C won 10-0 U15 A lost 6-15 U15 B lost 8-21 U15 C won 24-4 U16 A lost 7-16 U16 B drew 12-12 U16 C played HeronBridge 3rd team and lost 2-30 Our 2nd team lost 18-22. This was a very tight game. 1st team won 25-12

Our 1st team were complimented after this game by the head of netball at HeronBridge, who also umpired the game. She said our 1st team play beautiful, strong netball and she was very impressed with them. This is indeed a wonderful compliment to our girls and Mrs Palesa Masinga, our coach.



Cross-country



Since the beginning of the year we have all seen a small-framed Form I boarder spend hours running every afternoon on either the AstroTurf or the grass field.

Well, the reason is now clear: Jenna is an excellent cross-country and middledistance athlete.

She joined the high school cross-country league as a private entry and has been able to run in three of the last four meets of the season.

She runs in the junior girls' section and, to date, has a 4^{th} , 3^{rd} and 1^{st} place to her credit. Well done, Jenna, we are proud of you.

Quix Head of sport

Jenna

Derby Day

The inaugural Derby Day with Durban Girls' College was held last year in Durban. The aim of the day was having two schools with a similar ethos have as many girls participate or compete in sporting and cultural activities - to make new friendships, to rekindle old ones, and to chat and network in a relaxed and safe environment. We were excited to be the hosts this year, until the Tuesday before, when we looked at the weather report. A 70% chance of unseasonable rain was predicted. This report deteriorated daily until Friday, when it became a 90% chance of rain for most of the day.

Despite numerous visits to the chapel, and lots of thumb-holding, it was not to be. There was a constant deluge for the majority of the day, and some quick thinking and adaptations to courts and rules had to be made for some sports. Squash got off lightly and continued as normal. St Mary's dominated the squash results, not dropping a match. Hockey was played in the most trying circumstances; in fact, underwater hockey cannot be that different. We won four of the games, drew one and lost one.



Ros Howell (deputy headmistress) and Mumsy Malinga (debating coordinator) having to share an umbrella

Netball moved into the gym, put down a few temporary lines and changed a few rules in order that they could play indoor netball. We won four of the five netball matches. It was the tennis girls who really had to be creative, but as a result we have changed how we may play the tennis in the future. These girls had amazing fun and created the camaraderie that the day is about.

The inclement weather encouraged many of the sports girls to attend cultural activities they may never have thought about, as the warm and dry Edge was a great lure. Having said this, nothing could stop either school singing and cheering for their 1st hockey teams in the final event of the day.

Despite the weather, a wonderful day was had by all and we look forward to our trip down to the coast in 2017.

Quix Head of sport

From the Foundation





Durban get-together



Stellenbosch get-together

Cape Town get-together: Deanne King with Stephanie (head girl 2013)

Deanne King and Ros Howell, accompanied by Gillian O'Shaughnessy, Foundation manager, and Les Vercellotti, chairperson of the Old Girls' Association, visited St Mary's Old Girls living and studying in Stellenbosch, Cape Town and Durban recently.

The visit was a great success, with over 80 SMOGS attending the various get-togethers. The occasions provided St Mary's and the St Mary's Foundation with an opportunity to share news of the school, and the Foundation's programmes and success stories.

Stellenbosch students chatted warmly about their fond memories and anecdotes of their times in the classroom. SMOGS in Cape Town had an opportunity to network with girls of various age groups. Durban SMOGS were hosted to a lunch at a function that has grown in popularity, and it was heart-warming to see past pupils who had travelled from as far as Mooi River joining us in Umhlanga for lunch.

We look forward to the Johannesburg SMOGS get-together, taking place on Friday 3 June.

Gillian O'Shaughnessy Foundation manager Educating tomorrow's leaders

St Mary's Foundation Cocktail evening

Join the St Mary's Foundation for an evening of inspiration and motivation.

Find out how the Foundation is assisting previously disadvantaged students in attaining a quality education and the positive impact this is having on our country.

> Wednesday 1 June 2016 18h00 Senior School dining room St Mary's School, Burn Street, Waverley

> > RSVP by 27 May foundation@stmary.co.za



Muse Morning

Topic:

The central role of narcissism In healthy personality development: nurturing empathy, perseverance, responsibility and emotional regulation in our children and ourselves. Being able to manage feelings of disappointment, anxiety and anger are essential to developing a positive and robust sense of self.

Julia Halstead-Cleak will describe how emotions impact our physical, mental and emotional health, and discuss some practical ways to engage with and support your child/children's sense of self. Date: Tuesday 7 June, 07h15 to 08h30

Venue: Wantage Auditorium

Coffee is served from 07h15 for a prompt start at 07h30.

RSVP: sharon.san@stmary.co.za

Presented by Julia Halstead-Cleak, clinical psychologist, director of Adult Services

World Challenge Nepal

<section-header>

YOUR EXPEDITION – ST MARY'S SCHOOL WAVERLEY

The Details...

Destination Name	Price	Departure Slot
Nepal	ZAR 39 995	15 th - 17 th April 2017
Length Of Expedition		
16 days		

For more information, contact Melanie Blair at melanie.blair@stmary.co.za.