

JUST JUNIOR



The Grade 3s enjoyed selling their goods at market day

From the Junior Primary department

Dear parents

We are delighted that most girls are walking independently to the classrooms in the mornings. We are so proud of them. Please could we ask that Grade 1 moms write messages in the message books provided, rather than waiting to speak to the teachers, as this holds up the start of the academic day for the class.

Co-curricular activities provided by the teachers ended on Wednesday 1 April. Grade 3 compulsory music sessions, however, continue up to and including 7 April. Prep will continue until Thursday 9 April. There will be no prep on Thursday 2 April, for Grade 1-7.

The girls are wearing their uniform with pride, and most are remembering to wear their blazers on a Tuesday and Friday. Girls may not wear nail polish or glittery earrings.

Book fortnight is under way. The girls enjoyed the storytelling evening, and we thank the Senior School girls who entertained us with their wonderful performances under the guidance of Deanne King. Thanks also go to Lara Rammutla and Carmen Schoeman for relaying information to parents about the upstander programme and Persona dolls.

The Grade 2s enjoyed their visit to the bird park, and we supported the Grade 3 market day, which was most enjoyable.

In support of the hockey festival held at St Mary's, the girls from Grade 0-7 may wear their red sports uniform to school on Thursday 9 April. On Friday 10 April only Grade 0 and Grade 3-7 girls will be dressed in their red sports uniforms. The Grade 1 and 2 girls must be dressed in their summer dresses with

Dates to diarise

APRIL

APRIL		
Mon 6		Family Day
Tue 7		Senior Primary
		report reading
	07h30	Grade 2 and 3
		piece playing
	12h30	Grade 4 and 5
		piece playing
	10h00	Pressure Productions
		Tales with a Twist
Wed 8		Senior School
Wed 0		hockey festival
	12h30	•
	121130	Grade 6 and 7
	4 41 20	piece playing
	14h30	EXCO meeting -
		boardroom
Thur 9	07h30	Grade 3 instrumental
		demonstrations -
		The Edge
Fri 10	07h30	Junior Primary end-of-
		term service
	07h30	Grade 6T assembly
	08h00	Grade 0-2 to
		People's Theatre
	17h30	Old Girls' cocktail
	.,	party at the hockey
		festival
Mon 13	14h00	Senior Primary
MOII 13	141100	parent interviews
	18h30	
	101130	Singing Sistas -
T 44	4.41.00	The Edge
Tue 14	14h00	Senior Primary
		parent interviews
	18h30	Singing Sistas -
		The Edge
Wed 15	07h30	Senior Primary end-
		of-term Eucharist
		and Admission to
		Communion
	13h30	Reggio workshop
		- Junior School
		auditorium
Thur 16	09h00	Hooked on Books
Fri 17	07h30	Junior School book
		character parade
		Final assembly -
		Senior Primary hall
	10h30	Little Saints closes
	101130	for Term 1
	11500	Junior School closes
	11h00	
11.137		for Term 1
MAY	07: 00	
Wed 6	07h20	Return to school in
		full winter uniform

blazers, as they are going on an outing.

The Grade 0-2 girls will be visiting the People's Theatre. They will be transported by bus and will return to school before the end of the school day.

The Singing Sistas concert, in which the Singing Angels (Grade 2 and 3) will be showcased, takes place in The Edge at 18h30 on Monday 13 April. Please note that this date has been changed. Two complimentary tickets per family will be available from Carol in reception closer to the time. Unfortunately, there will not be additional tickets available as three schools participate in the event.

The book character parade takes place on Friday 17 April. Girls from Grade 0-3 are encouraged to dress up as their favourite book character. Great fun is had by all, and the creativity of the parents never fails to amaze us!

Please send any books that you are not using as these will be donated to disadvantaged schools as part of our book fortnight programme.

Lice continue to visit the Junior Primary section of the school. I urge all parents to check their daughter's hair regularly as without this methodical checking, the dreaded little creatures continue their cycle and revisit the girls who have made such an effort to eradicate them in the first place!

I wish you all a happy Easter and safe travels should you be going away.

Yours sincerely

Di Gordon

Deputy headmistress: Junior Primary

From the chaplain

We sometimes find it difficult to pray. Perhaps we can't find words to express what we are feeling. At times like these we can use the prayers of others. I found these words of St Teresa of Avila (1515-1582) challenging and comforting.

Christ has no body now, but yours.

No hands, no feet on earth, but yours.

Yours are the eyes through which he looks
With compassion on this world.

Let nothing disturb you.

Let nothing frighten you.
All things pass away:
God never changes.
Patience obtains all things.
Those who have God
Find they lack nothing;
God alone suffices.

In our Ash Wednesday services we were challenged to think of others and I would like to thank all those who contributed groceries for Lydia, who cares for AIDS orphans, and for

the wonderful bag of fleece tops for children, made and anonymously donated by a St Mary's mother. The Bishop of the Diocese of Christ the King (my husband!), Bishop Peter Lee, gave them to children at a service at St Monica's Church in Orange Farm on Sunday. They were received with much joy and appreciation.

Revd Gill Lee Chaplain

Meet the departments



Grade 6: Linda Smith, Annie Thom



Grade 7: Refilwe Thindisa, Kerry Gibbons, Robyn Richmond



Reggio Children - Loris Malaguzzi Centre Foundation Award

The Africa Reggio Emilia Alliance (AREA) is very pleased to announce that it has unanimously been chosen by the Board of the Reggio Chidren — Loris Malaguzzi Centre Foundation — to assign the first grant of the Project Learning Teachers: "Education is a right" … Let's make it possible to a South African educator.

The Loris Malaguzzi Centre Foundation is a research foundation whose main goal is the promotion of quality education, starting from early childhood. To this end, it launched the above project to make it possible for educators from disadvantaged or difficult backgrounds to attend an international study group to Reggio Emilia, to enrich their understanding of the Reggio approach. This educational approach has developed over 50 years of continued study and research on the learning and knowledge processes of children and adults.

The value of the grant is $\le 3\,000$ and it includes the study group participation fee, a week's board and lodging in Italy, and all travel costs.

The criteria for the selection for this award are that the winner should come from a difficult or disadvantaged context, should be able to share the benefits of the experience with a larger community, and be a fluent English speaker.

The Africa Reggio Emilia Alliance is delighted to announce that Mathapelo Maureen Mathibela, principal of Mother Goose Corner Day Care, in Germiston in Ekurhuleni, has been selected as the first person to receive this grant. Mathapelo will attend the Reggio Children International Study Group in Reggio Emilia, in Italy, from 13-17 April 2015.

Mathapelo first heard about the Reggio approach when she attended the 2013 AREA conference at St Mary's School, as one of the nearly 400 delegates who were able to participate at no cost through a generous sponsorship from the PUTCO CSI Foundation. It was at this conference that Mathapelo caught a vision of the possible and set about realising it.

She has read every article she can find about the approach and has been overheard saying: "I'm in love with Reggio!" She has searched for cheap resources for her centre in second-hand junk shops, has recycled wooden crates into furniture, developed her own light table, bought china and glassware very cheaply, motivated parents at her school to renovate and upgrade the playground, and built up a substantial library of children's books and teachers' resource

books from donations of second-hand books. She has done all this on a shoestring budget, relying on her own inventiveness and resourcefulness. The changes she has made have been remarkable.

Her dream is to develop her daycare into a Reggio-inspired centre of excellence, and she has encouraged all her teachers to attend AREA workshops on the Reggio approach.

AREA is convinced that Mathapelo has the initiative, passion and drive to make a far-reaching contribution to the spread of Reggio inspiration in South Africa. The ripple effect of this will contribute to AREA's vision of hope and a better future for children in South Africa.

This award affirms and validates the work of the Africa Reggio Emilia Alliance in providing professional development initiatives on the Reggio approach for teachers from disadvantaged settings, and lends credence to its determination to raise funds for the continuation of this work.

Tessa Browne

Director Reggio co-ordinator



Mathapelo Mathibela being congratulated by Des Hugo, chair of the Africa Reggio Emilia Alliance

From the Music department



The Senior Primary choir had their annual camp at Wag-'n-bietjie campsite in Irene at the end of March. The girls put in a lot of hard work and effort, polishing off songs for the Singing Sistas concert, as well as learning new songs for upcoming events.

Highlights included a singing session with Mrs Nomvula Mehlomakhulu, teaching traditional African songs, a talent show and a special item from Mr Hutchinson's daughters on Saturday evening.

The girls showed dedication and enthusiasm throughout the weekend,

and gave a great performance on Sunday morning for their parents. Thank you to Mrs Ncobela and Miss Phakathi, who accompanied the choir.

We are now looking forward to the Singing Sistas choir festival at the end of term. This will showcase the Senior Primary choir and orchestra, as well as the Singing Angels.

Carol Shutte

Head of Music: Junior School

A huge thank-you to the Grade 7 girls

BARAGWANATH HOSPITAL COMFORTS COMMITTEE (BHCC - HOSPITAL AND CLINIC OUTREACH)

~ Established in 1954 ~

FUNDRAISING NUMBER 011 00330 002; PBO EXEMPTION NO: 930 006 973
REGISTRATION CERTIFICATE NO: 001/252 NPO

P O Box 1454 Morningside 2057

15 March 2015

Ms Linda Maishman Senior Primary Teacher St Mary's School

Linda.Maishman@stmary.co.za

Dear Linda,

Another thank you letter is needed to thank you and your Grade 7 girls for donating to us R2 215 raised from the 2 cake sales held in aid of our Charity.

Cash donations are always very much appreciated and which contribute to our being able to provide patients with items of comfort to make a difference to their lives. We are also able to use such donations towards our Bread for Life feeding scheme which provides food for the poor and needy in our area and which is our most vital project in assisting with providing for the soup kitchens in our supported hospitals and clinics.

Please send our thanks to your Grade 7 girls for their effort and support for our Outreach programme.

With kind regards,

Heather Kent

Baragwanath Hospital Comforts Committee

Public speaking

On Thursday 19 March, two teams of Grade 7 girls spoke at the Speech and Drama College's Public Speaking Festival at St Mary's. The girls worked in groups of four and chose a quotation from Roald Dahl as a topic. The teams spoke extremely well and were commended on their strong material, good

audience engagement and excellent vocal modulation.

Congratulations to Itumeleng Mosiah, Clio Patricios, Samantha Collins, Jade Bryan, Lara Moschides, Julianne Klingenberg, Nicola Watt and Juliette Ridley for preparing interesting speeches and delivering them with confidence. Thank you to Bongiwe Bongwe for the excellent way in which she helped to run the evening and introduce the speakers.

Linda Smith English teacher

The environmental club

Imagine a world covered in litter and other waste.

Recycling is a very important activity to protect our ecosystems.

This is why we have the St Mary's Senior Primary environmental club. We aim to encourage all girls and parents to take recycling seriously at home, at work and at school.

Did you know that over 1-million seabirds and over 100 000 sea mammals are killed by pollution every year, and that's just a small part of the environmental problems that are occurring?

The Hartbeespoort and Roodeplaat dams are becoming more and more polluted with litter and raw sewage. These are the dams that we, as

a school, row on, swim in and occasionally camp near. We, as humans are polluting our own precious water supplies and soon we will be forced to buy our water at the shops in a toxic plastic bottle. This only exacerbates the situation, as we are going to be faced with a giant mass of plastic pollution.

We are determined to get everyone in the Junior School recycling in the right way, because it does not help to put wet waste in the plastic bin or paper where tins should go.

HAPPY RECYCLING!;)

Sasha Berkowitz and Eva Mustapha
Senior Primary environmental club captains

SA supporters' day



The state of the s

From the Sports department

Hockey

Congratulations to Zanele Msimang for being selected to play in the U13 Southern Gauteng team. We also congratulate Julianne Klingenberg, Roxanne MacRobert, Kiara McLuckie, Clio Patricios and Emma Roberts for being selected for the D9 District hockey team for the 2015 season.

Jane Samson

HoD: Junior School sport

Diving

St Mary's divers had a successful, albeit busy, weekend competing in the 2015 Central Gauteng Aquatics Championships. The divers faced difficult conditions and tough competition, and still managed to excel. Holly Davidson claimed the top spot in the final of the E group 1m event. Ava Economakis also fought her way into the final, earning 4th place. Caitlin Kersten competed in both the 1m and 3m D group finals, ending in 6th place in both events.

Kerry-Leigh Morrison and Romy Len earned 5^{th} and 6^{th} place on 1m, respectively, and 6^{th} and 5^{th} in the 3m final. Romy's performance on 1m at CGAs earned her a place on the senior team for SA Nationals, which will be held in Durban from 12-19 April.

The full results for our St Mary's divers are as follows:

E Group 1m:

 $\begin{array}{lll} \mbox{Holly Davidson} & 1^{st} \\ \mbox{Ava Economakis} & 4^{th} \\ \mbox{Amy Pringle} & 9^{th} \\ \mbox{Tasha Jenkins} & 12^{th} \end{array}$

Zalika Methula	14 th
McKenzie Coakley-Eager	16 th
D Group 1m:	
•	e ala
Caitlin Kersten	6 th
Alexia Bakos	8 th
Catriona Pinnock	11 th
C Group 1m:	
Kerry-Leigh Morrison	4 th
Romy Len	6 th
Ashley Murning	7 th
C Croup 2mi	
C Group 3m:	
Romy Len	5 th
Kerry-Leigh Morrison	6 th

Chelsea Glincman

Diving coach



For only R50, you and your family could spend a wonderful weekend for four at the luxurious MalaMala Game Reserve, world renowned for its exceptional wildlife and game viewing. Half the proceeds of this raffle will be donated to the worthy rhino poaching initiative in a bid to halt the slaughter of these magnificent animals, and the other half to the St Mary's Foundation. Tickets will be on sale at the St Mary's Investec Hockey Festival.

Parent Corner____



GIVE THEM SOME DIRECTION

A new year means new goals. Everyone, including children, need goals. They give us vision, purpose and a reason to get up in the morning.

We need to teach our children to think big while also tempering their dreams with a healthy dose of reality, by showing them how to break down big goals into baby steps that are achievable. After all, few people win the prize or reach their dreams on talent alone. There is usually a fair bit of hard work and practice involved on the way to one's goal or destination. AB de Villiers is a fantastic current example you can use with your children.

Goal-setting for kids needs to be fun and, of course, the younger the child, the more achievable it needs to be to build confidence and self-esteem. As children get older, from eight to 18 years, they must also learn to do the work and have grit and patience, which is the opposite of instant gratification that is so pervasive in childhood today. They need to learn to keep going and not give up when things don't happen quickly, and to keep their eye on the prize.

Here's how to create a fun family goal-setting session for children from 6-18. To create this colourful Conversation Jar, you will need:

- A big glass or plastic see-through jar
- Coloured paper (a different colour for each person in the family)
- Scissors (fold each piece of paper in eight pieces and cut them out - kids love to do this kind of thing)
- Thick black koki pens/markers
- Imagination and knowledge of your child/ren

Every member of the family writes down five goals for the year, one on each piece of paper:

- Things they want to achieve (e.g. a 17-year-old would like her driver's licence, a 12-year-old may want to improve his batting average, and a nine-year-old may want to achieve his/her next belt in karate. You may have a young child who simply wants to go fishing with Dad, which could indicate a desire to learn how to fish or to spend more quality time with Dad. Mum may want to get a new job and Dad may want to complete some additional qualification he has been working towards
- Projects they want to complete (e.g. building a treehouse with Dad, building a go kart, redecorating their room, etc.)
- People they want to meet or friends they want to make (e.g. If your daughter has had a rough time with a social group, a goal may be to make a new friend)
- Sport/cultural activities/skills they want to learn (e.g. Your child may want to audition for the school play, or learn how to play

- tennis or get involved in outreach programmes, etc.)
- Challenges they want to overcome (e.g. My son was struggling
 with pain in various parts of his body despite a number of
 interventions, and last year he categorically stated that he
 wanted to sort it out once and for all. So we pushed and delved
 deeper, and discovered there was more to it. He was prepared
 to play his part and accept some of the pain and discomfort that
 went with it for long-term gain, because it was his goal.)

As a parent you will need to guide your children here to craft the goal accurately and ensure that it is doable. For 6-and 7-year-olds you may need to help write out the goal. I call this process the Conversation Jar because everyone's goals will be up for discussion - even yours!

Some examples of the conversation:

- So how will you get there?
- What do you need to do to achieve it?
- Is there anything you need to give up to reach your objective?
- Who will you need help from?
- Why is this important for you?

Post your goals in the jar and revisit it together a few times throughout the year to check in with everyone if they are on track or need help, and to acknowledge the process and progress that is as, or more, important than reaching the goal.

Research shows very clearly that goals that are written down are far more likely to be achieved than those that are a mere thought. Writing them down is a form of mental and emotional commitment to learning, growth, overcoming and personal success.

Children who live with purpose become contributors and put their stamp on the world. This doesn't necessarily mean they need to get the lead role in the school play, become first team captain or get straight As. Goal-setting is about children owning their own life, being intrinsically motivated to their own personal progress, and living their life with purpose and passion.

"Shoot for the moon. Even if you miss, you'll land among the stars." Norman Vincent Peale

Nikki Bush

Creative parenting expert, inspirational speaker and co-author of Future-proof Your Child (Penguin, 2008), and Easy Answers to Awkward Questions (Metz Press, 2009) nikki@nikkibush.com www.nikkibush.com



