



St Mary's School  
Waverley  
Founded 1888



# • SENIOR SCHOOL NEWS •



Heads of houses elect for 2017: Khethiwe, Atlehang, Phateka, Varaidzo

## From the head's desk

Dear parents

Our Form Vs begin final examinations today, and the Form IVs have taken on the leadership of the school. This time of transition led me to ask the Form Vs to reflect on the past five years.

Many girls highlighted certain events as being special and leaving lasting memories, some focused on their co-curricular involvement and others on the teachers. The relationship between teacher and pupil can be very special and, in fact, even leave a lifelong influence.

Not all reflections were of good and positive experiences, but they all showed a mature sense of the role that school has played in each one of the girls' lives. Mostly, it seems that the simple things, the relationships and a niche to develop, are what matter.

This particular reflection touched me in its simplicity and sincerity:

*Over the past five years I have experienced so many wonderful memories that I will forever remember and cherish. Memories such as every Patronal Festival, the hockey festival and even all the dreaded prizegivings will always stay with me.*

*By coming to St Mary's I have not only made new, amazing friends and memories, but I have also had the chance to learn new things about myself and discover new passions. St Mary's gave me the opportunity to be who I want to be and taught me not to be afraid of what others think.*

*Ever since I stepped into this school back in 2011, when I came to look at the school, I have felt at home.*

**Deanne King**  
Head of school

## Dates to diarise

### October

|          |       |   |
|----------|-------|---|
| Fri 21   |       | Half-Term<br>St Stithians water polo tournament (U13 A and 1 <sup>st</sup> )<br>U14 water polo tournament at Roedeane |
| Sun 23   |       | St Stithians water polo tournament ends<br>U14 water polo tournament at Roedeane ends<br>Rowing camp ends             |
| Mon 24   |       | Half-Term   |
| Tues 25  | 09h00 | Trinity practical music examination   |
|          | 14h45 | Tennis at home and away   |
|          | 15h00 | e4 staff workshop   |
| Wed 26   | 07h30 | Leaders' elect assembly   |
|          | 12h30 | Eunice tennis tour departs  |
|          | 18h00 | Cultural awards - technical rehearsal   |
| Thurs 27 | 14h15 | Form IV Visual Arts prac  |
|          | 17h30 | Cultural awards pre-awards party  |
|          | 18h30 | Cultural awards   |
| Fri 28   | 14h30 | Senior School inter-house basketball  |
| Sat 29   |       | St Andrew's U14/U15 rowing regatta  |
|          | 08h30 | Dance crew to Rivonia Barnyard  |
|          | 18h00 | Eunice tennis tour returns  |
| Mon 31   | 07h30 | Form III Geography outing   |

### November

|        |       |  |
|--------|-------|--|
| Tues 1 | 18h00 | New parents' evening                                     |
| Fri 4  |       | Form IV study day<br>Gauteng Junior Rowing Championships |
| Sat 5  |       | Gauteng Junior Rowing Championships                      |
| Sun 6  |       | Gauteng Junior Rowing Championships                      |



## From the chaplain

*"Whatever house you enter, first say, 'Peace to this house!'" - Luke 10:5*

Our Lord sent his disciples from town to town with several instructions, the above being one he repeats a couple of times in that conversation. First speak peace. While we may not be as nomadic in our daily activities as the disciples were, we are sent by God from situation to situation in our particular contexts: family, school, work and our social lives. We are also surrounded by various volatile situations in our country, not least of which is the conflict evident on the campuses of various tertiary educational institutions.

First speak peace. How would this change how we discuss our decisions, and put them into practice - both as individuals and as a country?

Speaking peace does not mean brushing important questions under the carpet. Peace (*shalom*) is wholeness, unity, healing - not simply an absence of conflict. First speak peace, therefore, means to begin each thought process and conversation with the question, "how do we, together, help bring about healing, unity and wholeness in this situation?"

How do we first speak peace if we are not ourselves deeply aware of God's gift of peace within each of us - if we do not emanate that peace that comes from resting in God's presence, if only for a few moments prior to each situation?

*Revd Claudia Coustas*  
Chaplain

## Heads of houses 2017



Clayton: Nandi (deputy), Varaidzo (head), Nonceba (deputy),



Furse: Daniela (deputy), Khethiwe (head), Sophia (deputy)



Karney: Keitumetse (deputy), Atlehang (head), Julia (deputy)



Phelps: Carly (deputy), Phateka (head), Jessica (deputy)

## Cultural honours blazer



Andindedwa has been awarded a Cultural honours blazer

## isiZulu First Additional Language Olympiad 2016



Bonginkosi



Thandiswa



Malaika

The African Languages department took part in the 2016 isiZulu Olympiad. The purpose of the Olympiad is to enhance girls' vocabulary through enjoyment and fun. The girls found the experience challenging and enriching, and it certainly assisted them in developing their knowledge of the language in any given context.

This year, the Olympiad was written by the girls in Form I and Form II. The girls did very well. We are pleased to see our girls topping the list in the final round.

### In Form II

Bonginkosi achieved 80%

### In Form I

Malaika achieved 88%

Thandiswa achieved 90% (top 5 in the country)

### *Phumzile Ngubo*

HoD: African Languages

## GIRLS

On 6 October, GIRLS warmly welcomed our first guest speaker since the announcement of our new committee, Thando Mntambo, who is a member of the SRC at Wits. Thando came to share her insights about our topic of the week, which was the #feesmustfall movement. There have been many conversations about this among the girls, as this is in the country's spotlight.

Thando has been at the forefront of the movement and her visit was a way for us, as girls, to hear the voice of those protesting for the movement. Thando answered our questions, and gave us great insight into the movement and facts that sometimes are lost in the media. We all learned something from the discussion, and hope to see everyone again at the next GIRLS discussion.

GIRLS sessions happen every Thursday, at 2<sup>nd</sup> break, in Ms Masola's class (room 47).

*Reatlilwe*

GIRLS committee member - Form III

## Public speaking



The Junior and Senior public speaking competitions provide the girls with an opportunity to hone their public speaking skills. This year the calibre of speakers was exceptionally high.

Hannah won the Junior competition, and Annabel the senior competition.

*Janet Milasinovich*

Public speaking co-ordinator

Hannah and Annabel

## Exchange students



Cindy, Allegra, Lois, Joy

St Mary's has been honoured to host four exchange students over the past few weeks. The girls have been staying in Woodwinds House and have enjoyed adapting to the boarding way of life. Cindy and Allegra have joined us from The Gymnasium Kloster Disentis school in Switzerland. Joy and Lois join us from the

Netherlands. Both Joy and Lois arranged their own private exchange after playing the St Mary's hockey team in the Netherlands in April this year. These students have had a busy time exploring Johannesburg and surrounds. I extend a big thank you to the teachers and host families who have made

these girls feel welcome.

*Sally James*

Deputy headmistress

## African Languages Soweto trip



Outside the Soweto Theatre



Nonceba, Phumzile and Sarah



Lelentle, dancing with traditional Zulu dancers



Learning about the Freedom Charter

On Wednesday 12 October, the Form IV African Languages girls were lucky enough to spend the day exploring the diverse, historical culture of Soweto.

We began our day in Kliptown, the area that gave birth to the Freedom Charter. Here, we walked through the Kliptown Museum, observing and learning about the history of the area and the charter. Afterwards we drove past the famous Regina Mundi Church, as well as Morris Isaacson High School, on the way to the Soweto Theatre.

The vibrant colours of the architecture were a sight to behold, but the tour we received inside was equally amazing - not even the summer heat could spoil the tour as we slurped on multi-coloured slushies. We ended the tour with a mini-photoshoot outside the theatre.

We later drove to Vilakazi Street to explore Nelson Mandela's house and the street itself. Lunch was served in Orlando East at Baza Baza Roadhouse, a restaurant owned by a St Mary's Old Girl - Khanyi Makhaya (née Nkabinde), mother to Lwazi, a matric student.

Outside the restaurant we were met by traditional Zulu dancers, who mesmerised us with their dancing and singing. For lunch we had mouth-watering braaied chicken and beef, served with green salad and chips. Stuffed to the brim at the end of our meal, a few of the girls danced and sang with the dancers to express our gratitude. Exhausted, we ended our day with a well-deserved nap on the bus back to school.

### *Minenhle*

Form IV

## Announcement of 2017 leadership positions

### Events committee (matrics of 2017 only)

Marijke  
Catherine  
Kaira  
Clarisse  
Kate  
Minenhle  
Annabel  
Tinyiko  
Keitumetse  
Maya  
Khethiwe  
Tumisang  
Samantha

### Marketing committee (matrics of 2017 only)

Clio  
Tamsyn  
Daniela  
Jordan  
Carly  
Sarah  
Khanyisile  
Coral  
Sarah  
Minenhle  
Lelentle  
Athlehang  
Tinyiko  
Kelsey  
Sandile  
Claire  
Varaidzo  
Isabel

### Leaders

Georgina  
Thalia  
Keola  
Bridget  
Amy  
Clio  
Daniela  
Busisiwe  
Shazia  
Megan  
Kayla  
Coral  
Sarah  
Buhle  
Kate  
Shea  
Reitumetse  
Leseli  
Clara  
Kelsey  
Gessica  
Tumisang  
Saieshna  
Cara  
Jessica  
Alexandra  
Khanyisile  
Camryn  
Emma  
Samantha  
Isabel

### GIRLS committee (matrics of 2017 only)

Cwenga  
Sandile  
Yashmiri

### Chapel servers

Emma  
Busisiwe  
Inge  
Khanyisile  
Kyra  
Minenhle  
Athlehang  
Tinyiko  
Keitumetse  
Tumisang  
Fiona  
Tegan

## Sport

### Athletics

Vice-captains Kristin, Oluwaseyi  
 Captain Carly

### Basketball

Vice-captain Sandile  
 Captain Tinyiko

### Diving

Captain Nonceba

### Equestrian

Vice-captain Margaret  
 Captain Caitlin

### Hockey

Vice-captain Julia B  
 Captain Julia F

### Netball

Vice-captain Kyra  
 Captain Varaidzo

### Rowing

Vice-captains Bridget  
 Alexandra  
 Captain Paige

### Squash

Vice-captain Keitumetse  
 Captain Julia

### Swimming

Vice-captain Daniela  
 Captain Carly

### Tennis

Vice-captains Shannon  
 Tegan  
 Captain Roxanne

### Water polo

Vice-captain Catherine  
 Captain Daniela

## Service

### Communication

Deputy Annabel  
 Head Minenhle

### Community affairs

Deputy Khanyisile  
 Head Megan

### Environmental service

Head Nathalia

### Events

Deputy Annabel  
 Head Clarisse

### First aid

Deputies Leilah  
 Megan  
 Head Minenhle

### Marketing

Deputies Tamsyn  
 Khanyisile  
 Head Lelentle

### Public relations

Deputy Kate  
 Head Hayley

### Resource

Heads Nandi  
 Khethiwe

## Pastoral care

### Diversity

Deputies Kim  
 Yashmiri  
 Head Kaira

### Peer counsellor

Deputy Melody  
 Head Fiona

## Chapel

### Lay minister

Head Emma

### Sacristan

Head Minenhle

## SAMS

### Clayton

Furse  
 Karney  
 Phelps

### Dominique

Kaira  
 Margaret  
 Megan

## Cultural

|                       |         |                  |           |                          |           |
|-----------------------|---------|------------------|-----------|--------------------------|-----------|
| <b>Art</b>            |         | <b>Dance</b>     |           | <b>Orchestra</b>         |           |
| Deputy                | Marijke | Deputy           | Shannon   | Deputy                   | Amy       |
| Head                  | Jordyn  | Head             | Michela   | Head                     | Tessa     |
| <b>Chess</b>          |         | <b>Debating</b>  |           | <b>Technical</b>         |           |
| Head                  | Inge    | Deputy           | Oluwaseyi | Deputy                   | Oluwaseyi |
|                       |         | Head             | Maya      | Head                     | Lauren    |
| <b>Choir</b>          |         | <b>Jazz band</b> |           | <b>Tech support</b>      |           |
| Deputy                | Megan   | Head             | Yashmiri  | Deputy                   | Lauren    |
| Head                  | Cwenga  |                  |           | Head                     | Lelentle  |
| <b>Cinematography</b> |         | <b>Marimbas</b>  |           | <b>Traditional choir</b> |           |
| Head                  | Sophia  | Head             | Melody    | Head                     | Nandi     |

## House leaders

### Clayton House

|          |          |
|----------|----------|
| Chiara   | Form I   |
| Nicole   | Form II  |
| Jordan   | Form III |
| Brittany | Form IV  |

### Furse House

|            |          |
|------------|----------|
| Caitlin    | Form I   |
| Michela    | Form II  |
| Khanyisile | Form III |
| Claire     | Form IV  |

### GIRLS committee

|      |         |
|------|---------|
| Head | Sandile |
|------|---------|

### Boarding

|          |                       |
|----------|-----------------------|
| Deputies | Genevieve<br>Khethiwe |
| Head     | Keitumetse            |

### School spirit

|          |                 |
|----------|-----------------|
| Deputies | Nandi<br>Claire |
| Head     | Varaidzo        |

## Houses

### Clayton

|          |                  |
|----------|------------------|
| Deputies | Nonceba<br>Nandi |
| Head     | Varaidzo         |

### Furse

|          |                   |
|----------|-------------------|
| Deputies | Daniela<br>Sophia |
| Head     | Khethiwe          |

### Karney House

|         |          |
|---------|----------|
| Kristin | Form I   |
| Kyra    | Form II  |
| Kim     | Form III |
| Shannon | Form IV  |

### Phelps House

|           |          |
|-----------|----------|
| Caela-Jae | Form I   |
| Dominique | Form II  |
| Catherine | Form III |
| Mahlatse  | Form IV  |

### Chapel

|      |         |
|------|---------|
| Head | Tinyiko |
|------|---------|

### Culturals

|        |         |
|--------|---------|
| Deputy | Bronwyn |
| Head   | Kristin |

### Pastoral care

|      |        |
|------|--------|
| Head | Cwenga |
|------|--------|

### Service

|      |        |
|------|--------|
| Head | Leilah |
|------|--------|

### Sport

|        |            |
|--------|------------|
| Deputy | Khanyisile |
| Head   | Jordan     |

## Head girls

|           |               |
|-----------|---------------|
| Deputies  | Sarah<br>Abby |
| Head girl | Sandile       |

### Karney

|          |                     |
|----------|---------------------|
| Deputies | Julia<br>Keitumetse |
| Head     | Atlehang            |

### Phelps

|          |                  |
|----------|------------------|
| Deputies | Carly<br>Jessica |
| Head     | Phateka          |



# From the Sports department



## Swimming

Over the weekend of 6 to 9 October, Jeanri swam in the Seagulls Short Course Championships in Durban. She competed in 10 events in the Open age group and swam personal best times in six of them.

She won the 100m breaststroke and set a new meet record in the 100m butterfly. As a result of her superb performance, she was awarded the Senior Girls' *Victrix Ludorum* trophy. Well done, Jeanri. We are very proud of you and are aware that our loss is Herschel's gain. Good luck. We are going to miss you next year.

Jeanri with Seagulls assistant coach, Delon Dannhauser (he coaches Chad le Clos)

## Athletics



Action from weekly meetings

The athletics team has continued to train hard and managed to fit in some technique and relay sessions among tennis, squash, water polo, fast 5s netball, basketball and hockey 5s.

Keep up the great work, girls!

*Quix*

Head of sport

## Hockey 5s



Winners of the Southern Trappers League



Lisa Deetlefs with Emma and her medal for being the top goal-scorer

We have had a number of girls join the new hockey craze, hockey 5s: 5s is the latest format of the game that has been introduced to create a shortened version of the game, aligning with other international sports codes such as T20 cricket, Sevens rugby, soccer 5s and fast 5s netball. For hockey, the attraction is that the games are short, fast, the ball does not go out and you can score from anywhere. Everybody is continually involved and has to work hard.

The first U14 league has been completed. The U15s and older girls are still playing. The U14s won their semi-final 19-2 and the final to win the Southern Trappers League 11-4. Emma was the top goal-scorer, with 53 goals to her name.

### Quix

Head of sport

## World Transplant Games

Kristen has had a kidney transplant and is thus eligible to participate in the transplant games. At Nationals last week, she participated in the age group 14-17 in both athletics and swimming.

Below are her results:

| Sports item    | Qualifying standard | Athlete's performance | Comment                     |
|----------------|---------------------|-----------------------|-----------------------------|
| 100m           | 16.00               | 13.63                 | Qualified and new SA record |
| Long jump      | 2.80                | 4.05                  | Qualified and new SA record |
| 50m Freestyle  | 38.00               | 35.87                 | Qualified and new SA record |
| 50m Backstroke | 45.00               | 41.92                 | Qualified and new SA record |
| 50m Butterfly  | 45.00               | 43.08                 | Qualified and new SA record |



Kristen also broke the world record in the 100m, long jump and 50m freestyle. As a result of this outstanding performance, Kristen has been selected for the South African team that will participate at the World Transplant Games in Malaga, Spain, in 2017. Congratulations, we wish you everything of the best.

# Squash

St Mary's entered the Friendly Squash League over September, which was comprised 84 league teams in eight sections. In this friendly league, many boys' schools entered. Considering the competition, St Mary's did exceptionally well.

## Final results

|                  |             |                 |                  |             |                 |
|------------------|-------------|-----------------|------------------|-------------|-----------------|
| League section 1 | St Mary's A | 2 <sup>nd</sup> | League section 4 | St Mary's G | 5 <sup>th</sup> |
|                  | St Mary's B | 3 <sup>rd</sup> | League section 5 | St Mary's H | 4 <sup>th</sup> |
| League section 2 | St Mary's C | 5 <sup>th</sup> |                  | St Mary's I | 3 <sup>rd</sup> |
|                  | St Mary's D | 4 <sup>th</sup> | League section 6 | St Mary's J | 3 <sup>rd</sup> |
| League section 3 | St Mary's E | 3 <sup>rd</sup> | League section 7 | St Mary's K | 4 <sup>th</sup> |
|                  | St Mary's F | 5 <sup>th</sup> | League section 8 | St Mary's L | 2 <sup>nd</sup> |

## Junior inter-house squash: 5 October

|   |         | K   | P   | C   | F   | Points | Position        |
|---|---------|-----|-----|-----|-----|--------|-----------------|
| K | KARNEY  | x   | 109 | 193 | 131 | 433    | 1 <sup>st</sup> |
| P | PHELPS  | 126 | x   | 146 | 94  | 366    | 2 <sup>nd</sup> |
| F | FURSE   | 102 | 116 | 143 | x   | 361    | 3 <sup>rd</sup> |
| C | CLAYTON | 61  | 74  | x   | 76  | 211    | 4 <sup>th</sup> |



Phelps team



Clayton team



Well done Karney which won overall

## Jesters National U23 Series 2016: 14 to 16 October

St Mary's was represented in this prestigious tournament.

- Panashe lost 3-1 to Alexa Pienaar in the final. This is a great achievement. Well done
- Jemma finished in 7<sup>th</sup> position
- Georgina finished in 11<sup>th</sup> position

**Jennifer Fox**  
Squash coach



Official timekeeper - Alexia contributed great spirit and encouraged all squash players



Furse team

## Equestrian



Caitlin at the SANESA National Championships



Team awards

The SANESA National Championships were held at Misty Meadows, at the beginning of October. Despite the very dry, hot and windy conditions, St Mary's had some excellent results. Nationals was very well attended by schools from all over the country and covered all disciplines, including Western Riding, Endurance, Vaulting, Dressage, Show Jumping, Equitation, Showing, Eventing and Stadium Eventing.

There were a few St Mary's girls who could not compete at the SANESA National Championships owing to various reasons, including injured horses, injured riders or matric commitments.

Congratulations to all the girls who represented Gauteng, including Nicola, Margaret, Caitlin, Lia and a very special mention to Jessica, who took time out of her matric studies to represent Gauteng.

Notable results were as follows:

- Caitlin - placed 1<sup>st</sup> in Level 7 Working Hunter, 3<sup>rd</sup> in Level 7 Performance Riding and 1<sup>st</sup> in Level 5 Dressage
- Lia - placed 3<sup>rd</sup> in Level 5 Working Riding

Jessica, Margaret and Nicola also achieved excellent results, and are commended on their achievements.

It has been a successful year with fantastic results. St Mary's placed 1<sup>st</sup> in Joburg Metro and 7<sup>th</sup> in Gauteng, and Caitlin individually placed 10<sup>th</sup> in Joburg Metro. I am sure that St Mary's will continue its great success in the coming year, led by our 2017 captain and vice-captain, Caitlin and Margaret.

*Shirley Douglas*

## Netball

Over the past five weeks, St Mary's has had two teams competing in the St Stithians Night Netball Series.

We fielded a junior team consisting of Form I girls, and a senior team made up of Form II and Form III girls. The standard of netball that was played was of great quality, and provided for off-season training and experience. The senior team was playing at a 1<sup>st</sup> team level, giving many of our girls insight into their future school netball encounters.

We were not successful in all of our matches, but the camaraderie of the girls was in true St Mary's spirit. We are grateful for the opportunity and hope we can participate in this organised event again next year.

*Teagynne and Georgia*

Form III



## Tennis



B team

The Southern Gauteng Girls' High School Tennis Association held the annual junior inter-high at four different venues across Johannesburg on Saturday. Twenty-three schools participated in this event. Each team consisted of four pupils from Grades 8 and 9. This year St Mary's A took the title,

beating Helpmekaar A in a tightly contested final by 10 games to 8. Congratulations to Tamsin, Ruth, Julianne and Nina, who played extremely well throughout the morning. The Helpmekaar team, which St Mary's beat in the final, included the top two Gauteng Central U15 players, so it was a fantastic effort. Julianne and



A team

Nina had to win the last game of the match to clinch the title. They played a flawless game, under immense pressure, to win the game and the title for St Mary's.

St Mary's B team also did very well, ending in 10<sup>th</sup> position. In the round robin phase they lost

to Helpmekaar A and Roedean A, but beat Fourways A, Kingsmead A and St Peter's A. Well done to Sarah, Simone, Zaina and Anthea on competing so well. Final standings are as follows.

|                   |                          |                  |                  |                 |
|-------------------|--------------------------|------------------|------------------|-----------------|
| 1 St Mary's A     | 6 St Stithians A         | 10 St Mary's B   | 15 St Teresa's A | 20 Fourways A   |
| 2 Helpmekaar A    | 7 Roedean A              | 11 St Andrew's B | 16 Jeppe A       | 21 Assumption A |
| 3 St Andrew's A   | 8 De La Salle Holy Cross | 12 Northcliff A  | 17 Kingsmead A   | 22 Redhill A    |
| 4 Brescia House A | College                  | 13 St Peter's A  | 18 Bryanston A   | 23 Hyde Park A  |
| 5 Holy Rosary A   | 9 Trinity House A        | 14 HeronBridge A | 19 Parktown A    |                 |

All the tennis teams continue to fare well in their league matches. Congratulations to the AB teams for beating Northcliff AB in a convincing manner. The CD teams have posted two excellent wins over the past two weeks, beating De La Salle Holy Cross College AB and HeronBridge AB respectively. Well done to the St Mary's H team for beating

Assumption B. Well done to all the players.

Congratulations to Maja, who reached the finals in the singles of the Boland Key Health Tournament. Maja followed this excellent result with an awesome 5<sup>th</sup> placing in the South African National Masters' Tournament, in the U18 singles event.

Keep up the good work, Maja.

Tamsin did extremely well in the doubles events of the tournaments. She reached the semi-finals of the U18 ITF event, and the finals of the Boland Key Health doubles in the U16 age group. Tamsin came 12<sup>th</sup> in the South African U16 Masters event. Well done, Tamsin.

Alexis also competed in the same tournaments. Alexis placed 7<sup>th</sup> in the singles at the Boland Key Health Tournament, and followed it up with a competitive 11<sup>th</sup> position in the South African U16 Masters Tournament. Great effort, Alexis!

### League results

#### 4 October

St Mary's C lost to De La Salle Holy Cross College A 25-38  
 St Mary's D beat De La Salle Holy Cross College B 43-20  
 St Mary's E lost to St Peter's/Beaulieu A 28-35  
 St Mary's F beat St Peter's/Beaulieu B 35-28  
 St Mary's G lost to Assumption A 19-44  
 St Mary's H beat Assumption B 34-29

#### 11 October

St Mary's A beat Northcliff A 48-15  
 St Mary's B beat Northcliff B 56-7  
 St Mary's C lost to HeronBridge A 33-30  
 St Mary's D beat HeronBridge B 45-18  
 St Mary's E lost to St Teresa's A 45-18  
 St Mary's F lost to St Teresa's B 24-39

*René Plant*

Head of tennis

## Old Girls' Day 2016

Lots of fun was had by all at this year's Old Girls' Day, which took place on Saturday 1 October.



## Notices:

### Spring seminar

St Mary's has been offered the wonderful opportunity to have a teacher and group of students design their own major programme as part of the Oxbridge Academic Programs' Spring Seminar.

In April 2017, St Mary's and Oxbridge will offer a weeklong seminar in pharmacology. The course will look at molecular and cellular biology, pharmacodynamics and pharmacokinetics, and a range of other aspects of this industry. We need a minimum of six students to be able to run this programme and, once we have the group finalised, we can liaise with Oxbridge to design the course around the participants' specific interests in the field of pharmacology. Applicants must be in Form III or Form IV in 2017.

Beyond this, the seminar will also offer participants a range of minor classes and workshops on the university application process, as well as social activities, including a day trip to London where participants will be treated to a West End show.

If you are interested, please contact Mrs Herold ([victoria.herold@stmary.co.za](mailto:victoria.herold@stmary.co.za)) or Ms Nathanson ([nina.nathanson@stmary.co.za](mailto:nina.nathanson@stmary.co.za))

### Muse Morning

All parents are welcome to participate in our Muse Morning on Tuesday 8 November.

Time: 07h15 to 08h30, with coffee served from 07h15 at the tennis pavilion

Venue: Wantage Auditorium

Speaker: Tracey Farber, clinical psychologist

Topic: "Setting boundaries with love and respect: are you your child's parent or best friend?"

Tracey's talk will be based on recent research, as well as her clinical experience as a psychologist in private practice.

RSVP: [Sharon.san@stmary.co.za](mailto:Sharon.san@stmary.co.za)

### Clothes Cupboard

Second-hand school dresses and blazers of all sizes are desperately needed by the Clothes Cupboard.

Please drop these and any other school items such as skirts, tracksuits, skirts etc. at the Senior School reception.

If the bags are clearly named, we will pass a credit for all the items in a good condition. We should be very grateful for any school items you no longer need.

Please do not give away any St Mary's branded items to charity cases in our area. Whatever we cannot use or sell, we donate to a school in the Eastern Cape. In this way everything is given to a good cause, and the St Mary's brand is protected.

### App

Please remember to download the St Mary's app.

- The app is available from the Apple App Store and the Google Play Store. Search for it by using "St Mary's School"
- Once you have located it, click "download" or "get icon". When the app has downloaded and been opened, a window will pop up, which requires an access code to be entered. Enter the access code stmary16 and click "OK"
- You will then be taken to the loading screen, and to a screen that will ask about push notifications. Please allow for push notifications to be sent through
- In the menu you will see an icon button that reads "My school profile". Email [kathy.mittendorf@stmary.co.za](mailto:kathy.mittendorf@stmary.co.za) for your unique, personalised access code. This will allow you to bookmark pages, create a personalised schedule and lots more. Remember also to click on "Notification settings" to select the areas of the school that are applicable to you

This will ensure that you get urgent notifications that are relevant only to you and your daughter.